

Group Fitness Schedule

August 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	Group Classes	Group Classes	Group Classes	Group Classes	Group Classes	Group Classes	Group Classes
AFTERNOON	Open Gym - East Gym 10:00am-5:00pm	Open Gym - East Gym 10:30am-5:00pm	Open Gym - East Gym 10:30am-5:00pm	Open Gym - East Gym 10:00am-5:00pm	Open Gym - East Gym 9:30am-12:00pm	Badminton 11:15am-1:15pm	Badminton 11:15am-1:15pm
					Open Gym - East Gym 1:30pm-5:30pm	Open Gym - East Gym 2:30pm-4:00pm	Open Gym - East Gym 2:30pm-4:00pm
EVENING	Group Classes	Group Classes	Group Classes	Group Classes	Group Classes		
	Open Gym - East Gym 8:00pm-8:45pm	Open Gym - East Gym 8:00pm-8:45pm	Open Gym - East Gym 8:00pm-8:45pm	Open Gym - East Gym 8:00pm-8:45pm	Volleyball 7:00pm-8:45pm		
This schedule is subject to change without notice.					Robert Lee YMCA - Group Fitness - Updated August 18th, 2021		