

Aquatics Schedule

Effective May 10, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Y Aquafit 8:30am - 9:30am	Aquafit 8:00am - 8:45am	Y Aquafit 8:30am - 9:15am	Aquafit 8:00am - 8:45am		Open/Lane swim 8:00am - 9:00am	
pool closed for lifeguard break	Open/Lane swim 9:00am - 10:00am		Open/Lane swim 8:45am - 10:00am		Aquafit 9:00am - 9:45am	
Y Gentle Aquafit 10:00am - 10:30am	Aquafit 10:15am - 11:00am	Open/Lane swim 9:15am - 12:00pm	Y Gentle Aquafit 10:00am - 10:30am		Swim lessons 10am - 12:30pm NO Open Swim	
		Private lessons 12pm-1pm Hot tub/pool closed.	Open/Lane swim 10:30am - 1:00pm		Open/Lane swim 12:30pm - 1:30pm	
Facility closed 1:30pm - 3pm						
Open/Lane swim 4:00pm - 6:00pm					Facility closed at 2pm	
Aquafit 6:00pm - 6:45pm						
Open/Lane swim 6:45pm - 8:30pm						

Please note: Lifeguard courses may occur in the pool area anytime.

Chilliwack Family YMCA - Update: April 19th 2022

Drop-in Fitness Class <i>Non-members pay drop in fee</i>	No open or lane swim during swim lesson times	<i>Open/Lane Swim</i> <i>Non-members pay drop in fee</i>	<i>Swim lessons</i> <i>members only</i>
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