

Aquatics Schedule effective November 14th - December 10th

Swim Lessons begin October 1st 2022

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

	Open/Lane swim 7:00am - 8:00am	Open/ Lane Swim 6:30am - 8:30am	Open/Lane swim 7:00am - 8:00am			
Y Aquafit 8:30am - 9:30am <i>*No classes on Nov 14, 21 & 28*</i>	Y Aquafit 8:00am - 8:45am	Y Aquafit 8:30am - 9:15am <i>*No class on Nov 23*</i>	Y Aquafit 8:00am - 8:45am		Open/Lane swim 8:00am - 9:00am	
Open/Lane Swim 9:30am - 10:00am	Open/Lane Swim 9:00am - 10:00am		Open/Lane swim 8:45am - 10:00am		Aquafit 9:00am - 9:45am	
Y Gentle Aquafit 10:00am - 10:30am	Y Aquafit 10:15am - 11:00am		Y Gentle Aquafit 10:00am - 10:30am		Swimming Lessons ONLY 10:00am - 1:30pm <i>*NO HOT TUB OR OPEN/LANE SWIM</i>	
Open/ Lane Swim 10:30am - 12:30pm	Pool/Hot Tub Closed 11:00am - 11:30am	Open/Lane Swim 9:15am - 1:00pm	Open Swim /LaneSwim 10:30am - 1:00pm			
	Open/ Lane Swim 11:30am - 12:30pm					
					Open/Lane Swim 1:30pm - 2:30pm	

Facility closed 1:30pm - 3pm

Swimming Lessons - 1 Lane and Hot Tub Only 4:00pm - 6:00pm	Swimming Lessons ONLY 5:00pm - 7:00pm <i>*NO HOT TUB OR OPEN/LANE SWIM</i>			Open/Lane Swim 3:00pm - 8:30pm		Facility Closed 2pm
Aquafit 6:00pm - 6:45pm	Open/Lane swim 7:00pm - 8:30pm <i>* 1 Lane Reserved for Swimming Lessons</i>				Facility closed at 5pm	
Open/Lane swim 6:45pm - 8:30pm						

Please note: Lifeguard courses may occur in the pool area anytime.

Chilliwack Family YMCA - Update: Nov 14 2022

Drop-in Fitness Class <i>Non-members pay drop in fee</i>	Pool/Hot Tub Closed for Lifeguard Break	** 2 lanes available, the other 3 lanes are reserved for swim lessons	Open/Lane Swim <i>Non-members pay drop in fee</i>	Swim lessons <i>members only</i>
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