



Child, Youth & Family Program Schedule

Fall 2022

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
MORNING								
	Indoor Family Playground 0-5 yrs 10:30-12:00 <i>Gym 2</i>	Indoor Family Playground 0-5 yrs 10:30-12:00 <i>Gym 2</i>	Indoor Family Playground 0-5 yrs 10:30-12:00 <i>Gym 2</i>	Indoor Family Playground 0-5 yrs 10:30-12:00 <i>Gym 2</i>			Indoor Family Playground 0-5 yrs 11:00-1:30 <i>Gym 2</i>	Indoor Family Playground 0-5 yrs 11:00-1:30 <i>Gym 2</i>
AFTERNOON								
					Youth Night Ages 13-18 4:00 - 7:00 Every other Friday starting Sept. 23, 2022 <i>Gymnasium</i>			
	Active Play 3-5 yrs 5:30-6:30 <i>Gym 2</i>	Active Play 3-5 yrs 5:30-6:30 <i>Gym 2</i>	Active Play 3-5 yrs 5:30-6:30 <i>Gym 2</i>	Active Play 3-5 yrs 5:30-6:30 <i>Gym 2</i>				
	Active Brains 6-12 yrs 5:30-6:30 <i>Large Centre</i>	Active Brains 6-12 yrs 5:30-6:30 <i>Large Centre</i>	Active Brains 6-12 yrs 5:30-6:30 <i>Large Centre</i>	Active Brains 6-12 yrs 5:30-6:30 <i>Large Centre</i>				
	Creative Play 3-5 yrs 6:30-7:30 <i>Large Centre</i>	Creative Play 3-5 yrs 6:30-7:30 <i>Large Centre</i>	Creative Play 3-5 yrs 6:30-7:30 <i>Large Centre</i>	Creative Play 3-5 yrs 6:30-7:30 <i>Large Centre</i>				
Multi Sports 6-12 yrs 6:30-7:30 <i>Gym 2</i>	Multi Sports 6-12 yrs 6:30-7:30 <i>Gym 2</i>	Multi Sports 6-12 yrs 6:30-7:30 <i>Gym 2</i>	Multi Sports 6-12 yrs 6:30-7:30 <i>Gym 2</i>					
EVENING								
				Youth Leadership Development Ages 10 - 18 6:30 - 8:30 <i>Youth Centre Classroom 3 Classroom 4</i>				
	Karate 6:30 - 8:30 <i>Studio 1</i>			Karate 6:30 - 8:30 <i>Studio 1</i>				

* This Schedule is subject to change.

Tong Louie Family YMCA - Revision Date: September 1, 2022

<p>Included with Membership</p> <p>These programs are included with the purchase of a membership.</p> <p>Members can sign their children into the program with our staff and get in a work out within the facility.</p> <p>Programs are available for children ages 3 - 5 and 6 - 12.</p>	<p>Registered Program</p> <p>Registered Programs are available for both Members and Non-Members. Turn the page for more information about session dates, times and fees for these programs.</p> <p>To register, go to the Membership Desk.</p>	<p>New Class/Location or Time Change</p> <p>We continue to strive to provide our community with quality programming. Please provide us with feedback and information to continue to improve.</p> <p>Cards available at the Membership Desk.</p>
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