

Aquatics Schedule

Effective July 04 2022

NOTE: Hot Tub Open during Open/Lane Swim and Y Aquafit Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					JULY 02 NO SWIM LESSONS OPEN SWIM 10am-1pm	
	Open/Lane swim 7:00am - 8:00am		Open/Lane swim 7:00am - 8:00am		Open/Lane swim 8:00am - 9:00am	
Y Aquafit 8:30am - 9:30am	Aquafit 8:00am - 8:45am	Y Aquafit 8:30am - 9:15am	Aquafit 8:00am - 8:45am		Aquafit 9:00am - 9:45am	
Open/Lane swim 9:30am - 10:00am	Open/Lane swim 9:00am - 10:00am	Open/Lane swim 9:15am - 11:00am	Open/Lane swim 8:45am - 10:00am		SWIM LESSONS 10am - 12:30pm NO Open Swim	
Y Gentle Aquafit 10:00am - 10:30am No Class July 11	Aquafit 10:15am - 11:00am	SWIM LESSONS 11am-11:30am NO Open Swim	Y Gentle Aquafit 10:00am - 10:30am			
Open/Lane swim 10:30am -12:30pm	Open/Lane swim 11:00am - 1:00pm	Open/Lane swim 11:00am-1:00pm	Open/Lane swim 10:30am - 1:00pm			
					Open/Lane swim 12:30pm - 1:30pm	
Facility closed 1:30pm - 3pm						
Open/Lane swim 4:00pm - 6:00pm				Facility closed at 2pm		
Aquafit 6:00pm - 6:45pm			Open/Lane swim 3:00pm-8:00pm			
Open/Lane swim 6:45pm - 8:30pm						
Please note: Lifeguard courses may occur in the pool area anytime.				Chilliwack Family YMCA - Update: June 22 2022		
Drop-in Fitness Class Non-members pay drop in fee		No open or lane swim during swim lesson times	Open/Lane Swim Non-members pay drop in fee		Swim lessons members only	