



YMCA Child Care Resource & Referral

1130 C Austin Avenue, Coquitlam BC V3K 3P5
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Tri-Cities Family Drop-in Programs for Families with Children Online and In-Person

Agency	Program Name	Program Description	Location/Time	Registration Details
Coquitlam Public Library	Baby Story Time (0-2yrs)	In Baby Story Time, we will share stories, songs, finger plays and rhymes that help children gain pre-reading skills and develop a love of reading.	<p>City Centre Branch, 1169 Pinetree Way, Coquitlam & Poirier Branch, 575 Poirier St, Coquitlam</p> <p>Tuesdays, 10:30 - 11:00 am In-person at City Centre Branch & Online via Zoom Oct. 12 - Dec. 14</p> <p>Wednesdays, 10:30 - 11:00 am Poirier Branch Oct. 13 - Dec. 15</p>	https://coquitlam.libnet.info/events
Coquitlam Public Library	Toddlers+ Story Time (2-5yrs)	In Toddlers+ Story Time, we will share books, songs and rhymes that help children gain pre-reading skills and develop a love of reading.	<p>City Centre Branch, 1169 Pinetree Way, Coquitlam & Poirier Branch, 575 Poirier St, Coquitlam</p> <p>Thursdays, 10:30 - 11:00 am In-person at City Centre Branch & Online via Zoom Oct. 14 - Dec. 16</p> <p>Fridays, 10:30 - 11:00 am Poirier Branch Oct. 15 - Dec. 10</p>	https://coquitlam.libnet.info/events
Coquitlam Public Library	Family Story Time (0-5yrs)	The whole family is invited to join us as we share picture books, songs, rhymes and lots of fun!	<p>City Centre Branch, 1169 Pinetree Way, Coquitlam</p> <p>Saturdays, 10:30 - 11:00 am City Centre Branch Oct. 16 - Dec. 11</p>	https://coquitlam.libnet.info/events



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Place Maillardville	Family Drop-In (0-5yrs)	Open to all parents and guardians with children 0 - 5 years. Children can learn developmental and social skills from a distance.	Place Maillardville Community Centre, 1200 Cartier Ave, Coquitlam Mondays, 9:30 - 11:00 am Session 1: Sep. 13 - Oct. 25 Session 4: Nov. 1 - Dec. 6 Wednesdays, 9:30 - 11:00 am Session 2: Sep. 15 - Oct. 20 Session 5: Oct. 27 - Dec. 1 Saturdays, 9:15 - 10:45 am Session 3: Sep. 18 - Oct. 23 Session 6: Oct. 30 - Dec. 11	Call 604-933-6166 to register for up to two sessions per family.
Place Maillardville	Parent & Baby Drop-in (0-3yrs)	Meet and enjoy supportive conversation with other caregivers, speak with special guests such as sleep consultants, family resource professionals and more. Siblings welcome!	Place Maillardville Community Centre, 1200 Cartier Ave, Coquitlam Tuesdays, 11:45 am - 12:45 pm Oct. 5 - Nov. 9	Call 604-933-6166 to register.
Place Maillardville	Virtual Music Makers (1-3yrs)	Join in from the comfort of your own home for a noise-making music jam! A take-home kit with supplies is provided.	ONLINE Thursdays, 10:00 - 10:45 am Sept. 30 - Oct. 28	Call 604-933-6166 to register.
Place Maillardville	Virtual Parent & Baby Yoga	Regain your active lifestyle and flexibility while strengthening the bond that you have with your baby during a fun and relaxing yoga session. This program is best for infants 6 weeks old to babies beginning to walk.	ONLINE Fridays, 11:00 - 11:45 am Session 1: Sep. 17 - Oct. 22 Session 2: Oct. 29 - Dec. 3	Call 604-933-6166 to register.



Agency	Program Name	Program Description	Location/Time	Registration Details
Port Moody Public Library	Storytime	An active family storytime for all ages, from babies to preschoolers. Join us for songs, music, puppets, stories, and silliness!	Port Moody Public Library, 100 Newport Dr, Port Moody Wednesdays and Thursdays 10:30 - 11:00 am	https://calendar.portmoodylibrary.ca/
SHARE	Mountain View Family Drop-In (0-6yrs)	Toys, arts and craft, circle time, parenting supplies and resources.	Mountain View Family Resource Centre, 699 Robinson St, Coquitlam Mondays, 12:00 - 2:30 pm Wednesdays and Fridays, 9:30 am - 12:00 pm	Email: catherine.ho@sharesociety.ca Phone: 604-345-3156
SHARE	Clarke Street Family Drop-In (0-6yrs)	Toys, arts and craft, circle time, parenting supplies and resources.	2615 Clarke St, Port Moody Wednesdays, 9:30 am - 1:30 pm	Email: catherine.ho@sharesociety.ca Phone: 604-345-3156
SHARE	Love My Baby	For infants 0-18 months and their family. Nursery songs, rhymes, child development and parenting information. Facilitated by infant development consultants (Kinsight) and Family Support Worker (SHARE)	Mountain View Park, 751 Smith Ave, Coquitlam Fridays, 1:30 - 2:45 pm Sep. 10 - Dec. 10 (no session Nov. 12)	No pre-registration required. For more information, email Catherine: catherine.ho@sharesociety.ca
SHARE	Circle Time @ Cottonwood Park	For children 0-6 years and their family. Songs, stories, parenting support and resources.	Cottonwood Park, 672 Aspen St, Coquitlam Tuesdays, 11:00 - 11:30 am	No pre-registration required. For more information, email Catherine: catherine.ho@sharesociety.ca
SHARE	Early Years Program Table at Food Bank	For children 0-6 years and their family. Information, referrals, and support on parenting and community resources. Take home craft/activity kit for children.	Every Wednesday, 10:00 am - 1:00 pm at one of the following SHARE Food Bank Locations: SHARE Food Bank, 2615 Clarke St, Port Moody Hillside Community Church, 1393 Austin Ave, Coquitlam Trinity United Church, 2211 Prairie Ave, Port Coquitlam	No pre-registration required.



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Spirit of The Children Society	Hlúlú Family Drop in	Free drop-in program for families with children ages 0-6	<p>Mondays and Thursdays 9:00 am - 12:00 pm SOTCS, 201-768 Columbia St, New Westminster</p> <p>Wednesdays 9:00 am - 12:00 pm SOTCS Youth Hub, 200-2540 Shaughnessy St, Port Coquitlam</p> <p>Fridays, 10:30 - 11:15 am, Online via Zoom</p>	Call 604-524-9113 to Register.
Step-by-Step	Harbour View Family Resource Program	Free drop-in for parents/caregivers and their young children birth to 6 years.	<p>Harbour View Elementary School, 960 Lillian St, Coquitlam</p> <p>Mondays and Wednesdays 9:15 - 11:45 am</p>	Email director@step-by-step.ca no more than one week in advance.
Terry Fox Library	Babytime	Make language fun! Start early with Babytime. Help your baby develop speech and language skills. Enjoy bouncing, singing and rhyming with stories. Babytime is a fun, social bonding activity for babies and caregivers.	<p>Online via Zoom</p> <p>Tuesdays and Thursdays 11:00 - 11:30 am</p>	https://fvrl.bibliocommons.com/events/search/fq=types:(5553d3a67b253bb0780063a9)
Terry Fox Library	Storytime	Introduce kids to the love of books and language with Storytime! Children and caregivers will enjoy interactive stories, songs, rhymes and more. Storytime prepares children to learn to read.	<p>Online via Zoom</p> <p>Mondays, 11:00 - 11:30 am</p> <p>Wednesdays, 11:00 - 11:30 am & 2:00 - 2:30 pm</p> <p>Fridays, 11:00 - 11:30 am</p>	https://fvrl.bibliocommons.com/events/search/fq=types:(5553d3a67b253bb0780063a9)
Tri-City Family Place	Tri-City Family Place	Drop-in Program for parents/caregivers of young children	<p>Victoria Hall, 3435 Victoria Dr, Coquitlam</p> <p>M-F, 10:00 am - 12:00 pm</p>	https://calendly.com/tricityfamilyplace/victoria-hall?back=1&month=2021-10



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Tri-City Family Place	Saturdays at Manning (Indoor)	Drop-in Program for parents/caregivers of young children	2062 Manning Ave, Port Coquitlam Fridays and Saturdays, 10:00 am - 12:00 pm	https://calendly.com/tricityfamilyplace/manning?back=1&month=2021-10
Tri-City Family Place	Dad and Tot Night at Victoria Hall	This monthly program is aimed at male-identified caregivers, including (but not limited to) Dads, Step-Dads, Granddads, Uncles, and involved friends. Free play, crafts, playdough, snack, and circle time. This program is sponsored by Noura Homes.	Victoria Hall, 3435 Victoria Dr, Coquitlam Last Wednesday of each month, 6:00 pm - 7:30 pm	https://calendly.com/tricityfamilyplace/victoria-hall-indoor-clone?month=2021-10
Westcoast Family Centres	Puddle Jumpers	Come join and play! Balls, hula hoops, hockey sticks & more followed by a fun circle and story time in the park. Meet others in an outdoor social environment while children explore and play! Snacks and water provided.	South Port Coquitlam (location given upon registration) Mondays Session 1: 9:30 - 11:30 am Session 2: 12:30 - 2:30 pm	www.westcoastfamily.org/events
Westcoast Family Centres	Baby & Me! (0-2yrs)	Connect with other parents, learn songs & nursery rhymes, gain knowledge about your baby's development and learn about your own health and well-being! Snacks and beverages are included.	Port Coquitlam (Indoors, location given upon registration) Wednesdays, 12:30 - 2:00 pm	www.westcoastfamily.org/events



Agency	Program Name	Program Description	Location/Time	Registration Details
Westcoast Family Centres	Evening Family Resource Program	Come join us in-person for playtime, stories, songs, and free resources. For all families with children 0-6 years old. Light dinner included.	Westcoast Family Centres, 2062 Manning Ave, Port Coquitlam Mondays, 5:30 - 7:00 pm	www.westcoastfamily.org/events
YMCA CCRR	Circle of Friends	Free drop-in program for parents and caregivers and their children 0-5yrs. Enjoy art activities, songs, stories, and more!	James Park Elementary School Annex, 1730 Coquitlam Ave, Port Coquitlam M, T, Th, F - Session 1: 9:00 - 10:15 am, Session 2: 10:45 am - 12:00 pm W - Session 1: 5:30 - 7:30 pm	Call 604-931-3400 on Friday after 12pm the week prior to attending. Maximum of two sessions a week per family.

Strong Start Centres in School District 43

Strong Starts are free drop-in early learning programs for children aged 0-5 year, accompanied by a parent or caregiver. There are 13 Strong Start Centres in SD43.

IN-CLASS SESSIONS

School	Days and Hours	Registration Details
Bramblewood	M/T/Th/F 9:05 am - 11:05 am	www.sd43.bc.ca/Programs/StrongStart/
Birchland	M/T/Th 1:00 pm - 3:00 pm	
Cedar Drive	T/Th/F 9:05 am - 11:05 am	
Central	M/T/Th/F 9:05 am - 11:05 am	
Coquitlam River	M/Th 9:05 am - 11:05 am	
Hazel Trembath	M/Th 1:00 pm - 3:00 pm	
Meadowbrook	M/T/Th/F 1:00 pm - 3:00 pm	
Moody Middle	T/F 9:05 am - 11:05 am	



Mundy Road	<i>M/T/Th</i>	1:00 pm - 3:00 pm	
Riverview Park	<i>M/T/Th/F</i>	9:05 am - 11:05 am	
Rochester	<i>M/T/Th/F</i>	9:05 am - 11:05 am	
Roy Stibbs	<i>M/T/Th</i>	1:00 pm - 3:00 pm	
Seaview	<i>M/T/Th/F</i>	9:05 am - 11:05 am	

OUTDOOR SESSIONS

School	Days and Hours	Registration Details
Coquitlam River	<i>T/F</i> 9:05 am - 11:05 am	www.sd43.bc.ca/Programs/StrongStart/
Hazel Trembath	<i>T/F</i> 1:00 pm - 3:00 pm	
Moody Middle	<i>Th</i> 9:05 am - 11:05 am	
Mundy Road	<i>F</i> 1:00 pm - 3:00 pm	

Please be aware some of these programs may be subject to change.

Updated October 2021.