



# Summer 2022 Training Schedule

YMCA Child Care  
Resource & Referral

[gv.ymca.ca/ccrr](http://gv.ymca.ca/ccrr)



# Important Workshop Policies and Information

## Registration Information:

- Register online via [myymca.ca](http://myymca.ca) or by phone.
  - After creating your online profile on [myymca.ca](http://myymca.ca), YMCA CCRR members registering for the first time will need to contact the YMCA CCRR to activate their online membership and receive the discounted members rate.
  - Please note that in order to receive your confirmation and certificate of completion after attending a workshop, you will need to include your email address in your [myymca.ca](http://myymca.ca) profile.
- Payment options available: American Express, MasterCard, Visa or Debit. *For your protection, please do not leave credit card information on our voicemail.*
- Refunds and transfers will only be given to registrants who provide 5 working days notice. All withdrawals and transfers are subject to a \$5.00 administration fee, per workshop, regardless of notification given.
- Refunds will not be issued due to technical difficulties with your equipment.
- Workshops may be cancelled due to insufficient enrollment and other factors outside of our control. In the case of cancellation, a full refund will be issued.

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## Workshop Policies:

- In person and online workshops start promptly at the time indicated. Participants will not be admitted 15 minutes after start time.
- Participants leaving early will have their certificates adjusted.
- If you are feeling unwell and exhibiting COVID-19 or flu like symptoms please do not attend & risk infecting others.
- We cannot guarantee a scent-free environment, but as a courtesy to others please refrain from using scented products.
- We are unable to accommodate children during workshops or courses.
- Cameras need to be on and participant in view for the duration of the workshop to receive a certificate of completion.

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## Workshop Locations:

**Tri-Cities CCRR:** 1130 C Austin Ave., Coquitlam | [ccrr@gv.ymca.ca](mailto:ccrr@gv.ymca.ca) | 604-931-3400

**Burnaby/New Westminister CCRR:** 4460 Beresford St., Burnaby | [ccrr@gv.ymca.ca](mailto:ccrr@gv.ymca.ca) | 604-294-1109

**New Westminister Schools Welcome Centre:** 820 6th St., New West. | [ccrr@gv.ymca.ca](mailto:ccrr@gv.ymca.ca) | 604-931-3400



*The YMCA Child Care Resource and Referral provides certificates of participation for a variety of workshops. When claiming a workshop or course for training hours it is the participant's responsibility to check with the ECE Registry or Community Care Licensing.*



Ministry of  
Education and  
Child Care



# Responsible Adult

## 20 Hour Responsible Adult for Child Care Training Course



This course meets the required 20 hours training for “Responsible Adult” as stipulated by Child Care Licensing Regulations. The content covers child development, guiding behaviour, health, safety, nutrition and programming. The course is live and interactive, so participants must have video and audio capabilities, and participate and attend all sessions to receive certification.

### To sign up for this course participants must:

- Be 19 years of age
- Have minimum Grade 8 English written and oral skills
- Attend all scheduled sessions

### Once the training is complete, participants are eligible to work as a Responsible Adult in:

- School-age Child Care Programs
- Licensed Family Child Care
- Registered License-Not-Required Child Care
- As additional support or substitute in Licensed Preschool and Licensed Child Care Programs
- Summer Camps

**Dates:** Wednesdays & Fridays,  
August 24th - September 23rd, 2022

**Time:** 10:00 AM - 12:00 PM

**Location:** Online via MS Teams

**Cost:** \$50

**Presenter:** Sandra Ostojic,  
CCRR Consultant

**Participants must attend all sessions in order to receive the certification at the end of the course.**

## The Power of Our Thoughts

Presenter: Rishma Dhalla

Wednesday, July 6, 2022 | 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 Members; \$15.00 Non-Members

Suitable for all early learning professionals and parents

Join Rishma through this interactive and engaging workshop to discover the power of human thought. Learn how thoughts can be barriers for happiness and how to manage your thoughts to live a joyful and fulfilling life. We will learn connections between the thought, the brain and the nervous system, and discover strategies to increase positive thoughts.

*Rishma has been a registered Occupational Therapist in British Columbia for the last 25+ years. She has worked in many settings, from acute care to long-term care, in the public and private health care systems. Rishma has experience in public health and health promotion and has a strong passion for prevention, working for 15 years in seniors' fall prevention and 8 years in stress management. Rishma is now a solo practitioner in BC with her own OT private practice called OT4Life. Through her focus on stress management, Rishma has had opportunities to provide workshops for child care providers across BC, to ensure that the prevention of stress can begin as early as pre-school through mindfulness strategies and so much more! Check out her website: [ot4lifebc.ca](http://ot4lifebc.ca). Rishma also has a YouTube channel where she posts videos about stress management: [youtube.com](https://www.youtube.com)*

## Guiding Children's Behaviour in School Age Care

Presenter: Christine Hibbert

Thursday, July 14, 2022 | 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 Members; \$15.00 Non-Members

Suitable for all early learning professionals, especially school aged child care providers, and parents

Behaviour is a form of communication. Children will communicate in the most effective and efficient manner available to them at any given time. How we communicate with children both verbally and non-verbally can and does influence their behaviour. During this workshop we will explore some of the factors that influence a child's behaviour and help us work with children in ways that contribute to their growth and development in positive ways.

*Christine is an ECE and School Age Educator and an experienced facilitator. Christine has worked in the field of childcare for more than 30 years, beginning her career as a teacher in England. She worked in family child care and pre-schools before becoming Executive Director at Jericho Kids' Club in Vancouver. Recently retired from JKC, Christine continues to be an involved advocate and passionate educator in the childcare community.*

## All About Me: Reflective Practices

Presenter: Paula Milbradt

Saturday, July 9, 2022 | 9:30 - 11:30 AM

Online via Zoom

Fee: \$10.00 Members; \$15.00 Non-Members

Suitable for all early learning professionals and parents

As an educator, it is important for us to reflect and explore how and why we show up for the children, families, and communities that we serve. Educators have an incredible influence over the child's holistic development based on how they view themselves and their own spiritual energy. This workshop will offer you an opportunity to "Awaken" your heart and mind to support your professional and personal journey. When we give ourselves permission to be open to our biases and how those got planted, we can honour the process of exploring our pedagogical practice.

*Paula has been serving children, families, and communities for over 29 years. She continues to share her passion and dedication to ECE professionals, families, and community by offering consultations, workshops, and webinars. Paula continues to learn and explore her own beliefs, by attending conferences and workshops that enhance the Social and Emotional wellbeing of all. She founded Empowermil after fostering 4 boys and continues to hold space for her purpose of making a difference in the world.*





## The Capable and Confident Infant

Presenter: Alicia Kirlik

Saturday, July 16, 2022 | 9:30 AM - 12:45 PM (15 min. break)

Tri-Cities CCRR

Fee: \$15.00 Members; \$20.00 Non-Members

Suitable for all early learning professionals and parents

Please bring a baby sized doll or large stuffed animal and a diaper to fit that will be used to practice caregiving moments; and wear comfortable clothing.

Are you an infant toddler educator who wants to build strong relationships with the children in your care? A 3-5 or school age educator who does break coverage in an infant program? Or an in-home provider wondering how to care for an infant alongside the older children? Discover how respect, trust, observation, and communication can create a calmer environment and capable, confident children from infancy onward. The practical information presented in this workshop will be applicable to anyone interacting with infants.

This workshop is inspired by the work of Madga Gerber and the principles of the RIE educating approach. Participants will explore the idea of seeing infants as intelligent participators in their environment. There will be an engaging mix of presentation, group discussion and active role-play.

*Alicia began her journey as an ECE in 2011 working as an assistant in an infant toddler classroom. She then worked in various preschools, group care and out of school care programs. After running her own RIE® inspired parent and infant play classes for a season she is now at home with her own two little humans. She enjoys adventuring outdoors, growing plants, embroidering plants and eating rice pudding.*

## Supporting Social-Emotional Development in Child Care

Presenters: Hannah Lin & Gina Cousins (Kinsight)

Wednesday, July 20, 2022 | 7:00 - 9:00 PM

Tri-Cities CCRR

Fee: \$10.00 Members; \$15.00 Non-Members

Suitable for all early learning professionals and parents

This workshop will discuss how healthy social-emotional development will help children form positive relationships, engage with the environment, and express and manage their emotions. Join us as we explore practical strategies for facilitating emotional literacy, self-regulation, and problem-solving with others.

*Gina is a Supported Child Development Consultant in New Westminster. She has a BA from UBC and an elementary Teaching Certificate, with an ECE Certificate and background in Early Childhood Education. She ran an inclusive preschool for 12 years has been involved in a variety of settings, working with families and children from infants to school age and has been a Supported Child Development Consultant for the past 10 years.*

*Hannah is a Supported Child Development Consultant in New Westminster. She completed her undergraduate degree in journalism with a focus on education reporting and her master's degree in Early Childhood Special Education. She has worked with children birth to 10 years of age in North America and abroad, and previously taught at an inclusive preschool.*

*The Supported Child Development Program works with families who have children with extra support needs and their child care providers to facilitate inclusion in the community. We support families with the complex task of caring for and planning with their children.*

"The nice thing about teamwork is that you always have others on your side."

-Margaret Carty



## Partnerships with Parents

**Presenter: Debra Smith**

Saturday, July 23, 2022 | 9:30 - 11:30 AM

Online via Zoom

Fee: \$10.00 Members; \$15.00 Non-Members

*Suitable for all early learning professionals*

Relationships with parents of the children in our care in child care settings are integral, but not always easily come by. This workshop will look into potential obstacles in the Caregiver and Parent relationship and explore ways of mitigating some of the issues that surface as we all strive toward the same goal; the shared care and learning opportunities for young children in child care.

*Debra completed her ECE with IT and SN Certificates (1990) from the Douglas College ECE Program and continued her studies in development as she received her Bachelor's Degree in Child and Youth Care from the University of the Fraser Valley (2005). Her focus on human studies continued as she completed her M.Ed. in Counselling Psychology from the University of Victoria (2012).*

*Debra's interests are specific to children and adults with disabilities. She has extensive experience in working with a diverse range of children in preschool, daycare and after school care programs as an ECE, a Supported Child Development Consultant/Coordinator and a Director in a child care setting. Debra continues to work with community committees in the creation and development of supportive programs for children and families Debra has presented workshops and presentations throughout the Lower Mainland on a variety of topics since 2001.*

## Discover Versatility of Loose Parts in Early Years Programs

**Presenter: Cheryl Song**

Thursday, July 28, 2022 | 7:00 - 9:00 PM

Burnaby/New Westminster CCRR

Fee: \$10.00 Members; \$15.00 Non-Members

*Suitable for all early learning professionals and parents*

Loose parts are great tools for enhancing children's learning! Join us for a workshop of exploration on how to incorporate loose parts into your program. Learn to discover the variety of loose parts, and how to collect and use loose parts as provocations. In addition, there will be tips and discussion on safety and storage when using loose parts.

*Cheryl has 20 years of experience working with children and families, as a licensed early childhood educator and family educator. Cheryl works with children and families in variety of early years programs. She is a trained Mother Goose facilitator, and has been using oral stories in all programs. She is also a columnist, blogger and author of a bilingual children's songs and rhymes book.*



## Supporting Inclusion with Supported Child Development

**Presenter: Megan Pochurko**

Thursday, August 4, 2022 | 7:00 - 9:00 PM

Burnaby/New Westminster CCRR

Fee: \$10.00 Members; \$15.00 Non-Members

*Suitable for all early learning professionals and parents*

The Supported Child Development (SCD) Program is a community-based program, funded by the Ministry of Children and Family Development. We assist families of children who require additional support to access inclusive child care programs. Working with child cares, preschools, and school age care programs, we provide consultation services and extra staffing assistance to ensure inclusive practices for children who need extra support. Our program is part of The BC Centre for Ability who provide services that aim to enhance the quality of life for children, youth and adults with developmental delays and disabilities.

This workshop will focus on:

- What is SCD? What is our role within your program?
- What is the BC Centre for Ability and what services do they offer for families?
- What other resources are out there while we might be waiting for services? Who can we refer families to?
- What is inclusion? How can we make sure each child is fully included in our childcare?

*Megan has been in the field since 2013 and has experience working in group child care as a support worker, a CCRR Consultant, and now as a SCD Consultant with BC Centre for Ability for the past 4 years. She believes that play is a child's most important work and that every child deserves a chance to succeed. She is passionate about quality child care and inclusive spaces for all children and families.*

## Programming with a Rainbow of Families in Mind

Presenter: Fiona Watson

Saturday, August 6, 2022 | 9:30 - 11:30 AM

Tri-Cities CCRR

Fee: \$10.00 Members; \$15.00 Non-Members

*Suitable for all early learning professionals and parents*

It is never too early to show children how to embrace inclusivity! Join Fiona for this two-hour workshop to get you thinking about and planning to engage kids and families in celebrating diversity in love and gender. We will focus on providing support and programming that celebrates and is inclusive of LGBTQ+ families. The presenter will provide a primer on gender expansive vocabulary, explore programs to celebrate and include rainbow families and children, and walk you through further resources, such as LGBTQ+ picture book lists.

*Fiona is a craft enthusiast and the Youth Services Librarian at Port Moody Public Library. They are a strong believer that you don't need a beautiful voice or a strong sense of rhythm to lead storytimes, and of course are happy to show this by example! Fiona is an advocate for LGBTQ2IA+ services and had the honour of presenting on Family Pride Programming in the Library at the 2019 NSLA/LBANS conference in their home province of Nova Scotia.*



## Business Management for Your Family Child Care

Presenter: Julie Holmes

Wednesday, August 10, 2022 | 7:00 - 9:00 PM

Tri-Cities CCRR

Fee: \$10.00 Members; \$15.00 Non-Members

*Suitable for all in-home early learning professionals*

This workshop will give you tips on how to manage the business side of your family child care. Join Julie as she walks you through writing your contract and policies. Julie will also explain how to organize your taxes and where to look for government grants.

*Julie is an early childhood educator with over 30 years' experience. She completed her training in the UK before beginning work in Pre-schools. She has operated a Licensed Family Child Care in Coquitlam since 2002. Julie wanted her child care to feel like a 'second home' for the children she takes care of, with a great emphasis on learning through play.*

## Learning How to Mentor the Next Generation of ECE's

Presenter: Andrea James

Saturday, August 13, 2022 | 9:30 AM - 12:45 PM (15 min. break)

Burnaby/New Westminster CCRR

Fee: \$15.00 Members; \$20.00 Non-Members

*Suitable for all early learning professionals*

As early childhood educators we all had the opportunity to attend practicums to support the growth of our skills. However, no one ever taught us how to mentor the students we would be supporting. This workshop will support your skills in being a practicum sponsor teacher. Using information from the Practice Based Teaching model, you will learn positive concrete strategies to support the practical development in our future early childhood educators. This will be a participation-based workshop, please come prepared to engage and participate.

### Objectives:

- Learn effective strategies on how to mentor/coach early childhood education practicum students at your child care program.
- Understand the importance of using positive mentorship strategies to support the development of skills in ECE practicum students.
- Be able to label the steps in Practice Based Coaching.

*Andrea has been an early childhood educator for over 30 years. She is currently working as an early childhood instructor at Langara College.*



## Understand Behaviour through Compassion & The Nervous System

Presenter: Georgianna Lee

Thursday, August 18, 2022 | 7:00 - 9:00 PM

Burnaby/New Westminster CCRR

Fee: \$10.00 Members; \$15.00 Non-Members

*Suitable for all early learning professionals and parents*

A key to supporting children is to understand their behaviour. What is the child needing that is causing them to behave this way? What is their body experiencing that leads them to react like this? How is this child's level of stress impacting their choices? What is this child needing to feel physically and emotionally safe? When we're willing to look at children's behaviour through the lens of compassion and the nervous system we're better equipped to help children regulate and thrive. Join us as we explore these questions more deeply to see how they can be used in everyday moments to bring more ease and connection into your work with children.

*Georgianna is a counsellor and coach working with individuals and families in Canada and internationally for over 16 years. She has a private coaching practice serving clients around the world and teaches for Rising Woman. She also facilitates Conscious Relationship Workshops and weekly women's groups. Georgianna enjoys mentoring and supporting teachers and early childhood educators as they embrace their role in offering co-regulation and guidance to their students.*

*Her passion is to help people cultivate self-acceptance, self-compassion and their ability to regulate their emotions so they can move through life with more ease and courage.*

## What Brain Research Tells Us About Learning and Behaviour

Presenter: Bruce Ivany

Saturday, August 20, 2022 | 9:30 AM - 2:00 PM (30 min. lunch break)

Tri-Cities CCRR

Fee: \$20.00 Members; \$25.00 Non-Members

*Suitable for all early learning professionals and parents*

This workshop will:

- Examine the main findings on brain development, age related differences, and acculturation of youth.
- Examine strategies to use when working with youth based on brain research.
- Look through the lens of gender when considering the needs of both boys and girls.

Not all boys are the same or girls all the same, but research indicates there are some generalities that are worth considering. Questions we will consider include:

- Females can speak up to 10 times as many words in a day as males – how come?
- 70% of learning and behavioural disability designations are boys- what does this tell us?
- Are girls emotionally stronger than boys?
- What is the best way to deal with a boy who is upset? A girl who is upset?

*Bruce has been an educator for over 45 years, including 34 years in the public school system as teacher, principal and Assistant Superintendent, and 11 years preparing future teachers in the School of Education at Trinity Western University. Bruce has a wealth of experience presenting to large and small organizations on a variety of topics, as well as presenting over 85 workshops throughout North America on positive youth development.*

*"The wider range of possibilities we offer children, the more intense will be their motivations and the richer their experiences."*

*-Loris Malaguzzi*



## The Magic Behind Self-Regulation for Positive Guidance

Presenter: Pooja Kalsi

Wednesday, August 24, 2022 | 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 Members; \$15.00 Non-Members

*Suitable for all early learning professionals and parents*

This workshop will explore ways to guide children's behaviour in a positive way. The educators will learn about self-regulation, reflective behaviour and relationship building. We will also discuss the underlying factors that affect children's emotional health and cause behaviour issues. We will talk about creating a child centred curriculum and environment to manage these issues. We will also discuss effective conflict resolution.

*Pooja has a Master's degree in Early Childhood Education. She has 23 years of experience in the Early Childhood field as a teacher, facilitator, supervisor, director and instructor. She is very passionate about finding ways to promote children's creativity and expression of discovery. She currently teaches at Langara College in the ECE department.*

## Maachi Kashkihtow Mamawii (Sharing Métis Culture)

Presenter: Pawandeep Mann

Saturday, August 27, 2022 | 9:30 AM - 2:00 PM (30 min. lunch break)

Burnaby/New Westminster CCRR

Fee: \$20.00 Members; \$25.00 Non-Members

*Suitable for all early learning professionals and parents*

This workshop will include a fun activity  
(ex. rock painting and weaving) and  
a materials bag.

**LUNCH PROVIDED!**

Métis Nation British Columbia Ministry of Education and Child Care presents a workshop in understanding, identifying, and supporting Métis children and culture in early years programming. Through an interactive workshop, facilitators will share information on Métis history and culture in Canada. Understanding who Métis are, and ways individuals can connect. Through cultural resources, facilitators will demonstrate how to incorporate cultural items into early years programs and activities, to ensure children learn more about the Métis culture. Métis children and families will begin to see themselves reflected in the programming provided within their community. Throughout the workshop participants and facilitators will encompass and reflect on the Métis core values while engaging in an interactive workshop that focuses on relationships, connectivity and collaboration of knowledge and learning.

*Pawandeep has worked with children and families in the Early Childhood Education field for 12 years. Pawandeep has worked in a variety of Child Care programs, in daycare, preschool and junior kindergarten. Her interest in Métis culture grew from her youth when she experienced Fort Langley which led her to a Bachelor of Arts in English and History. She has experience facilitating Good Beginnings and working with families and Child Care programs in her outreach position at CCRR. She now works as an ally to MNBC helping promote Métis culture and to also continue her learning journey.*

## Promoting Self-Regulation with the Bottom-up Approach

Presenter: Dr. Minnie Mossop

Saturday, September 10, 2022 | 9:30 - 11:30 AM

Burnaby/New Westminster CCRR

Fee: \$10.00 Members; \$15.00 Non-Members

*Suitable for all early learning professionals and parents*

Research has shown that self-regulation is one of the key life skills related to learning as well as emotional, social, and physical well-being. From taking turns to expressing their big emotions appropriately, infants and toddlers require much learning, practice, and support from early childhood educators.

During this workshop, early childhood educators will be introduced to their crucial role as co-regulators while discussing the development of regulation. They will explore different strategies to meet an individual child's needs based on tackling different levels of the brain.

*Dr. Minnie Mossop is a passionate infant and toddler specialist with a Ph.D. and MA in Infant and Early Childhood Development and an M.Ed. in Early Childhood Education. Her research interests cover various mental health areas (e.g., attachment, brain development, co-regulation) of young children, especially infants and toddlers. She is a faculty member of the Early Childhood Education Program at Douglas College. She has also supported hundreds of families and ECEs in North America through online/offline consultations and group workshops.*

## Unswaddling Pedagogy: Celebrating Strengths and Differences

Presenter: Dr. Annabella Cant

Tuesday, September 13, 2022 | 7:00 - 9:00 PM

New Westminster Schools Welcome Centre

Fee: FREE!

*Suitable for all early learning professionals and parents*

In very practical, joyful, playful ways, the workshop will engage with the concepts and practices of swaddling, unswaddling and non-swaddling pedagogies, bringing into the attention of the audience the pivotal role of early education in the designs of life. The presentation will also focus on the “missing beginnings”- the reasons why there is a globally present disconnect between early education and school education. Dr. Annabella Cant will share findings from her research in order to motivate the audience to think with the concepts and better understand the privilege of working with young children. She will continue the conversation on the introduced concepts in and will share two examples of swaddling pedagogies: the “Moulding” one and the “Not-yet” one. Also, she will introduce the theory and practice of Imaginative Education – a pedagogy that she considers close to being unswaddling – together with her own contributions to it, contributions that emphasize the period at the beginning of life: 0 to 5. Participants will get a glimpse of children’s genuine capacity for openness and wonder by feeling it themselves. Annabella will remind her participants how to be joyful, playful, and open, and why these states of mind provoke deep and long-lasting learning in children.

*Dr. Annabella Cant is a professor in Early Childhood Education at Capilano University and sessional instructor of the Master of Education in Imaginative Education at Simon Fraser University. Annabella received the 2019 Teaching Excellence Award from her university. She is also an invited keynote speaker to many ECCE conferences and events. Annabella is member of the Academic Council of the Centre for Imagination in Research, Culture, and Education. She is also the initiator and editor-in-chief of the online journal: Childhoods and Pedagogies. She has been practicing ECCE since 1994; in 1999 she started opening her own child care centres in Europe (her schools were dedicated to children with very diverse backgrounds and abilities). She collaborated with a number of orphanages and organizations and welcomed all children. Her newest publication, Unswaddling Pedagogy (2017), is a book for educators and parents. Her new pedagogical lens—the unswaddling pedagogy—is inspired and fueled by the stories she has lived. Her passions are her family + puppy, running, and creating an inclusive world.*

## Kids Yoga for All Abilities

Presenter: Karen LeSage

Thursday, September 15, 2022 | 7:00 - 9:00 PM

Burnaby/New Westminster CCRR

Fee: \$10.00 Members; \$15.00 Non-Members

*Suitable for all early learning professionals and parents*

In this workshop participants will experience an inclusive kids’ yoga class. Adaptations/Modifications for all abilities will be discussed and explored. Participants will learn some basic chair yoga poses, strategies for various neurotypes and how to set up your environment. We will explore how yoga and mindfulness benefits all children and how to bring these practices into your classroom.

**Please wear comfortable clothing and bring a water bottle for a short sample yoga class.**

*Karen has over 25 years of experience working with children from birth to nineteen years of age in childcare and community settings. Her focus has been on creating safe and inclusive spaces for all children. She is a licensed Early Childhood Educator, Infant/Toddler Educator and Special Needs Educator. Karen is a certified Community Resiliency Model® Teacher as well as a registered 200-hour Yoga Teacher, Children’s Yoga Teacher and Prenatal Yoga Teacher.*





## Understanding Challenging Behaviour in Children

Presenter: Cris Janicas

Saturday, September 17, 2022 | 9:30 AM - 12:45 PM (15 min. break)

Tri-Cities CCRR

Fee: \$15.00 Members; \$20.00 Non-Members

*Suitable for all early learning professionals and parents*

This workshop looks at understanding the challenging behaviours of children. Shifting our perspective to what is being communicated through challenging behaviour allows us to embrace more positive and pro-active strategies in addressing it.

Perfect for centres with children expressing challenging behaviours, returning to care after an extended break due to the pandemic, and school-age centres as children readjust to school and their new normal. This workshop focuses on school-aged children but can be applied to children of all ages.

*Cris has been a teacher with the Vancouver School Board since 2012. He is currently a District Resource Teacher focused on collaborating with schools to support students with challenging behaviours. He earned his Bachelor of Education from SFU and completed recent graduate programs focused on arts and health & physical education. He has been married for 14 years and has two sons.*

## Autism in the 21st Century — Taking Away the Fear!

Presenter: Pam Collins

Saturday, September 24, 2022 | 9:30 AM - 2:00 PM (30 min. break)

Burnaby/New Westminster CCRR

Fee: \$20.00 Members; \$25.00 Non-Members

*Suitable for all early learning professionals and parents*

What does the word Autism mean to you? Come and learn how much things have changed based on all the new science and shared lived experiences by Autistics themselves. We will knock out the myths and build a new understanding of a neurotype that is not deficit or broken— just amazingly different.

*Pam very proudly identifies as neurodivergent and has two adult neurodivergent sons. She is an Autism/Neurodiversity Support Specialist and an Educator for Reach Child and Youth Development Society and has been supporting families, caregivers, and educators for over 23 years. She is a co-founder of the Richmond Autism Inter-agency Committee – a group dedicated to increasing opportunities for people with autism to be accepted and celebrated in their communities.*

"Do not follow where the path may lead. Go instead  
where there is no path and leave a trail."

-Ralph Waldo Emerson

## Risky Play Trusting Children's Capabilities

Presenter: Jarrett Krentzel

Wednesday, September 21, 2022 | 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 Members; \$15.00 Non-Members

*Suitable for all early learning professionals and parents*

In this workshop, we will discuss the definition, history, benefits and categories of risky play, the RISK Triangle (a concept developed by Jarrett Krentzel), how to utilize different types of outdoor spaces for risky play (which includes site, risk and hazard assessments), requirement for safe and comfortable risky play and how to work within the requirements and regulations of licensing in regards to risky play. The goal of this workshop is to bring awareness about the joyful outcomes of risky play, which will in turn change our association and relationship of this type of necessary play!

*Jarrett is the Founder/Director of Hand-In-Hand Nature Education Inc. (HIH), an outdoor educational program located in the Comox Valley and Campbell River designed to offer a unique childhood learning experience for children 2 – 17 years old. Jarrett has over 20 years of experience teaching outdoor learning and nature/environmental education from preschools to universities in British Columbia, Yukon, New York, Oregon and California. He is a member of the BC Nature's Education Committee, Outdoor Early Learning Association of BC, Physical Literacy for Communities, Comox Valley Nature Educators, Cumberland's Ecology of the Forest Committee and Acorn Collective. Jarrett is the co-founder of Cascadian Crusaders, co-author/publisher of a children's illustrated environmental superhero book called The Great Plastic Round-up, former Vice President of the Comox Valley Naturalists Society and former co-leader of NatureKids BC. With Jarrett's belief that nature is our ultimate teacher and we are nature's ultimate students, his mission with HIH is to create a safe and comfortable natural learning environment so that children can develop a strong educational foundation where they can play, learn and connect in nature!*



## Networking: Tri-Cities Open House

Saturday, September 24, 2022 | 9:30 AM - 12:30 PM

Tri-Cities CCRR

Fee: FREE!

*Suitable for all early learning professionals and parents*

Come on by and visit our newly renovated space anytime between 9:30am to 12:30pm! We will have activities for you to familiarize yourself with the different areas in our office and the services we can provide for you. There will be refreshments, time to chat with our staff, and opportunities to network with other child care providers. We look forward to welcoming you all to our office to look around and meet our amazing staff!

**Fun activities!**

**Door prizes drawn every half hour!**

**Professional development certificates provided!**



*Stay in the know!*



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## Engaging Children in Nature Through the Senses

**Presenter: Tricia Edgar**

Thursday, September 29, 2022 | 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 Members; \$15.00 Non-Members

*Suitable for all early learning professionals and parents*

The smell of flowers, the feel of an earthworm: are you ready to connect young children to nature through their senses? In this workshop, you'll learn from the lessons of many years at forest school. Learn how to create a space that inspires children and discover simple ways to connect children to the places around them and inspire them to use all of their senses to explore the natural world.

*Tricia has worked with children in the temperate rainforests of Vancouver for over 25 years. She is the co-founder and director of Fresh Air Learning, a forest school in Metro Vancouver, and she is also the Education Coordinator at the Lynn Canyon Ecology Centre.*



Ministry of  
Education and  
Child Care