



Fall 2022 Training Schedule

**YMCA Child Care
Resource & Referral**
gv.ymca.ca/ccrr



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Important Workshop Policies and Information

Registration Information:

- Register online via myymca.ca or by phone.
- After creating your online profile on myymca.ca, YMCA CCRR members registering for the first time will need to contact the YMCA CCRR to activate their online membership and receive the discounted members rate.
- Please note that in order to receive your confirmation and certificate of completion after attending a workshop, you will need to include your email address in your myymca.ca profile.
- Payment options available: American Express, MasterCard, Visa or Debit. For your protection, please do not leave credit card information on our voicemail.
- Refunds and transfers will only be given to registrants who provide 5 working days notice. All withdrawals and transfers are subject to a \$5.00 administration fee, per workshop, regardless of notice given.
- Refunds will not be issued due to technical difficulties with your equipment.
- Workshops may be cancelled due to insufficient enrollment and other factors outside of our control. In the case of cancellation, a full refund will be issued.

Workshop Policies:

- In person and online workshops start promptly at the time indicated. Participants will not be admitted 15 minutes after start time.
- Participants arriving late or leaving early will have their certificate adjusted.
- If you are feeling unwell and exhibiting COVID-19 or flu like symptoms please do not attend & risk infecting others.
- We cannot guarantee a scent-free environment, but as a courtesy to others please refrain from using scented products.
- We are unable to accommodate children during workshops or courses.
- Cameras need to be on and participant in view for the duration of the workshop to receive a certificate of completion.

Workshop Locations:

Tri-Cities CCRR: 1130 C Austin Ave., Coquitlam • ccrr@gv.ymca.ca • 604-931-3400

Burnaby/New Westminster CCRR: 4460 Beresford St., Burnaby • ccrr@gv.ymca.ca • 604-294-1109

New Westminister Schools Welcome Centre: 820 6th St., New West. • ccrr@gv.ymca.ca • 604-931-3400



The YMCA Child Care Resource and Referral provides certificates of participation for a variety of workshops. When claiming a workshop or course for training hours it is the participant's responsibility to check with the ECE Registry or Community Care Licensing.



Ministry of
Education and
Child Care

The YMCA CCRR program is funded by the Province of British Columbia
The YMCA CCRR acknowledges the City of Burnaby for its support

Responsible Adult

20 Hour Responsible Adult for Child Care Training Course



This course meets the required 20 hours training for "Responsible Adult" as stipulated by Child Care Licensing Regulations. The content covers child development, guiding behaviour, health, safety, nutrition and programming. The course is live and interactive, so participants must have video and audio capabilities, and participate and attend all sessions to receive certification.

To sign up for this course participants must:

- Be 19 years of age
- Have minimum Grade 8 English written and oral skills
- Attend all scheduled sessions

Once the training is complete, participants are eligible to work as a Responsible Adult in:

- School-age Child Care Programs
- Licensed Family Child Care
- Registered License-Not-Required Child Care
- As additional support or substitute in Licensed Preschool and Licensed Child Care Programs
- Summer Camps

Dates: Wednesdays & Fridays,
October 12th - November 16th, 2022

Time: 10:00 AM - 12:00 PM

Location: Online via MS Teams

Cost: \$50

Presenter: Sandra Ostojic,
CCRR Consultant

Participants must attend all sessions in order to receive the certification at the end of the course.

**Register online at www.mymca.ca
or by phone at 604-931-3400**

Emergency Child Care First Aid / CPR Level B

Presenter: Pacific First Aid

Saturday, November 5, 2022

9:00 AM - 6:00 PM (with a 30 min. lunch break, and two 15 min. breaks)

Tri-Cities CCRR

This course will include choking skills, breathing emergencies, and CPR for babies and children. The course also covers basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions. AED certification is also included.

Please bring your own lunch, wear comfortable clothing and arrive 10 minutes before the course begins.
Payment and Registration: online at www.pacificfirstaid.ca or by phone at 604-638-1228.

Networking: Halloween Sensory Boxes

Presenter: CCRR Consultants

Tuesday, October 4, 2022 • 6:30 - 8:00 PM

New Westminster Schools Welcome Centre

Fee: Free

Suitable for all early learning professionals

Join us for an exciting evening of make & take and networking with other child care providers! We will have a variety of materials available for you to create your own spooky sensory box to bring back to your child care centre, just in time for Halloween!

A one-hour professional development certificate will be given to participants after the networking session.



Communicating Through Art

Presenters: Caren Eigenmann and Sue Woodward

Thursday, October 6, 2022 • 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

Whether we are focusing on a science project, a collective community project, or simply through play, art plays an integral role. We will share how to use art organically through a program and how to embed it in the curriculum. We will offer materials to consider using, to open dialogue with children and suggest the possibilities available for considering art as a tool for communicating with children. Participants will learn how to set up an inviting and provoking environment. Also, how to incorporate natural, inexpensive, and readily available materials to inspire beautiful art processes. In this workshop, educators will come to understand the value of using the arts as a means for children to express themselves.

Sue Woodward and Caren Eigenmann are the co-owners of Childgarden Preschool & Discoveries in Port Moody, BC, which opened in 2007. Our image of the child aligns with one of the underlying principles of Reggio Emilia, in which we see the child as 'rich in potential, strong, powerful, competent, and most of all connected to adults and other children' (Malaguzzi, 1993, p. 10). Educators work alongside the children and their natural curiosity to observe and develop in-depth investigations that reflect and are built upon authentic interests of the children, making their preschool experience fun, exciting and relevant to them and their world. Educators extend and expand these interests to create deep, meaningful learning opportunities which lay the foundation for future learning. Both Sue and Caren are recipients of the Prime Minister's Award of Excellence in Early Childhood Education, in 2012 and 2017 respectively.

Supporting Transgender & Gender Creative Children

Presenters: TK Hannah and Dee Abdi

Wednesday, October 12, 2022 • 7:00 - 9:00 PM

Online via ZOOM

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

Our focus on education is fueled by our experiences having been part of the educational system as both students and educators who hold complex intersectional identities. We seek to rebuild education in a way that supports a breadth of identities and experiences and envision a world where all students are enabled to succeed.

In this workshop we will discuss:

- Creating Safe and Inclusive School Environments for 2SLGBTQIA+ Students.
- How To Talk to Children About Gender and Sexuality.
- Supporting Transgender and Gender Creative Kids in the Early Years.
- Supporting Transgender and Gender Creative Kids in the Primary Years.
- Creating An Inclusive Workplace for 2SLGBTQIA+ Educators.
- Creating An Inclusive Workplace for Transgender and Gender Creative Educators.

TK Hannah (they/he) is a forest school manager with years of experience in Forest Schools in Ontario and BC. TK is an openly nonbinary transgender educator living, working & learning on the traditional territory of the Snuneymuxw First Nation. In addition to their work in forest schools, they are a workshop facilitator committed to gender diversity, inclusion, and experiential learning. TK is passionate about transformative education, the importance of play (no matter our age!) and the journey of unlearning. He is happiest when playing guitar & spending time in nature.

Dee Abdirahman (they/she) currently works as a Diversity, Equity, and Inclusion Specialist in fintech and as a Queer Competency Facilitator at QMUNITY. Dee holds a Master of Education from York University and a Bachelor of Education from the University of British Columbia. Their research has explored racial inequities and barriers in access to education and she uses her knowledge, passion for teaching, and lived experience to actively influence systemic change in the educational system. In their spare time, Dee enjoys the outdoors, mindfulness, meditation, and making earrings.

Networking: Paint Night

Presenter: CCRR Consultants

Thursday, October 13, 2022 • 6:30 - 8:00 PM

Burnaby/New Westminster CCRR

Fee: \$5.00

Suitable for all early learning professionals

We invite you to join us for an evening of artistic expression and connection! Fall is a beautiful time of year as the colors change from forest green to pumpkin orange, crimson red, and golden yellow. What better way is there to celebrate this remarkable time of year, than to use it as inspiration for our art? We cannot wait to see what beautiful creations you are going to make! Materials, take home bags, and refreshments are provided.

A one-hour professional certificate will be given to all participants after the networking session.

Understanding & Supporting Children with ADHD

Presenter: Christie Akhurst

Saturday, October 15, 2022 • 9:30 AM - 2:00 PM

(30 min. lunch break)

Tri-Cities CCRR

Fee: \$20.00 members; \$25.00 non-members

Suitable for all early learning professionals and parents

Join us in understanding and supporting children with ADHD in your school aged program (5-12yrs) in understanding the depths of ADHD- by exploring the gifts and attributes as well as the struggles and challenges a child with ADHD faces. We will look at strategies to best support the child and their family for success through tips and adjustments to how we reach children and through activities and environment.

Christie has been the Coordinator of Little Mountain Out of School Care since 2003. She has her ECE, Special Needs and School Age Certification, as well as an Applied Behavioural Certificate. Christie has worked with children aged infancy to adolescence. She has enjoyed work experiences in Vancouver, Australia, and New Zealand. She views her role as a great way to make a positive impact on a child and family's life.

Bringing Back the Village

Presenter: Jade Brass

Thursday, October 20, 2022 • 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

During this workshop we will dive into: The First Peoples Principles of Learning from the Early Learning Framework (ELF), discuss the impact colonization has had on the way we educate our children, ways to challenge the colonial structure that has been placed on education and explore ways to decolonize our practices, our classroom and ourselves. The time that we will spend together, exploring the shift in perspectives and working to move away from colonial practices, will allow us to disrupt and challenge how we teach the various truths in the classroom-and outside the classroom. It is important to identify who plays what role in a child's life, and why each role must be supported to create a healthy community.

Jade is a member of The Key First Nation on Treaty Four Territory, and she is Anishinaabe (Saulteaux) and Nêhiyaw (Swampy Cree). She is an aunty, a sister, and an educator. As an Indigenous ihkwe, her goal is to continue to be a positive role model in our communities and do this work for our children and our unborn babies.

Let's Go Outside and Play

Presenter: Debra Smith

Wednesday, October 26, 2022 • 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

This presentation encourages childcare providers to utilize outdoor play spaces for young children aged 2 to 8 years. It looks at diverse and creative ways of using the outdoors in any kind of weather as we plan for fun and exciting ways to engage with young children; encouraging more ways of using our outdoor spaces year-round!

Debra completed her ECE with IT and SN Certificates (1990) from the Douglas College ECE Program and continued her studies in development as she received her Bachelor's Degree in Child and Youth Care from the University of the Fraser Valley (2005). Her focus on human studies continued as she completed her M Ed in Counselling Psychology from the University of Victoria (2012). Debra's interests are specific to children and adults with disabilities. She has extensive experience in working with a diverse range of children in preschool, daycare and after school care programs as an ECE, a Supported Child Development Consultant/Coordinator and a Director in a child care setting. Debra continues to work with community committees in the creation and development of supportive programs for children and families. Debra has presented workshops and presentations throughout the Lower Mainland on a variety of topics since 2001.

Strengthening Connections Through Creative Programming

Presenter: Christie Akhurst

Saturday, October 22, 2022 • 9:30 AM - 2:00 PM (30 min. lunch break)

Burnaby/New Westminster CCRR

Fee: \$20.00 members; \$25.00 non-members

Suitable for all early learning professionals, especially school aged child care providers, and parents

Join us to learn and participate in some great activities and programming ideas to encourage friendship, team building, leadership and creativity in your School Aged Care Program. We will explore a variety of games and activities that help support the growth of children's self-esteem and self-confidence. Bring your ideas and we will have fun learning some new projects, activities and/or games!

Read Christie's bio on page 5.



Building Positive Relationships within Our Diverse World

Presenter: Bruce Ivany

Saturday October 29, 2022 • 9:30 AM - 2:00 PM (30 min. lunch break)

Tri-Cities CCRR

\$20.00 members; \$25.00 non-members

Suitable for all early learning professionals and parents

As we build positive relationships and young people of character and citizenship, the diversity of religion, race, gender, and culture from person to person is important to understand and embrace.

This session will examine three areas:

1. What can we do to build self confidence in young people? We will examine the three-legged stool of self-confidence, understand the difference between praise and encouragement, the difference between a fixed and growth mindset, and look at practical ways to develop a positive view of self.
2. Young people are more likely to grow up successfully when they experience developmental relationships with important people in their lives. How do we build effective developmental relationships?
3. A group could be formed of preschoolers, colleagues, and a family. What are the characteristics of an effective group? What are the ways to develop a "group" effectively?

Bruce has been an educator for over 45 years including 34 years in the public school system as teacher, principal and Assistant Superintendent, and 11 years preparing future teachers in the School of Education at Trinity Western University. Bruce has a wealth of experience presenting to large and small organizations on a variety of topics as well as presenting over 85 workshops throughout North America on positive youth development.

Community of Practice: You Can't Celebrate That!

Presenter: Crystal Bunnett, YMCA CCRR Consultant

Wednesdays, November 2, 16, & 30, 2022 • 6:30 - 8:00 PM

Tri-Cities CCRR

Fee: Free *Suitable for all early learning professionals*

Please pick up your book at any of our locations, starting Saturday, October 22. Please come to the first session with chapter 1 read.

Join Crystal in this Community of Practice as we look deeper into the book *You Can't Celebrate That! Navigating the Deep Waters of Social Justice Teaching*. Together we will find inspiration in this compelling story of an educator's social justice journey as she partners with families to explore racial identity, religious celebrations, and racism in response to a biased comment by one child to another in her diverse preschool class.

You Can't Celebrate That! is a beautifully written teacher's story about what it takes to provide children with the tools to act with empathy, respect, and fairness in the face of diversity. Teaching with a set of values show how honesty and openness can build bridges with families and co-workers in the community.

You Can't Celebrate That! reinforces how important it is that we begin talking with children about race and racism at a young age. If it is our mission to prepare children to live and succeed in our diverse and globalized world, our work begins here with intentional teaching about inclusion, equity, and identity. **A six-hour professional development will be given at the end of the third session. Refreshments will be served at each session.**

Crystal currently works as a consultant at the YMCA CCRR where she enjoys planning engaging and inspiring training opportunities for child care providers and parents. She has been an Early Childhood Educator for over 25 years. Crystal has her diploma in ECE, Infant Toddlers and Special Needs. She has supervised in a variety of inclusive child care settings including preschool, Infant Toddler, and Out of School Care programs. Crystal is passionate for providing quality and inclusive child care programs and supporting families and child care providers in the community.

Early Identification of Developmental Concerns

Presenters: Jojo Binning and Megan Pochurko (BC Centre for Ability)

Thursday November 3, 2022 • 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

Participants will learn about the value of developmental milestones and the importance of identifying developmental concerns/risks. Participants will learn strategies for identifying milestones and concerns and explore next steps. There will also be information about resources and supports in the community for children and families when developmental concerns are identified.

Jojo has been in the field for 11 years. She has experience working as Behavior Interventionist with children on the Autism Spectrum and worked as an Educational Assistant for the Vancouver School Board. She started in Aboriginal Supported Child Development and moved over to Supported Child Development with BC Centre for Ability in February of 2022. Her passion is working with children with diverse abilities and supporting families.

Megan has been in the field since 2013 and has experience working in group daycares, as a support worker, a CCRR Consultant and now as a SCD Consultant for the past 4 years. She believes that play is a child's most important work and that every child deserves a chance to succeed. She is passionate about quality childcare and inclusive spaces for all children and families.

Helping Young Children Discover Their World

Presenter: Georg Melzer

Saturday, November 5, 2022 • 9:30 - 11:30 AM

Burnaby/New Westminster CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

A preschooler's world is full of new discoveries. What simple things can we do to help children make the most of these discoveries? This workshop will demonstrate a basic approach for creating learning experiences that help children learn about their world. BC's Early Learning Framework will be used to provide guidance and inspiration.

Each participant will receive a learning resource that can help a preschooler learn something about their world.

Georg is a professor of Early Childhood Education at University of the Fraser Valley. He has designed many learning resources for the preschool environment.



The Importance of Sleep

Presenter: Sidney Shindle

Tuesday, November 8, 2022 • 7:00 - 9:00 PM

New Westminster Schools Welcome Centre

Fee: Free

Suitable for all early learning professionals and parents

Learn about the effects of poor-quality sleep and how it can affect job performance and overall health. During this session you will learn how to improve your sleep through easy-to-follow lifestyle and diet upgrades that will have you sleeping well and feeling better in your day-to-day activities with co-workers, children, family, and friends.

Sidney Shindle is a Certified Nutritional Practitioner. She runs a private practice in New Westminster, BC. She is also a lead faculty member at the Institute of Holistic Nutrition and co-founder of Valeo Wellness, a workplace wellness company whose goal is to empower employees to build a healthy work-life balance. With a decade of coaching experience in the sports realm, she applies similar approaches to her corporate wellness seminars and to her individual client work. She believes that by providing the right knowledge and tools, individuals are able to develop and sustain their own foundation of good health.

Young Children's Rough & Tumble Play

Presenter: Michelle Tannock

Wednesday, November 9, 2022 • 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

Apprehensions & Opportunities — young children gravitate towards opportunities to engage in varied forms of play. Physical interactions during play, while thoroughly enjoyable, can be complex and difficult for adults to interpret, particularly when play appears to be aggressive. Although often misinterpreted as aggression, rough and tumble play affords unique opportunities for the development of physical, social, and cognitive competency. This presentation will illustrate research on rough and tumble play and consider the distinct behavioural expressions of young children in early childhood settings. Perspectives of educators and families who appraise, consider, and intervene in guiding the play will be examined as rough and tumble play is considered within a framework of normative child growth and development.

Dr. Michelle Tannock is an early childhood educator and renowned researcher. She is currently Professor of Early Childhood Education at Douglas College and an Adjunct Professor at the University of Victoria. She has held posts at Thompson Rivers University and as an Associate Professor at the University of Nevada, Las Vegas. As a researcher, she coordinated a series of seminal studies examining the role of rough and tumble play in early childhood settings, the results of which have formed the basis for numerous international publications and presentations (keynotes, papers, and workshops).

Pathological Demand Avoidance (PDA)

Presenter: Pam Collins

Thursday, November 17, 2022 • 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

Pathological Demand Avoidance (PDA), Neurodiversity, Neurodivergence - These are a few of the buzz-words in many disability conversations including those of some of the children who will come into our care. What do these terms mean to you? Why does language matter? Autistic children often need extra support when processing requests or demands especially for things that may be unfamiliar or unpreferred. Those with a PDA profile experience severe anxiety over similar situations but also include everyday 'demands' such as hygiene, eating, dressing, and attending school. Parents, caregivers and educators often hear "I can't" and interpret it as "I won't". Let's see what is really happening for these children, how they respond and how we can support them.

Pam Collins very proudly identifies as neurodivergent and has two adult neurodivergent sons. She is an Autism/Neurodiversity Support Specialist and an Educator for Reach Child and Youth Development Society and has been supporting families, caregivers, and educators for over 23 years. She is a co-founder of the Richmond Autism Interagency Committee – a group dedicated to increasing opportunities for people with autism to be accepted and celebrated in their communities.

"To the world you may be one person, but
to one person you may be the world."

- Dr. Seuss



Relational & Reflective Practice & Responsive Curriculum for Infants & Toddlers

Presenter: Ward Nakata

Saturday, November 19, 2022 • 9:30 AM - 2:00 PM (30 min. lunch break)

Tri-Cities CCRR

Fee: \$20.00 members; \$25.00 non-members

Suitable for all early learning professionals and parents

The 3 new R's — Relational Practice, Responsive Curriculum and Reflective Practice with Infants and Toddlers. In this interactive workshop, we will examine the importance of the 3 R's with a focus on this young age group. Together we will share our stories and insights on how all three are interdependent and interwoven. Through images, video and lived experiences, we will explore and discuss strategies to successfully implement these practices as we flow through our work.

Ward Nakata has been an Early Childhood Educator for over 30 years. He lives on the unceded land and waters of the Musqueam people with his wife (also an Early Childhood Educator) and his 2 children. Ward is very dedicated to enhancing this sector through education. He has served 6 years on the Board of Directors of ECEBC and is an advocate for this profession.

Networking: Morning Coffee, Chat and Connect

Presenter: CCRR Consultants

Saturday, November 26, 2022 • 10:00 - 11:30 AM

Tri-Cities CCRR

Fee: \$5.00

Suitable for all early learning professionals

At this time of year, there are many different festivals to celebrate and acknowledge. Let us connect, explore, and share ideas on how we can learn about and celebrate these festive days, in a meaningful and respectful way. There will also be resources for you to take away and use in your child care setting. Coffee and breakfast will be provided.

A one-hour professional development certificate will be given to participants after the networking session.

Creating a Sense of Belonging in a Globalized World

Presenter: Stephanie Siqueira

Wednesday, November 23, 2022 • 7:00 - 9:00 PM

Tri-Cities CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

In this globalized world who are the children in our care? In this interactive workshop, we unpack the idea of plural and multiple identities for children and families. We will question the concept of belonging as it connects to plural and multiple identities. Together we will engage in a discussion of practice, using the BC Early Learning framework to guide us, and we will discuss the conditions needed to develop and expand a society of social inclusion and belonging.

Stephanie is a kindergarten teacher in the Surrey school district and teaches in the ECCE department at VCC. She is a Westcoast Board member since 2017. She enjoys supporting teachers and educators through professional learning opportunities focusing on social emotional and play-based learning. She began her career as an ECE in the lower mainland and has since developed a love for global education working in classrooms across Canada, Europe and Brazil.

Stephanie is passionate about bridging the gap between ECE and early primary and holds a BA ECE, BED, and M.ECEC.



Speech & Language Development in Early Years Part 1 & 2

Presenter: Shari Linde

Saturday, November 26 and December 10, 2022 • 9:30 AM - 12:45 PM (15 min. break)

Burnaby/New Westminster CCRR

Fee: \$30.00 members; \$40.00 non-members

Suitable for all early learning professionals and parents

**Two Day/6-Hour Course,
attendance is required for
both Part 1 & 2.**

This workshop will expand on Normal and Atypical Speech, Language and Communication in the Preschool Years. Participants will gain in-depth information on specific communication challenges, and strategies that they can use within their own educational settings. Specific emphasis will be placed on the following:

- Disorders of the voice
- Stuttering
- Augmentative and alternative communication
- Feeding and swallowing
- Bilingual and multilingual language development
- Specific strategies to facilitate communication

Shari Linde is the director of Advantage SLP, a Speech-Language Pathology clinic based out of Richmond, with a team of approximately 20 therapists. Therapists see clients in the Steveston clinic, in clients' private homes, or in healthcare or educational facilities. Shari has been a SLP for > 27 years. She is on the Registry of Autism Service Providers and has training in Hanen's "It Takes Two to Talk", "More Than Words", and "Talkability". Shari is also serving as the Chair of the Board of Directors for Speech-Language and Audiology Canada.

Networking: Games Night

Presenter: CCRR Consultants

Thursday, December 1, 2022 • 6:30 - 8:00 PM

Burnaby/New Westminster CCRR

Fee: \$5.00 members; \$5.00 non-members

Suitable for all early learning professionals

Are you in need of a refreshing evening of fun? If so, join us for a delightful board games and trivia night! Come to network with fellow early learning professionals, socialize through play, make memories, and destress with some good company. We will provide the games and snacks!

A one-hour professional development certificate will be given to participants after the networking session.

Breathing Your Culture into the BCACCS Curriculum Kits

Presenter: BC Aboriginal Child Care Resource & Referral

Saturday, December 3, 2022 • 9:30 AM - 12:45 PM (15 min. break)

Tri-Cities CCRR

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents

Join the BCACCS Aboriginal Child Care Resource and Referral (ACCRR) team as they share their process in developing cultural curriculum kits for early learning programs. The ACCRR has been developing and lending cultural resource kits for over a decade and is one of the most frequently borrowed resources through our library. Current items available: Drum, Salmon, Bear, Owl, Coyote, Raven, and Cedar kits. Soon to be released are Eagle, Canoe, and several Traditional Foods (Hunting, Plant Gathering, and Ocean Harvesting) kits.

The team is also in the process of developing kits for Beaver, Moose, and Birch. Our kits have been designed in hopes that individual communities will be able to add their own languages, stories and teachings as they use them with the children. In this workshop we will share our approach to building kits, resources for finding materials, and developing resource sheets to support the kits. Our team will share our ideas on how we hope programs and educators will bring their own knowledge, teachings and languages to the BCACCS kits or how they could build kits of their own.



The Critical Role Reflection Plays in Our Daily Practice as Educators

Presenter: Julie Hansen

Wednesday, December 7, 2022 • 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals

Discover the importance of setting boundaries for team members and yourself in a management role. Boundaries help to assist early years administrators in creating a cohesive team culture and supports more opportunities to help establish a better work/life balance for everyone. We also look at reflection in our daily practice and how we learn and grow from our mistakes as individuals and in early years teams.

Since completion of the Early Childhood program at Lucas Center for Continuing Education in 2001, Julie has been involved in the field in many ways. She has been a director of a preschool, worked for community-based programs such as the North Vancouver Recreation Commission, a children's book author, supervisor of 3-5 programs at VSOCC, a member of the childcare advocacy group of Early Childhood Educators of the North Shore and most recently a facilitator of curriculum-based workshops for Early Childhood educators and family daycare providers.

Networking: Holiday Brunch

Saturday December 17, 2022 • 10:00 - 11:30 AM

Tri-Cities CCRR

Fee: Free

Suitable for all early learning professionals

Join us for a morning of laughter, fun and connection!! After another year of caring for children and families we invite you to come celebrate the holiday season with us. We will play games, share ideas and, of course, have some refreshments. We look forward to sharing our morning with you! Coffee and breakfast will be provided.

A one-hour professional development certificate will be given to participants after the networking session.

Making Music Fun

Presenter: Christine Roskelley

Thursday December 15, 2022 • 7:00 - 9:00 PM

Burnaby/New Westminster CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

- **Participants are encouraged to wear a mask during the workshop as singing and active role-play are involved.**
- **Please bring a baby doll or baby size teddy to the workshop.**
- **The day's events will be sent home with you in a package including all lyrics and accompanying USB flashdrive.**

Come join Chris as she shares her passion for making music with young children. During this participatory workshop you will have an opportunity to learn new activities or perhaps breathe life into familiar songs and poems. We will spend the evening speaking, singing, moving and playing simple rhythm instruments.

Chris Roskelley is an early childhood educator with 39+ years experience. For the past 27 years she has been working as a self employed music enrichment specialist primarily at UBC Child Care services. Along with her work with children Chris teaches the music and movement component at Burnaby and Delta Continuing education in their ECE programs.



Communication - Bridge or Barrier

Presenter: Rishma Dhalla

Saturday, January 14, 2023 • 9:30 AM - 12:45 PM

(15 min. break)

Online via Zoom

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents

Do you feel sometimes as though it's difficult to be understood? Or do you feel like it's difficult for you to understand others? Communication is a vast medium which encompasses many layers. Once you learn better what your communication style is, you can begin to take steps to improve the effectiveness of your communication for more enriching relationships. Come learn from Rishma, a registered Occupational Therapist, about the intricacies of communication, including scientific research and some good old fun!

Rishma is an Occupational Therapist and owner of "OT4Life Occupational Therapy Services", a business aimed at helping to improve the lives of clients through education, therapeutic techniques, goal-setting, and experiential learning. Rishma has been an OT for almost 30 years, and has gathered extensive experience and research into wellness principles, including stress management. Rishma loves to share her knowledge through presenting workshops.

Proactive Approaches to Challenging Behaviours

Presenter: Debra Smith

Wednesday, January 18, 2023 • 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

In this workshop on Proactive Approaches to Challenging Behaviours, participants will explore the rationale behind behaviours, what they are and why they occur. We will explore strategies and different approaches to working with each unique child that presents us with challenging behaviours. Participants will have the opportunity to share their experiences as we all learn together how best to mitigate behaviours BEFORE they occur.

Read Debra's bio on page 6.



Policies & Procedures (Safety, Weather, Wildlife & First Aid)

Presenter: Jarrett Krentzel

Thursday, January 19, 2023 • 7:00 - 9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

In this workshop, we will focus on how to offer safe and comfortable Nature Education Programming for forest friends and beach buddies of all ages. In doing so, we will begin by discussing the definition, history, philosophy and benefits of Nature Education, how to start/integrate Nature Education in your (pre)school, child care centre, recreation program, etc. and requirements for a successful Nature Education Program. Once we've laid that foundation, we will then build upon that by diving deep into our policies & procedures (such as weather, wildlife, First Aid and more), where we will take a real close look at site assessment and how to manage risks and hazards. Come join us for this very informative workshop where you can begin adopting these safety protocols as soon as possible and start offering Nature Education Programming immediately!

Jarrett Krentzel is the Founder/Director of Hand-In-Hand Nature Education Inc. (HIH), an outdoor educational program located in the Comox Valley and Campbell River designed to offer a unique childhood learning experience for children 2-17 years old. Jarrett has over 20 years of experience teaching outdoor learning and nature/environmental education from preschools to universities in British Columbia, Yukon, New York, Oregon and California. He is a member of the BC Nature's Education Committee, Outdoor Early Learning Association of BC, Physical Literacy for Communities, Comox Valley Nature Educators, Cumberland's Ecology of the Forest Committee and Acorn Collective.

Children's Rights: Creating Rights Respecting Spaces

Presenter: Society for Children & Youth of BC

Saturday, January 21, 2023 • 9:30 AM - 2:00 PM (30 min. lunch break)

Tri-Cities CCRR

Fee: \$20.00 members; \$25.00 non-members

Suitable for all early learning professionals and parents

All children have rights, as defined by the United Nations Convention on the Rights of the Child. In our workshop we will explore the concept of rights, what it means to hold them, and the critical importance for students of a rights-respecting school environment. We will examine how educators can use a children's rights framework to inform their classroom, from physical design to curriculum and everything in between. Finally, we will try out some fun activities exploring children's rights that can be brought back to your workplaces.

Sarah Rush (she/her/hers) obtained her Master of Social Work from the University of British Columbia and a Bachelor of Arts in Anthropology from the University of Victoria. Sarah has over a decade of experience supporting children and youth who have experienced trauma, substance use, and a wide range of mental health concerns. Sarah has been providing therapeutic interventions across a variety of settings including residential treatment centers, inpatient/outpatient hospital settings, and community primary care. Sarah is trained in Dialectical Behavioural Therapy, Motivational Interviewing, Play Therapy, Emotion-Focused Family Therapy, and Trauma-Informed Practice.

Margie Sanderson (she/her/hers) has been passionate about advancing young people's rights for as long as she can remember, dating back at least to age 9 when she rallied her classmates to petition for changes at their elementary school. She has a particular interest in child-inclusive design, and a background working with youth in educational contexts, including 3 years on staff at a democratic free school. She has led classes, workshops, and discussion groups on children's rights for youth and adults. Outside of work, she enjoys exploring Vancouver on her bike and is always planning her next outdoor adventure.

Susan Russel-Csanyi (she/her/hers) has worked in the non-profit sector in British Columbia for over 4 years. She brings lived expertise in government care to the table and is currently a member of the National Youth in Care Advocates, BC Coalition to End Youth Homelessness, and is a Commissioner at BC Housing. She attended the University of Manitoba and adds a Bachelor of Physical Education to her diverse expertise forwarding all support resources for children and youth.

Autism - Strategies for Success

Presenter: Malgosia Tomanik

Wednesday, January 25, 2023 • 7:00 - 9:00 PM

Tri-Cities CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

Autism Spectrum Disorder affects communication, social interaction, reasoning, and behaviour. It is usually evident before a child turns three years old. It is estimated that 1 in 51 children ages 6 to 18 in British Columbia have autism. The purpose of this workshop is to provide a framework for supporting a child with this neurobiological disorder in a childcare setting. Also, we will explore the characteristics of autism, early diagnosis, and early intervention.

Malgosia Tomanik, M.Ed., is a Family Consultant who specializes in supporting children preschool to high school age and their "big people" in a variety of environments, including homes, schools, and child care settings. Malgosia is experienced in addressing concerns associated with the daily challenges of caring for a child who requires support, including helping to make sense of difficult behaviour and supporting the big people for each child in finding a way through. Malgosia also works as a Key Worker with the Fraser Valley Child Development Centre. She provides support to caregivers raising children and youth who are living with FASD, from birth to 18 years of age.

Exploring Materials with Inspiration from Reggio Emilia

Presenter: Wendy Halfnights

Saturday, January 28, 2023 • 9:30 AM - 12:45 PM (15 min. break)

Burnaby/New Westminster CCRR

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents

All participants are asked to bring 5 different materials (recycled or found) in individual ziploc bags.

Materials can be viewed as a language for expression to enhance learning and understanding in children. This workshop covers different kinds of materials, where to find them, and how to incorporate them into your curriculum. The workshop also reflects on qualities of materials, transforming materials, and how to create an attractive invitation to entice children to come and explore. We will also talk about creating a mini atelier within your classroom and how to support children in beginning to design with materials. This workshop is a combination of a PowerPoint presentation and several hands on group activities.

Wendy has worked for over 15 years as an Early Childhood Educator and 16 years as an Education Assistant in local School Districts. She was nominated for the Prime Minister's Award for Excellence in Early Childhood Education. Wendy is extremely passionate about the Reggio Emilia Approach, with many years of experience as a practicum supervisor and mentor in assisting others in implementing this approach. Come and enjoy an exciting opportunity to explore how to create inspiring spaces.

Networking: Self-Care Because You're Important Too!!

Presenter: Naz Chow

Saturday, January 28, 2023 • 10:00 - 11:30AM

Tri-Cities CCRR

Fee: \$5.00

Suitable for all early learning professionals

Come join Naz Chow, a Registered Occupational Therapist and Certified Life Care Planner, for a morning of self-care. Learn how to care for yourself both physically, emotionally and mentally while working with children and beyond in your everyday life. Coffee and breakfast will be provided.

A one-hour professional development certificate will be given to participants after the networking session.

Naz Chow is the owner/director of Optimum Therapy Rehabilitation Services, a rehabilitation company based out of Richmond since 1997. Optimum Therapy is a small group private practice consisting of occupational therapists, physiotherapists, and rehabilitation assistants (contractors). Naz provides community based occupational therapy and case management services to clients who have sustained brain injuries, orthopedic injuries, soft tissue injuries and mental health conditions. Her work also includes supervising Rehabilitation Assistants and Occupational Therapists in their implementation of community-based rehabilitation programs. She has been serving the College of Occupational Therapists of British Columbia in various roles including a Board Member, Quality Assurance Committee and currently serves as the Chair of the Inquiry Committee.

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Free
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Child Care Resource & Referral



Tri-Cities CCRR OPEN HOUSE!

Saturday, September 24, 2022 | 9:30 am - 12:30 pm

Come on by and visit our newly renovated space anytime between 9:30am - 12:30pm! We will have activities for you to familiarize yourself with the different areas in our office and the services we can provide for you. There will be refreshments, time to chat with our staff, and opportunities to network with other child care providers. We look forward to welcoming you all to our office to look around and meet our friendly staff, all while participating in fun, interactive activities!

Drop in any time between 9:30am and 12:30pm

Location: 1130 C Austin Avenue, Coquitlam

Suitable for all early learning professionals and parents

Scavenger Hunt | Make and Take | Door prizes drawn every half hour | Light Refreshments
Networking | Professional Development certificates provided

Register online at www.myyymca.ca or by phone at 604-931-3400



The YMCA CCRR program is funded by the Province of British Columbia



Ministry of
Education and
Child Care