



Health and Safety

The health and safety of your child is our first priority. We comply with various health and safety regulations and industry standards to ensure that we offer a safe environment.

Our YMCA Camp Elphinstone location boasts:

- Nationally certified lifeguards to supervise our waterfronts
- A well-equipped Wellness Centre with staff trained to handle emergencies, including a full-time Wellness Director
- A nearby medical clinic for other emergencies
- A kitchen that not only offers nutritious and well-balanced meals but also ensures dietary concerns are addressed. Our kitchen is regularly inspected by the regional health authority and our cooks are FOODSAFE certified
- A high ropes course and climbing tower built, inspected and operated according to the standards of the Association of Challenge Course Technology
- BC Camps Association accreditation

Please note that the YMCA does not guarantee a nut-free facility. If your child has a nut allergy, please contact us.

Communicable Disease Plan

As per Provincial Health guidelines, Camp Elphinstone has transitioned from a COVID-19 Safety Plan to a Communicable Disease Safety Plan. This guidance applies to staff, volunteers, participants, clients, families and contractors. People returning from international travel may be subject to additional, individual requirements as set by the Federal Government. Camp Elphinstone regularly consults with our local health department regarding any updates or changes to protocols.

Principles

1. Everyone is to self-monitor their health

- Campers, families and guests should not attend or visit camp if they are experiencing symptom(s) of illness, such as fever, vomiting, diarrhea, coughing, muscle aches, sore throat, etc., until they have been resolved in accordance with the guidance from the BC Centre for Disease Control bccdc.ca.

- Please stay away until your symptoms are resolved AND you are feeling well, AND you are not subject to any public health self-isolation requirements.
- During camp, campers who are experiencing symptoms and identified as needing to isolate must be picked up immediately from camp.

2. Personal hygiene

- All campers and staff/volunteers are to:
 - Perform regular hand washing/sanitizing, including after using the washroom, doing cleaning activities or garbage removal, after sneezing into your hand, and before and after preparing food.
 - Follow routine practices for possible exposure to blood or body fluids.
 - Cough/sneeze into your sleeve or a disposable tissue.

3. Cleaning

- Cleaning of shared surfaces is completed at a minimum of once per day, and many frequently shared areas are cleaned more often as needed.

4. Get vaccinated

- While the YMCA encourages everyone to follow the BC Centre for Disease Control recommendations for protection against any disease appropriate to your age, work, or personal circumstances, COVID-19 vaccinations are not mandatory for participants and families.

5. Face coverings/masks

- Face coverings/masks are not required but may still be worn by choice for anyone older than 2 years of age.

Updated May 2, 2022