

**YMCA Child Care Resource & Referral**

1130 C Austin Avenue, Coquitlam BC V3K 3P5
 604-931-3400
 ccrr@gv.ymca.ca

Tri-Cities Family Drop-in Programs for Families with Children Online and In-Person

Agency	Program Name	Program Description	Location/Time	Registration Details
Place Maillardville	Family Drop-In (0-6yrs)	Open to all parents and guardians with children 0 – 6 years. Provides safe and socially distanced opportunities for families and children to explore & play.	Place Maillardville Community Centre, 1200 Cartier Ave, Coquitlam Mondays 9:30 - 10:30 am Session 5: Feb. 8 - Mar. 8 Wednesdays 9:30-10:30 am Session 6: Feb. 17 - Mar. 10 Saturdays 10:00-11:00 am Session 8: Feb. 13 - Mar. 6	1. Download the Family Drop-In Waiver at www.placemaillardville.ca 2. Email completed form to info@placemaillardville.ca with participant/program name in the subject line 3. Once waiver is received, you will get a call to book your session(s)
Place Maillardville	Active Play Drop-In (2 yrs+)	Fun, creative active games and activities. Parents can meet other parents and children can make new friends. Activities may include ride-on cars, ball games, cooperative games and more!	Place Maillardville Community Centre, 1200 Cartier Ave, Coquitlam Thursdays 9:30 am - 10:30 am Session 7: Feb. 11 - Mar. 4	1. Download the Family Drop-In Waiver at www.placemaillardville.ca 2. Email completed form to info@placemaillardville.ca with participant/program name in the subject line 3. Once waiver is received, you will get a call to book your session(s)
Place Maillardville	Parent & Baby Play & Learn (0-18 months)	Offers guest speakers on several topics and a chance to enjoy supportive conversation with other caregivers.	Place Maillardville Community Centre, 1200 Cartier Ave, Coquitlam Tuedays, 11:30 am - 1:00 pm Jan. 26 - Mar. 2	1. Download the Family Drop-In Waiver at www.placemaillardville.ca 2. Email completed form to info@placemaillardville.ca with participant/program name in the subject line 3. Once waiver is received, you will get a call to book your session(s)



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Place Maillardville	Play & Learn (3-5yrs)	This play-based program introduces children to learning through storytelling, crafts, songs, movement and more. There will be several different themes explored throughout the program. Please pack a healthy snack and a reusable water bottle.	Place Maillardville Community Centre, 1200 Cartier Ave, Coquitlam Tuedays and Thursdays, 9:30 am - 11:30 am Session 3: Feb. 23 - Mar. 11	1. Download the Family Drop-In Waiver at www.placemaillardville.ca 2. Email completed form to info@placemaillardville.ca with participant/program name in the subject line 3. Once waiver is received, you will get a call to book your session(s)
Place Maillardville	Virtual Parent & Baby Yoga	Regain your active lifestyle and flexibility while strengthening the bond that you have with your baby during a fun and relaxing yoga session. This program is best for infants 6 weeks old to babies beginning to walk.	ONLINE Fridays, 11:00 am - 11:45 am Session 2: Feb. 19 - Mar. 12	Call 604-933-6166
Place Maillardville	Virtual Music Time for Tots (1-3yrs)	Learn early years rhythmic and fun songs. Pick up your takehome kit from Place Maillardville, which will contain supplies to make your own instrument at home.	ONLINE Fridays, 10:00 am - 10:45 am Feb. 19 - Mar. 12	Call 604-933-6166
Place Maillardville	Virtual Playtime	A variety of activities and games, such as, storytime's, scavenger hunts & drawing, all while learning new words in English & French!	ONLINE Sundays, 10:30 am - 11:15 am Jan. 24 - Mar. 7	Call 604-933-6166



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S.U.C.C.E.S.S.	Family Resource Center Virtual Circle Time	Virtual circle time for children ages 0-6. Activities include singing, dancing, story time, art & crafts, and science experiments, etc.	<p>ONLINE</p> <p>Mondays, Session 1: 9:45 am - 10:30 am, Session 2: 11:15 am - 12:00 pm</p> <p>Tuesdays, Session 1: 10:45 am - 11:30 am, Session 2: 12:45 pm - 1:30 pm</p> <p>Wednesdays, Session 1: 9:45 am - 10:30 am, Session 2: 11:15 am - 12:00 pm</p> <p>Thursdays, Session 1: 10:45 am - 11:30 am, Session 2: 12:45 am - 1:30 pm</p> <p>Fridays, Session 1: 9:45 am - 10:30 am, Session 2: 11:15 am - 12:00 pm</p>	<p>Cantonese & English: ada.sin@success.bc.ca</p> <p>Mandarin: susan.wu@success.bc.ca</p> <p>Farsi: fatemeh.zakeri@success.bc.ca</p> <p>Korean: eunju.kim@success.bc.ca</p>
SHARE	Mountain View Family Drop-In	For children 0-6 years and their family. Toys, arts and craft, circle time, and parenting resources.	<p>Mountain View Family Resource Centre, 699 Robinson St, Coquitlam</p> <p>Mondays, 12:00 pm - 2:30 pm Wednesdays, 9:00 am - 11:30 am Fridays, 9:30 am – 12:00 pm</p>	<p>Email: catherine.ho@sharesociety.ca Phone: 604-345-3156</p>
SHARE	Love My Baby	For infants 0-18 months and their family. Nursery songs, rhymes, child development and parenting information. Facilitated by infant development consultants (Kinsight) and Family Support Worker (SHARE)	<p>Mountain View Park, 699 Robinson St, Coquitlam</p> <p>Fridays, 2:30 pm -3:30 pm</p>	<p>Email: catherine.ho@sharesociety.ca Phone: 604-345-3156</p>
SHARE	Circle Time @ Cottonwood Park	For children 0-6 years and their family. Songs, stories, parenting support and resources.	<p>Cottonwood Park, 672 Aspen St, Coquitlam</p> <p>Tuesdays, 11:00 - 11:30 am</p>	<p>Email: catherine.ho@sharesociety.ca Phone: 604-345-3156</p>



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SHARE	Early Years Program Table at Food Bank	For children 0-6 years and their family. Information, referrals, and support on parenting and community resources. Take home craft/activity kit for children.	Every Wednesday, 10:00 am - 1:00 pm at one of the following SHARE Food Bank Locations: SHARE Food Bank, 2615 Clarke St, Port Moody Hillside Community Church, 1393 Austin Ave, Coquitlam Trinity United Church, 2211 Prairie Ave, Port Coquitlam	No pre-registration required.
Spirit of The Children Society	Soaring Eagles Playtime	Storytime on Facebook	ONLINE via Facebook Mondays and Wednesdays	Visit facebook.com/sotcs
Spirit of The Children Society	Circle Time	Circle Time via Zoom	ONLINE via Zoom Thursdays, 3:00 pm - 3:45 pm Fridays, 10:30 am - 11:00 am	Call 604-524-9113
Spirit of The Children Society	Craft Time	Afternoons via Facebook	ONLINE via Facebook Every Wednesday	Visit facebook.com/sotcs
Step-by-Step	Harbour View Family Resource Program	Free drop-in for parents/caregivers and their young children birth to 6 years.	Harbour View Elementary School, 960 Lillian St, Coquitlam Mondays and Wednesdays 9:15 am - 11:45 am	Email director@step-by-step.ca no more than one week in advance.
Tri-City Family Place	Tri-City Family Place	Drop-in Program for parents/caregivers of young children	Victoria Hall, 3435 Victoria Dr, Coquitlam M-F, 10:00 am - 12:00 pm	https://calendly.com/tricityfamilyplace/victoria-hall?back=1&month=2021-03



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Tri-City Family Place	Circle Time at Lions Park	Located near the playground and picnic shelter at Lions Park with resources, pre-packaged snacks, and take-home craft kits. Rain or shine! Please dress appropriately	Lions Park, 2300 Lions Way, Port Coquitlam Fridays, 10:00 am - 12:00 pm Mar. 5 - Mar. 26	https://calendly.com/tricityfamilyplace/lions?back=1&month=2021-03
Tri-City Family Place	Circle Time at Sun Valley Park	Tri-City Family Place has adopted Sun Valley Park through the City of Port Coquitlam's Adopt-a-Spot program. In addition to play time and circle time, we'll be walking around our park to learn about social responsibility involving caring for public spaces as well as identifying hazards.	Sun Valley Park, 3700 Hamilton St, Port Coquitlam Saturdays, 10:00 am - 12:00 pm Mar. 6 - Mar. 27	https://calendly.com/tricityfamilyplace/sunvalley?back=1&month=2021-03
Tri-City Transitions	Virtual Drop-in Group for Parents/Caregivers and Children (0-6yrs)	Provides a relaxed, safe and nurturing environment where parents/caregivers and their children can meet and grow. Resource sharing is also offered to provide families with resources they need to thrive. Join us on Zoom for circle time, show and share, story time, educational and fun activities for children and to hear from different speakers.	Online via Zoom Fridays, 11:00 am - 1:00 pm Feb. 26 - Mar. 19, 2021	Call 604-941-7111 ext 108 to speak with staff.



Agency	Program Name	Program Description	Location/Time	Registration Details
Westcoast Family Centres	Puddle Jumpers Outdoor Pop-Up	Learn about free family resources while your family enjoys a fun-filled story and circle time. RAIN or SHINE. Free snacks and hot drinks provided!	Port Coquitlam Park, Location given upon Registration. Mondays, 10:00 am - 11:30 am Mar. 1 - Jun. 14 Fridays, 10:00 am - 11:30 am Mar. 4 - Jun. 18	Register each week: www.westcoastfamily.org/events
Westcoast Family Centres	Mother Goose	Virtual circle and story time for families with children 0-6yrs.	ONLINE Thursdays, 10:00 am - 10:30 am Jan. 7 - Mar. 18 Fridays, 5:00 pm - 7:00 pm Jan. 22 - Mar. 12	www.westcoastfamily.org/events
Westcoast Family Centres	Spring Break Story Time in the Park!	Enjoy a circle and story time in the park over Spring Break. Come play and learn!	South Port Coquitlam (exact location given upon registration) Mar. 24, 10:00 am - 11:00 am Mar. 26, 10:00 am - 11:00 am Mar. 29, 10:00 am - 11:00 am Mar. 31, 10:00 am - 11:00 am	Registration required for each date: Mar. 24: http://bit.ly/3us4y5x Mar. 26: http://bit.ly/3bxjbf5 Mar. 29: http://bit.ly/2NAYaZl Mar. 31: http://bit.ly/3aNP5oY
YMCA CCRR	Circle of Friends	Free drop-in program for parents and caregivers and their children 0-5yrs.	James Park Elementary School Annex, 1730 Coquitlam Ave, Port Coquitlam Mar. 1 - 19: M,T,Th,F - Session 1: 9:00 am - 10:15 am, Session 2: 10:45 am - 12:00 pm W - Session 1: 5:30 pm - 7:30 pm Mar. 23 - Apr. 1: Week 1: T, Th, F - Session 1: 9:00 am - 10:15 am, Session 2: 10:45 am - 12:00 pm Week 2: T, Th - Session 1: 9:00 am - 10:15 am, Session 2: 10:45 am - 12:00 pm	Call 604-931-3400 on Friday after 12pm the week prior to attending. Maximum of two sessions a week per family.



Strong Start Centres in School District 43

Strong Starts are free drop-in early learning programs for children aged 0-5 year, accompanied by a parent or caregiver. There are 13 Strong Start Centres in SD43.

IN-CLASS SESSIONS

School	Days and Hours	Registration Details
Bramblewood	T/Th/F 9:20 am - 10:50 am	www.sd43.bc.ca/Programs/StrongStart/
Birchland	M/Th 1:00 pm - 2:30 pm	
Cedar Drive	M/Th 9:30 am - 11:00 am	
Central	M/T/Th/F 9:45 am - 11:15 am	
Coquitlam River	M/Th 9:00 am - 10:30 am	
Hazel Trembath	M/Th 1:00 pm - 2:30 pm	
Meadowbrook	M/T/Th 1:10 pm - 2:40 pm	
Moody Middle	T/F 9:15 am - 10:45 am	
Mundy Road	M/T/F 1:00 pm - 2:30 pm	
Riverview Park	M/T/Th/F 9:15 am - 10:45 am	
Rochester	M-F 9:15 am - 10:45 am	
Roy Stibbs	M/T 1:00 pm - 2:30 pm	
Seaview	M/T/F 9:15 am - 10:45 am	



OUTDOOR SESSIONS

School	Days and Hours	Registration Details
Birchland	T/F 1:00 pm - 2:30 pm	www.sd43.bc.ca/Programs/StrongStart/
Cedar Drive	T/F 9:30 am - 11:00 am	
Coquitlam River	T/F 9:00 am - 10:30 am	
Hazel Trembath	T/F 1:00 pm - 2:30 pm	
Moody Middle	Th 9:15 am - 10:45 am	
Mundy Road	Th 1:30 pm - 3:00 pm	
Roy Stibbs	Th 1:00 pm - 2:30 pm	
Seaview	Th 9:15 am - 10:45 am	

Updated: March 2021*

*Please be aware that some of these programs are subject to change