



Gymnasium

October 12 - December 31, 2021

		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2
Morning		Open Gym 5:00am - 9:00am		Open Gym 5:00am - 9:00am				Open Gym 5:00am - 9:00am							
		Open Gym 11:00am-1:00pm		Open Gym 11:00am-1:00pm		Open Gym 7:30am-1:00pm		Open Gym 11:00am-1:00pm		Open Gym 11:00am-1:00pm		Open Gym 11:00 am - 3:00 pm		Open Gym 8:00am-3:00pm	
Afternoon		Open Gym 2:00pm-9:00pm		Open Gym 2:00pm-6:00pm		Open Gym 2:00pm-6:00pm		Open Gym 2:00pm-9:00pm		Open Gym 2:00pm-9:00pm					
				Open Gym 8:00pm-9:00pm		Open Gym 8:00pm-9:00pm									
Evening															

<p>Gymnasium Age Restrictions:</p> <p>Age 13+: May use Gymnasium during designated Open Gym times.</p>	<p>Open Gym <i>first come, first serve</i> <i>drop-in for members</i></p>	<p>For the most up to date schedule information, please visit our website: gv.ymca.ca</p>
	<p>Please note: There will now be a minimum, 10 minute set-up period for all programs taking place in the Gymnasium. All scheduled times must be adhered to.</p>	