

Aquatics Schedule

Jan 22nd - Mar 20th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Y Aquafit 8:30am - 9:30am	Y Aquafit 8:00am - 8:45am		Y Aquafit 8:00am - 8:45am			
Y Gentle Aquafit 9:45am - 10:15am	Open swim 9:00am - 10:00am		Open swim 9:00am - 9:45am		Y Aquafit * starts Jan 29 9:00am - 9:45am	
	Y Aquafit 10:15am - 11:00am		Y Gentle Aquafit 10:00am - 10:30am		Lane swim 10:00am - 1:30pm	
			Open/Lane swim 10:30am - 1:00pm			
Facility closed 1:30 - 3						
Open swim 4:00pm - 6:00pm					Facility closed at 2	
Y Aquafit 6:00pm - 6:45pm						
Open swim 6:45pm - 8:30pm						
**Please note there is no lane swimming available during any aquafit				Chilliwack Family YMCA - Update: Jan 19th, 2022		
Drop-in Fitness Class <i>Non-members pay drop in fee</i>			Open/Lane Swim <i>Non-members pay drop in fee</i>		Family Swim <i>Non-members pay drop in fee</i>	