



Gymnasium Schedule

September 7 - December 31,

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2
Morning	Open Gym 5:00am - 9:00am		Open Gym 5:00am - 9:00am				Open Gym 5:00am - 9:00am						Open Gym 8:00am-2:00pm	
	Open Gym 11:00am-1:00pm		Open Gym 11:00am-1:00pm		Open Gym 11:00am-1:00pm		Open Gym 11:00am-1:00pm		Open Gym 11:00am-1:00pm		Open Gym 11:00 am - 2:00 pm			
Afternoon														
	Open Gym 2:00pm-8:00pm		Open Gym 2:00pm-8:00pm		Open Gym 2:00pm-8:00pm		Open Gym 2:00pm-8:00pm		Open Gym 2:00pm-8:00pm					
Evening														

<p>Gymnasium Age Restrictions:</p> <p>Age 16+: May use Gymnasium during designated Open Gym times.</p>	<p>Open Gym <i>first come, first serve</i> <i>drop-in for members</i></p>	<p>For the most up to date schedule information, please visit our website: gv.ymca.ca</p>
		<p>Please note: There will now be a minimum, 10 minute set-up period for all programs taking place in the Gymnasium. All scheduled times must be adhered to.</p>