



# YMCA CCRR Newsletter

## October 2022



Ah, October. Welcome back, crunchy fall leaves, pumpkin spices lattes, and spooky season! As you dig into and plan for the festivities that lie ahead this month, take a moment for yourself and read below about our program updates, child care news, library updates, latest articles of interest, family programming updates, and exciting events to attend. Enjoy!

### YMCA CCRR PROGRAM UPDATES

To all of the child care providers, ECE students, and parents who attended our Tri-Cities Open House on September 24th, THANK YOU! It was a huge success, and we felt such joy in being able to connect with all of you on your journeys in helping raise happy, healthy kids. We additionally extend a thank you to Bonita Zarrillo, the Member of Parliament for Port Moody—Coquitlam, who stopped by to offer her support and appreciation for the important work that you all do.



Our [Fall Training Schedule](#) is still going strong! Our line up in the months ahead of workshop and networking opportunities are chalk full of diversity, inclusion, and embracing of differences. Childcare providers and families alike can join us! Interested in registering? Registration for our workshop and networking events can be done fully online at [myymca.ca](https://myymca.ca)!

Does Fall have you in a bit of a program planning bind? If so, give our [Fall Seasonal Resource Sheet](#) a peek! If you need ideas about activities to try and resources you can borrow from our program to help supplement your curricula, we've got you covered.

Attention, ECE students! Are you living in our child care provider areas of the Burnaby, New Westminster, Tri-Cities, Anmore and/or Belcarra communities? If so, you can now borrow from our Early Learning Lending Library regardless of where your ECE program is located! Please see our updated [Toy and Resource Library User Guide](#) to find out more information about this change.

Have you checked out our online [early learning library catalog](#)? This is a resource solely dedicated to the pictures of all our resources throughout our office locations! It's pictures are sorted by type and age category, and it's a great way for you to get a quick idea about the early learning resources our program has available for you to borrow from. Give it a peek!

Do you know about our [YMCA CCRR Self-paced Online Workshops](#)? These are free workshops (training certificates provided) for professional development hours to use towards your training needs. Some of the workshops you can find on our online portal vary from Respectful Caregiving – Seeing Children as Capable and Competent, Literacy Beyond Worksheets, and The Impact of the Environment in Child Care. [Go check out the rest!](#)



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# CHILD CARE NEWS

The latest [ChildCareBC Bulletin](#) brings our attention to:

- Update: New Child Care Fee Reductions
- Reminder to Providers: National Day of Truth and Reconciliation and Orange Shirt Day
- Applications Now Open: Provincial Child Care Council



Past Editions of the ChildCareBC Bulletin can be found [here](#).

Child Care BC - [December 2022 changes to the Child Care Fee Reduction Initiative](#): the BC Government is reducing child care fees again – this time by as much as \$550 more per child every month, for families accessing care at participating licensed child care centres. Funding is being provided directly to eligible child care centres to lower fees – so families don't need to apply to get these additional savings. The BC Government is also significantly increasing funding for child care providers to support their operational costs, and limiting fee increases to ensure stability and predictability for both families and providers.

Child Care BC - [Supporting Child Wellness: Public Health Guidance for Communicable Disease \(including COVID-19\) Management in Child Care Settings](#): the BC Centre for Disease Control (BCCDC) has updated its public health guidance for communicable diseases.

Child Care BC - [Apply for the New Spaces Fund School Age Care on School Grounds Stream](#): A new application stream has also been launched to support the creation of new licensed spaces for school-aged children on school grounds for school districts, First Nation schools, First Nation independent schools, and not-for-profit independent schools throughout B.C.

Child Care BC - [Provincial Child Care Council](#): Click to learn about the Provincial Child Care Council and to submit an expression of interest.

BC Gov News - [New funding helps make back-to-school more affordable for families that need it most](#): The Province is helping make back-to-school more affordable for students and their families who are struggling with rising costs of living due to global inflation. Through the Student and Family Affordability Fund, \$60 million will help school districts make sure students are fed and have the school supplies they need to be successful this year.

BC Early Years PD Hub - [BC Early Years Professional Development Hub User Experience Survey](#): "As we mark the second anniversary of the BC Early Years Professional Development Hub we want to hear from our community of professionals about their experiences on the EYPD Hub and how we can better meet the needs of the early years sector".

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# Early Learning Library Corner



It is already the month of October and time sure is going by fast! We are entering into the fall season, and it is filled with fun activities such as exploring the change of color in the leaves, Thanksgiving and Halloween. Our following early learning library resources will help give you some fall inspiration and activity ideas in your program planning.

## **33644 Fall Leaves**

Trees, leaves, rocks, and real acorns will inspire children's curiosity about nature and the seasons. This resource also comes with a story book about a bear's first experience with the changing seasons and it is perfect for the littlest listeners.



## **07770 Loose Parts – Fall**

Open-ended materials give children the freedom to play and explore. They can be arranged and rearranged, and essentially be used by children to create their own rules and designs, allowing the focus of the experience to be on the process.



## **05097 Fall Exploration**

Not only do the leaves change colour, but insects also change in the fall, too! Discover these changes by talking with children about what bugs are doing, where they live and where we can find them. Share your experiences, and help children learn and explore a variety of insects.



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# Early Learning Library Corner



## 00254 Leaf Tiles

This is hands-on, interactive learning that help explore different types of leaves. Try placing paper over a leaf tile and rub it with a crayon to show the intriguing textures of fall leaves.



## 33958 Halloween Stories

Do you need circle time songs and stories for Halloween? This resource comes with easy and simple lyrics (sung to a popular tune) and a felt story. Easily create your own Halloween Story with the children with this wonderful resource.



## 31598 First Halloween

Halloween is fun and playful. These story books are perfect for infants and toddlers and are a great introduction to Halloween. Children will enjoy playing with ghosts, shapes, gravestones, houses, and wooden blocks.

## ARTICLES OF INTEREST

Parent's Canada - [After School Meltdowns? There's A Name For That](#): "The first month of school is under our belts. If you've noticed more challenging behaviours than normal in the after-school hours, you're not alone. Increased hyperactivity and meltdowns after school are so common, they even have a clinical name: after-school restraint collapse".

Canadian Centre for Policy Alternatives - [Alternative Federal Budget 2023: Rising to the challenge: An agenda for public leadership \(child care chapter\)](#): "The authors draw attention to the transformation of child care in Canada since the historic commitment to child care system-building outlined in the federal budget 2021. The report emphasizes that an effective transformation will require strong public leadership to move from Canada's longstanding, failed, market-based approach to a publicly managed system that recognizes, values, and funds child care as a public good".



Unicef - [It's Difficult to Grow Up in an Apocalypse](#): "It has also been noted that young Canadians were more vulnerable during lockdowns, reporting lower well-being and a decrease in mental health (Hawke et al., 2020; Statistics Canada, 2021). This may be due to school and daycare closures, which had an impact on some children and young people with underlying issues (e.g., those experiencing abuse or poverty) because it limited their access to opportunities and support (such as safety or nutrition). School closures have also been reported to impact on friendships, and cause isolation and feelings of anxiety and depression among many students (Public Health Ontario, 2020; Li et al., 2021). In addition, the pandemic created inequalities in the system, as young people experienced different levels of access to education and health services, placing some children and youth at greater risk than others (Whitley et al., 2021)."



"Don't just tell your children about the world, show them."

Penny Whitehouse

## FAMILY RESOURCES

Are you looking for drop-in programs to attend during the day with children that are aged 0-5? If so, we've got you covered with up to date program lists that span our provider communities!

- [Burnaby Drop-In Programs](#)
- [New Westminster Drop-In Programs](#)
- [Tri-Cities Drop-In Programs](#)



Did you know that our YMCA CCRR has a family resource program? [Circle of Friends](#) provides children with the opportunities to socialize, learn new skills, explore art activities, sing songs, enjoy stories, and more! Resources are additionally made available to learn more about child development, parenting issues and the supports available to you in your community. Join us!



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## EVENTS

### Burnaby

Halloween Howler: On October 29th Bring your family and have fun at this free Halloween event! Preschool and children's crafts, preschool ball pit and ride'em toys, children's gymnastic circuit, face painting, costume prize draws, photo booth and mini golf!

Monster Mash: Come swim with us on October 27th! Join us to have a blast playing water and deck games. Create creepy crafts or have fun in a Halloween hunt. Best costumes win a prize. Children 7 years old and under must be accompanied by an adult.

### New Westminster

New West Cultural Crawl: The New West Cultural Crawl is taking place October 15 + 16, 2022 from 11am to 5pm. Every year across the five boroughs of New West, local emerging and celebrated artists are featured in galleries, studios and civic destinations across the city. The New West Cultural Crawl invites residents and visitors to experience the life, art and culture that make New West unique. Pick up your 2022 New West Cultural Crawl guide at The Gallery at Queen's Park.

Fire & Rescue Open House - Fire & Rescue Open House Saturday, October 15, 2022 10:00 am - 2:00 pm Glenbrook Fire Hall, 1 East Sixth Ave Free admission! This is an exciting opportunity for the residents of New Westminster to join us for an interactive, behind the scenes look at the services we provide for the community, the agencies that we work side by side with, and information on home safety. There will be live demonstrations, equipment displays, fire & community safety booths, Sparky the Fire Dog and the New West Firefighters' Charitable BBQ by donation (all proceeds to New Westminster Firefighters' Charitable Society). Please call 604-519-1000 or email [fire@newwestcity.ca](mailto:fire@newwestcity.ca) for more information. Walk, bike or transit, as no parking available on site.



### Tri-Cities

Celebrations of Gratitude: Kick off your Thanksgiving weekend on October 8th with a dynamic presentation of poetry, music, and traditions from around the world that celebrate gratitude, harvest, and reflection. Following the presentation make a seasonal craft and enjoy homemade treats & drinks.

Diwali Family Day: On October 16th come celebrate the colourful and joyful holiday of Diwali with us at the Coquitlam Canadian Legion Hall. Enjoy music, food, dancing, crafts, and learn about tying saris, Indian jewelry and rangoli.

Additional events for the lower mainland can be found at: [Vancouver Mom](#) & [FamilyFunVancouver](#).

The YMCA Child Care Resource and Referral is here to help!

- Child Care and Community Referrals
- Affordable Child Care Benefit information and support with the application process
- Information on becoming a Licensed or Registered Child Care Provider
- Available start-up funding for Child Care Providers
- Curbside pick-up and drop-off of Early Learning Resources

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