



Child, Youth & Family Schedule

May 7, 2022 - Present

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING							
	Indoor Family Playground 0-5 yrs 10:30-12:00 <i>Gym 2</i>	Indoor Family Playground 0-5 yrs 10:30-12:00 <i>Gym 2</i>	Indoor Family Playground 0-5 yrs 10:30-12:00 <i>Gym 2</i>	Indoor Family Playground 0-5 yrs 10:30-12:00 <i>Gym 2</i>		Indoor Family Playground 0-5 yrs 11:00-1:30 <i>Gym 2</i>	Indoor Family Playground 0-5 yrs 11:00-1:30 <i>Gym 2</i>
AFTERNOON							
	Active Play 3-5 yrs 5:30-6:30 <i>Gym 2</i>	Active Play 3-5 yrs 5:30-6:30 <i>Gym 2</i>	Active Play 3-5 yrs 5:30-6:30 <i>Gym 2</i>	Active Play 3-5 yrs 5:30-6:30 <i>Gym 2</i>			
	Active Brains 6-12 yrs 5:30-6:30 <i>Large Centre</i>	Active Brains 6-12 yrs 5:30-6:30 <i>Large Centre</i>	Active Brains 6-12 yrs 5:30-6:30 <i>Large Centre</i>	Active Brains 6-12 yrs 5:30-6:30 <i>Large Centre</i>			
	Creative Play 3-5 yrs 6:30-7:30 <i>Large Centre</i>	Creative Play 3-5 yrs 6:30-7:30 <i>Large Centre</i>	Creative Play 3-5 yrs 6:30-7:30 <i>Large Centre</i>	Creative Play 3-5 yrs 6:30-7:30 <i>Large Centre</i>			
	Multi Sports 6-12 yrs 6:30-7:30 <i>Gym 2</i>	Multi Sports 6-12 yrs 6:30-7:30 <i>Gym 2</i>	Multi Sports 6-12 yrs 6:30-7:30 <i>Gym 2</i>	Multi Sports 6-12 yrs 6:30-7:30 <i>Gym 2</i>			
EVENING							
	Karate 6:30 - 8:30 <i>Studio 1</i>			Karate 6:30 - 8:30 <i>Studio 1</i>			

* This Schedule is subject to change.

Tong Louie Family YMCA - Revision Date: May 5, 2022

Included with Membership
These programs are included with the purchase of a membership.

Members can sign their children into the program with our staff and get in a work out within the facility.

Programs are available for children ages 3 - 5 and 6 - 12.

Registered Program
Registered Programs are available for both Members and Non-Members. Turn the page for more information about session dates, times and fees for these programs.

To register, go to the Membership Desk.

New Class/Location or Time Change
We continue to strive to provide our community with quality programming. Please provide us with feedback and information to continue to improve.

Cards available at the Membership Desk.