



# Winter 2023 Training Schedule

YMCA Child Care  
Resource & Referral  
[gv.ymca.ca/ccrr](http://gv.ymca.ca/ccrr)

# Important Workshop Policies and Information

## Registration Information:

- Register online via [myymca.ca](http://myymca.ca) or by phone.
- After creating your online profile on [myymca.ca](http://myymca.ca), YMCA CCRR members registering for the first time will need to contact the YMCA CCRR to activate their online membership and receive the discounted members rate.
- Please note that in order to receive your confirmation and certificate of completion after attending a workshop, you will need to include your email address in your [myymca.ca](http://myymca.ca) profile.
- Payment options available: American Express, MasterCard, Visa or Debit. For your protection, please do not leave credit card information on our voicemail.
- Refunds and transfers will only be given to registrants who provide 5 working days notice. All withdrawals and transfers are subject to a \$5.00 administration fee, per workshop, regardless of notice given.
- Refunds will not be issued due to technical difficulties with your equipment.
- Workshops may be cancelled due to insufficient enrollment and other factors outside of our control. In the case of cancellation, a full refund will be issued.

## Workshop Policies:

- In person and online workshops start promptly at the time indicated. Participants will not be admitted 15 minutes after start time.
- Participants arriving late or leaving early will have their certificate adjusted.
- If you are feeling unwell and exhibiting COVID-19 or flu like symptoms please do not attend & risk infecting others.
- We cannot guarantee a scent-free environment, but as a courtesy to others please refrain from using scented products.
- We are unable to accommodate children during workshops or courses.
- Cameras need to be on and participant in view for the duration of the workshop to receive a certificate of completion.

## Workshop Locations:

**Tri-Cities CCRR:** 1130 C Austin Ave., Coquitlam • [ccrr@gv.ymca.ca](mailto:ccrr@gv.ymca.ca) • 604-931-3400

**Burnaby/New Westminster CCRR:** 4460 Beresford St., Burnaby • [ccrr@gv.ymca.ca](mailto:ccrr@gv.ymca.ca) • 604-294-1109

**New Westminister Schools Welcome Centre:** 820 6th St., New West. • [ccrr@gv.ymca.ca](mailto:ccrr@gv.ymca.ca) • 604-931-3400



*The YMCA Child Care Resource and Referral provides certificates of participation for a variety of workshops. When claiming a workshop or course for training hours it is the participant's responsibility to check with the ECE Registry or Community Care Licensing.*



Ministry of  
Education and  
Child Care

The YMCA CCRR program is funded by the Province of British Columbia  
The YMCA CCRR acknowledges the City of Burnaby for its support



# Responsible Adult

## 20 Hour Responsible Adult for Child Care Training Course



This course meets the required 20 hours training for "Responsible Adult" as stipulated by Child Care Licensing Regulations. The content covers child development, guiding behaviour, health, safety, nutrition and programming. The course is live and interactive, so participants must have video and audio capabilities, and participate and attend all sessions to receive certification.

### To sign up for this course participants must:

- Be 19 years of age
- Have minimum Grade 8 English written and oral skills
- Attend all scheduled sessions

### Once the training is complete, participants are eligible to work as a Responsible Adult in:

- School-age Child Care Programs
- Licensed Family Child Care
- Registered License-Not-Required Child Care
- As additional support or substitute in Licensed Preschool and Licensed Child Care Programs
- Summer Camps

**Dates:** Wednesdays & Fridays,  
January 25th - February 24th, 2023

**Time:** 10:00 AM - 12:00 PM

**Location:** Online via MS Teams

**Cost:** \$50

**Presenters:** Sandra Ostojic & Tazeen  
Bharucha, CCRR Staff

**Participants must attend all sessions in order to receive the certification at the end of the course.**

**Register online at [www.mymca.ca](http://www.mymca.ca)  
or by phone at 604-931-3400**

## Emergency Child Care First Aid / CPR Level B

**Presenter:** Pacific First Aid

Saturday, March 25th, 2023 • 9:00 AM-6:00 PM  
(30 min. lunch break, and two 15 min. breaks)  
**Tri-Cities CCRR • 1130 C Austin Avenue**

This course will include choking skills, breathing emergencies, and CPR for babies and children. The course also covers basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions. AED certification is also included.



## Communication - Bridge or Barrier

**Presenter:** Rishma Dhalla

Saturday, January 14th, 2023 • 9:30 AM-12:45 PM  
(15 min. break)  
**Online via Zoom**

Fee: \$15.00 members; \$20.00 non-members  
*Suitable for all early learning professionals and parents.*

Do you feel sometimes as though it's difficult to be understood? Or do you feel like it's difficult for you to understand others? Communication is a vast medium which encompasses many layers. Once you learn better what your communication style is, you can begin to take steps to improve the effectiveness of your communication for more enriching relationships. Come learn from Rishma, a registered Occupational Therapist, about the intricacies of communication, including scientific research and some good old fun!

*Rishma is an Occupational Therapist and owner of "OT4Life Occupational Therapy Services", a business aimed at helping to improve the lives of clients through education, therapeutic techniques, goal-setting, and experiential learning. Rishma has been an OT for almost 30 years, and has gathered extensive experience and research into wellness principles, including stress management. Rishma loves to share her knowledge through presenting workshops.*

**Please bring your own lunch, wear comfortable clothing and arrive 10 minutes before the course begins.**

**Payment and Registration: online at [www.pacificfirstaid.ca](http://www.pacificfirstaid.ca) or by phone at 604-638-1228.**

## Proactive Approaches to Challenging Behaviours

**Presenter:** Debra Smith

Wednesday, January 18th, 2023 • 7:00-9:00 PM  
**Online via Zoom**

Fee: \$10.00 members; \$15.00 non-members  
*Suitable for all early learning professionals and parents.*

In this workshop on Proactive Approaches to Challenging Behaviours, participants will explore the rationale behind behaviours, what they are and why they occur. We will explore strategies and different approaches to working with each unique child that presents us with challenging behaviours. Participants will have the opportunity to share their experiences as we all learn together how best to mitigate behaviours BEFORE they occur.

*Debra completed her ECE with IT and SN Certificates (1990) from the Douglas College ECE Program and continued her studies in development as she received her Bachelor's Degree in Child and Youth Care from the University of the Fraser Valley (2005). Her focus on human studies continued as she completed her M Ed in Counselling Psychology from the University of Victoria (2012).*

*Debra's interests are specific to children and adults with disabilities. She has extensive experience in working with a diverse range of children in preschool, daycare and after school care programs as an ECE, a Supported Child Development Consultant/Coordinator and a Director in a child care setting. Debra continues to work with community committees in the creation and development of supportive programs for children and families. Debra has presented workshops and presentations throughout the Lower Mainland on a variety of topics since 2001.*







## **Policies & Procedures (Safety, Weather, Wildlife & First Aid)**

**Presenter:** Jarrett Krentzel

Thursday, January 19th, 2023 • 7:00-9:00 PM

**Online via ZOOM**

Fee: \$10.00 members; \$15.00 non-members

*Suitable for all early learning professionals and parents.*

In this workshop, we will focus on how to offer safe and comfortable Nature Education Programming for forest friends and beach buddies of all ages. In doing so, we will begin by discussing the definition, history, philosophy and benefits of Nature Education, how to start/integrate Nature Education in your (pre)school, child care centre, recreation program, etc. and requirements for a successful Nature Education Program. Once we've laid that foundation, we will then build upon that by diving deep into our policies & procedures (such as weather, wildlife, First Aid and more), where we will take a real close look at site assessment and how to manage risks and hazards. Come join us for this very informative workshop where you can begin adopting these safety protocols as soon as possible and start offering Nature Education Programming immediately!

*Jarrett Krentzel is the Founder/Director of Hand-In-Hand Nature Education Inc. (HIH), an outdoor educational program located in the Comox Valley and Campbell River designed to offer a unique childhood learning experience for children 2-17 years old. Jarrett has over 20 years of experience teaching outdoor learning and nature/environmental education from preschools to universities in British Columbia, Yukon, New York, Oregon and California. He is a member of the BC Nature's Education Committee, Outdoor Early Learning Association of BC, Physical Literacy for Communities, Comox Valley Nature Educators, Cumberland's Ecology of the Forest Committee and Acorn Collective.*

## **Children's Rights: Creating Rights Respecting Spaces**

**Presenter:** Society for Children & Youth of BC

Saturday, January 21st, 2023 • 9:30 AM-2:00 PM

(30 min. lunch break)

**Tri-Cities CCRR • 1130 C Austin Avenue**

Fee: \$20.00 members; \$25.00 non-members

*Suitable for all early learning professionals and parents.*



All children have rights, as defined by the United Nations Convention on the Rights of the Child. In our workshop we will explore the concept of rights, what it means to hold them, and the critical importance for students of a rights-respecting school environment. We will examine how educators can use a children's rights framework to inform their classroom, from physical design to curriculum and everything in between. Finally, we will try out some fun activities exploring children's rights that can be brought back to your workplaces.

*Sarah Rush (she/her/hers) obtained her Master of Social Work from the University of British Columbia and a Bachelor of Arts in Anthropology from the University of Victoria. Sarah has over a decade of experience supporting children and youth who have experienced trauma, substance use, and a wide range of mental health concerns. Sarah has been providing therapeutic interventions across a variety of settings including residential treatment centers, inpatient/outpatient hospital settings, and community primary care. Sarah is trained in Dialectical Behavioural Therapy, Motivational Interviewing, Play Therapy, Emotion-Focused Family Therapy, and Trauma-Informed Practice.*

*Margie Sanderson (she/her/hers) has been passionate about advancing young people's rights for as long as she can remember, dating back at least to age 9 when she rallied her classmates to petition for changes at their elementary school. She has a particular interest in child-inclusive design, and a background working with youth in educational contexts, including 3 years on staff at a democratic free school. She has led classes, workshops, and discussion groups on children's rights for youth and adults. Outside of work, she enjoys exploring Vancouver on her bike and is always planning her next outdoor adventure.*

*Susan Russel-Csanyi (she/her/hers) has worked in the non-profit sector in British Columbia for over 4 years. She brings lived expertise in government care to the table and is currently a member of the National Youth in Care Advocates, BC Coalition to End Youth Homelessness, and is a Commissioner at BC Housing. She attended the University of Manitoba and adds a Bachelor of Physical Education to her diverse expertise forwarding all support resources for children and youth.*

## Autism - Strategies for Success

Presenter: Malgosia Tomanik

Wednesday, January 25th, 2023 • 7:00-9:00 PM

**Tri-Cities CCRR • 1130 C Austin Avenue**

Fee: \$10.00 members; \$15.00 non-members

*Suitable for all early learning professionals and parents.*

Autism Spectrum Disorder affects communication, social interaction, reasoning, and behaviour. It is usually evident before a child turns three years old. It is estimated that 1 in 51 children ages 6 to 18 in British Columbia have autism. The purpose of this workshop is to provide a framework for supporting a child with this neurobiological disorder in a childcare setting. Also, we will explore the characteristics of autism, early diagnosis, and early intervention.

*Malgosia Tomanik, M.Ed., is a Family Consultant who specializes in supporting children preschool to high school age and their "big people" in a variety of environments, including homes, schools, and child care settings. Malgosia is experienced in addressing concerns associated with the daily challenges of caring for a child who requires support, including helping to make sense of difficult behaviour and supporting the big people for each child in finding a way through. Malgosia also works as a Key Worker with the Fraser Valley Child Development Centre. She provides support to caregivers raising children and youth who are living with FASD, from birth to 18 years of age.*

## Exploring Materials with Inspiration from Reggio Emilia

Presenter: Wendy Halfnights

Saturday, January 28th, 2023 • 9:30 AM-12:45 PM

(15 min. break)

**Burnaby/New Westminister CCRR • 4460 Beresford Street**

Fee: \$15.00 members; \$20.00 non-members

*Suitable for all early learning professionals and parents.*

Materials can be viewed as a language for expression to enhance learning and understanding in children. This workshop covers different kinds of materials, where to find them, and how to incorporate them into your curriculum. The workshop also reflects on qualities of materials, transforming materials, and how to create an attractive invitation to entice children to come and explore. We will also talk about creating a mini atelier within your classroom and how to support children in beginning to design with materials. This workshop is a combination of a PowerPoint presentation and several hands on group activities.

*Wendy has worked for over 15 years as an Early Childhood Educator and 16 years as an Education Assistant in local School Districts. She was nominated for the Prime Minister's Award for Excellence in Early Childhood Education. Wendy is extremely passionate about the Reggio Emilia Approach, with many years of experience as a practicum supervisor and mentor in assisting others in implementing this approach. Come and enjoy an exciting opportunity to explore how to create inspiring spaces.*

## Networking: Self-Care Because You're Important Too!!

Presenter: Naz Chow

Saturday, January 28th, 2023 • 10:00-11:30 AM

**Tri-Cities CCRR • 1130 C Austin Avenue**

Fee: \$5.00

*Suitable for all early learning professionals.*

Come join Naz Chow, a Registered Occupational Therapist and Certified Life Care Planner, for a morning of self-care. Learn how to care for yourself both physically, emotionally and mentally while working with children and beyond in your everyday life. Coffee and breakfast will be provided.

**A one-hour professional development certificate will be provided.**

*Naz Chow is the owner/director of Optimum Therapy Rehabilitation Services, a rehabilitation company based out of Richmond since 1997. Optimum Therapy is a small group private practice consisting of occupational therapists, physiotherapists, and rehabilitation assistants (contractors). Naz provides community based occupational therapy and case management services to clients who have sustained brain injuries, orthopedic injuries, soft tissue injuries and mental health conditions. Her work also includes supervising Rehabilitation Assistants and Occupational Therapists in their implementation of community-based rehabilitation programs. She has been serving the College of Occupational Therapists of British Columbia in various roles including a Board Member, Quality Assurance Committee and currently serves as the Chair of the Inquiry Committee.*



**All participants are asked to bring 5 different materials (recycled or found) in individual ziploc bags.**



## Promoting Imagination in a Media-Saturated World

Presenter: Dr. Kym Stewart

Thursday, February 2nd, 2023 • 7:00-9:00 PM

**Online via ZOOM**

Fee: \$10.00 members; \$15.00 non-members

*Suitable for all early learning professionals and parents.*

Our current circumstances have made parents and educators rely on more screen time to educate and entertain young children. But how do we find balance to promote creativity, imagination, and engagement in this screen-dependent world? This workshop will examine current research on the impact of screen time on young children's development, creativity, and engagement. It will also provide educators with resources to enhance young children's imaginative capacities via curriculum initiatives seen in the education frameworks of imaginative education.

*Kym Stewart holds a PhD in Education and an M.A. in Communications from Simon Fraser University. Her PhD thesis explores her decades of media research, including various projects looking at children's media culture and media education practices. Her M.A. also explored youth media culture and is one of the earliest explorations of South Korea's youth gaming and PC-Bang culture. She currently works as an instructor in the School of Communication at Capilano University.*

## Nature Based Activities for Infants & Toddlers

Presenter: Alix Wilson

Wednesday, February 8th, 2023 • 7:00-9:00 PM

**Online via ZOOM**

Fee: \$10.00 members; \$15.00 non-members

*Suitable for parents and early learning professionals working with infants and toddlers.*

This online workshop will focus on a brief definition of nature-based programming, from outlining the benefits of caring for infants and/or toddlers outdoors, building confidence to get outside on a daily basis, and introducing examples of activities that can be incorporated into your program right away. Come prepared to share your experiences, hear others' experiences, and engage in discussion about how to engage with nature in safe, comfortable and meaningful ways with infants and/or toddlers. Once you discover that you only need the simplest of resources...you, the children you care for and nature, you may never go indoors again!

*Alix has been working in the Early Years field for over a decade, starting with a nature-based program that she ran out of her home for 5 years and having the great honour to build Hand-In-Hand Nature Education with Program Director, Jarrett Krentzel in 2015. She is an instructor in the ECCE program at North Island College, and deeply involved in the ECE community including Assistant Director and Program Coordinator for Hand-In-Hand, a member of the Comox Valley Early Years Collaborative and part of the Peer Mentoring project.*

## Why Does Sitting Still Equal Learning

Presenter: Rae Pica

Saturday, February 4th, 2023 • 9:30 AM-12:45 PM  
(15 min. Break)

**Online via ZOOM**

Fee: \$15.00 members; \$20.00 non-members

*Suitable for all early learning professionals and parents.*

This presentation debunks the myth that the mind and body are separate and unrelated. If we heed the research, nature's plan, and child development, we understand it's vital that active learning and physical activity be part of the child care and the child's day, for the sake of both body and mind. The result will be more engagement, fewer disruptions, and children who retain more of what they learn!

*Rae has been an education consultant dedicated to the development and education of the whole child since 1980 and is the most-published author in the fields of children's physical activity and active learning. A former adjunct instructor with the University of New Hampshire, she is the author of 21 books, including the textbook Experiences in Movement and Music and, most recently, What If We Taught the Way Children Learn?, What If Everybody Understood Child Development?, and Acting Out!: Avoid Behavior Challenges with Active Learning Games & Activities.*



## Risk Taking in Play: It's Too Dangerous Not To! Part 1 & 2

Presenter: Sophie Cooper

Thursday, February 9th and 16th, 2023 • 7:00-9:00 PM

Online via Zoom

Fee: \$20.00 members; \$25.00 non-members

*Suitable for all early learning professionals and parents.*

Risk-taking provides some of life's most thrilling, empowering and educational experiences and is an innate part of children's play. Coming from a play-work perspective this interactive workshop will look at how our risk-averse society has impacted children and childhood, including our own personal comfort levels. Through group exercises and discussion participants will take practical steps, including using a risk-benefit assessment tool, to identify where and how children in their care can test their physical and emotional limits, while reducing the likelihood or severity of harm.

*Sophie Cooper has 20 years experience in child-directed free play and in play-work training for adults. Sophie started out as a play ranger supporting inclusive play provision in South Wales and went on to co-develop and deliver a ground-breaking play-work development course for Play Wales: 'Play-work Principles into Practice'. She is a qualified play-worker and play-work trainer with a Forest School Level 1, a Masters' Degree in Community Education and a Post-Graduate Diploma in Youth and Community Work.*

## Making Music For Fun...Spring has Sprung!

Presenter: Christine Roskelley

Saturday, February 11th, 2023 • 9:30 AM-12:45 PM

(15 min. break)

**Burnaby/New Westminster CCRR • 4460 Beresford Street**

Fee: \$15.00 members; \$20.00 non-members

*Suitable for all early learning professionals and parents.*

With spring a few short weeks away let's get ready to make music with renewed energy and music experiences. We will explore songs, speech, movement and instruments focused on all things spring including birds, bugs, animals and things that grow. Consideration will be given to building relationships and community with music! Come ready to move sing and play. You will leave the workshop with all the lyrics covered in our session along with a USB flash drive with all the melodies.

*Chris Roskelley is an Early Childhood Educator with close to 40 years of experience. For the past 27 years she has worked as a self-employed music enrichment teacher primarily at UBC Child Care. Along with her work with children Chris also teaches the music and movement course in the ECE Continuing Education programmes in Burnaby and Delta.*



## Networking: Making Science Fun

Presenters: CCRR Consultants

Thursday, February 23rd, 2023 • 6:30-8:00 PM

**Burnaby/New Westminster CCRR • 4460 Beresford Street**

Fee: \$5.00

*Suitable for all early learning professionals and parents.*

Bring your curiosity, enthusiasm and wonder to join us for an evening of exploration with other child care providers! We will be exploring science experiments you can easily use in your centre to engage and expand children's learning. A light meal will be provided.

**A one-hour professional development certificate will be provided.**





**Maachi Kashkihtow Mamawii  
(Together Sharing Metis Culture)**

Presenter: Pawandeep Mann

Tuesday, February 28th, 2023 • 6:30-9:00 PM

**New Westminster Schools Welcome Centre • 820 6th St.**

Fee: Free

Suitable for all early learning professionals and parents.



**MÉTIS NATION**  
BRITISH COLUMBIA

**A two-hour professional development certificate will be provided.**

Métis Nation British Columbia Ministry of Education presents a workshop in understanding, identifying, and supporting Métis children and culture in early years programming. Through an interactive workshop, facilitators will share information on Métis history and culture in Canada. Understanding who Métis are, and ways individuals can connect. Through cultural resources, facilitators will demonstrate how to incorporate cultural items into early years programs and activities, to ensure children learn more about the Métis culture. Métis children and families will begin to see themselves reflected in the programming provided within their community. Throughout the workshop participants and facilitators will encompass and reflect on the Métis core values while engaging in an interactive workshop that focuses on relationships, connectivity and collaboration of knowledge and learning. A light meal will be provided.

*Pawandeep has worked with children and families in the Early Childhood Education field for 12 years. Pawandeep has worked in a variety of Child Care programs, in daycare, preschool and junior kindergarten. Her interest in Métis culture grew from her youth when she experienced Fort Langley which led her to a Bachelor of Arts in English and History. She has experience facilitating Good Beginnings and working with families and Child Care programs in her outreach position at CCRR. She now works as an ally to MNBC helping promote Metis culture and continues her learning journey.*

**Eco-Caregiving: Empowering Potential In  
Children, Our Future**

Presenter: Michelle Riddle

Thursday, March 2nd, 2023 • 7:00-9:00 PM

**Online via Zoom**

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents

Participants will:

- Explore how interconnections with our natural world relate to sustainable futures for our global family
- Discover how, with self-directed and experiential learning, nature is our best teacher
- Enhance social-emotional and neuro-motor development of children with natural materials, gardening, and an eco-friendly environment
- Develop skills to inspire the societal changes we need to protect our world for the generations to come
- Empower potential so we can all experience happy, healthy, fulfilling lives

*Michelle Riddle is an Occupational Therapist, Holistic Nutrition Consultant, Director of Resilient Health, and an Adviser with the University of Alberta, Neurosciences Program. She is a Queen's University Graduate and internationally acclaimed speaker. She develops evidence based, client-centered programs that target the roots of function to empower mental, physical, and emotional balance with the children she serves.*

**The Capable and Confident Infant (RIE)**

Presenter: Alicia Kirlik

Saturday, March 4th, 2023 • 9:30 AM-2:00 PM

(30 min. lunch break)

**Tri-Cities CCRR • 1130 C Austin Avenue**

Fee: \$20.00 members; \$25.00 non-members

Suitable for parents and early learning professionals working with infants and toddlers.

Are you an infant toddler educator who wants to build strong relationships with the children in your care? A 3-5 or school age educator who does break coverage in an infant program? Or an in-home provider wondering how to care for an infant alongside the older children? This workshop is inspired by the work of Madga Gerber and the principles of the RIE educating approach. Participants will explore the idea of seeing infants as intelligent participants in their environment. There will be an engaging mix of presentation, group discussion and active role-play.

**Please bring a baby sized doll/large stuffed animal, a diaper, and wear clothing that you would feel comfortable enough to move around in.**

*Alicia began her journey as an ECE in 2011 working as an assistant in an infant toddler classroom. She then worked in various preschools, group care and out of school care programs. After running her own RIE® inspired parent and infant play classes for a season she is now at home with her own two little humans. She enjoys adventuring outdoors, growing plants, embroidering plants and eating rice pudding.*

## Separation Anxiety & Attachment

Presenter: Christine Yu

Wednesday, March 8th, 2023 • 7:00-9:00 PM

**Online via Zoom**

Fee: \$10.00 members; \$15.00 non-members

*Suitable for all early learning professionals and parents.*

This workshop will help people working with children in their early years understand separation anxiety. Discussions will focus on the importance of building secure attachments to support young children, and practical ways to foster secure attachment between children and their caregivers. Attendees will also learn fun, evidence-based strategies to help young children (and their families) better manage separation anxiety.

*Christine has worked extensively in the field of anxiety, both as a researcher and a practitioner. She completed her Masters degree in Counselling Psychology at UBC and is currently working as a Registered Clinical Counsellor in private practice and at a non-profit agency. In addition to individual and family therapy, Christine also conducts workshops and presentations about childhood anxiety for schools and parent-groups in communities around the Lower Mainland.*

## Young, Wild, and Growing

Presenter: Dr. Minnie Mossop

Saturday, March 11th and 25th, 2023 • 9:30 AM-2:00 PM

(30 min. lunch break)

**Burnaby/New Westminister CCRR • 4460 Beresford Street**

Fee: \$40.00 members; \$50.00 non-members

*Suitable for all early learning professionals and parents.*

In group child care settings, early childhood educators deal with behavioural issues every single day. This workshop provides an opportunity to see common challenging behaviours among infants, toddlers, and preschoolers with an early childhood mental health approach. This workshop is not intended to change children directly but change them via our interactions with them.

**Two Day/8-Hour Course, attendance is required for both Part 1 & 2.**

*Dr. Minnie Mossop is a passionate infant and toddler specialist with a Ph.D. and MA in Infant and Early Childhood Development and an M.Ed. in Early Childhood Education. Her research interests cover various mental health areas (e.g., attachment, brain development, co-regulation) of young children, especially infants and toddlers. She is a faculty member of the Early Childhood Education Program at Douglas College.*

## Networking: Bring on the Spring!

Presenters: CCRR Consultants

Saturday, March 11th, 2023 • 10:00-11:30 AM

**Tri-Cities CCRR • 1130 C Austin Avenue**

Fee: \$5.00

*Suitable for all early learning professionals.*

Come join our CCRR staff for a morning of springtime activities. We will share ideas on how to incorporate spring indoors and outdoors in your program. We will do hands-on activities that you can take back and share with the children you work with. Coffee and breakfast will be provided.

**A one-hour professional development certificate will be provided.**



## Networking: Playful Storytelling

Presenters: CCRR Consultants

Tuesday, March 14th, 2023 • 6:30-8:00 PM

**New Westminister Schools Welcome Centre • 820 6th St.**

Fee: Free

*Suitable for all early learning professionals.*

Have you ever tried using a story basket to help you share a tale with young children? With just a few simple items you can bring a story to life which can stimulate imagination and interest. In this workshop we will put together some materials to recreate a favorite story adding a playful and fun twist to your circle times! A light meal will be provided.

**A one-hour professional development certificate will be provided.**





## Reconcil“action”, Truth and Land Based Pedagogies In ECE

Presenters: Kristin Webster & Bronson Charles

Thursday, March 16th, 2023 • 7:00-9:00 PM

**Online via Zoom**

Fee: \$10.00 members; \$15.00 non-members

*Suitable for all early learning professionals and parents.*

This workshop addresses ways in which Early Childhood Educators can consider ways to think about Decolonizing ECE practices that disrupt the status quo. The current colonial approaches to our systems of education do not benefit those of our most vulnerable populations nor do they engage in land based education alongside our more-than-human counterparts.

Objectives:

- Gain knowledge on how to engage in social justice issues with children
- Explore how to create a curriculum that fosters understanding, belonging and empathy
- Appreciate how to bridge difficult topics in ways that children can understand
- Recognition of the TRC's 94 calls to action, in particular that of education
- Explain how embracing social justice topics can enrich programming

*Kristin Webster was a senior educator for UBC Child Care Services (Salal) for 20 years. In July 2020 she became a pedagogist for the Early Childhood Pedagogy Network of BC. She is passionate about decolonizing Early Childhood practices, and thinking deeply about what it means to live and be on the land that has histories preceding colonization. In June of 2016, Kristin was honored to receive a BC Child Care award of Excellence in Innovation for her work on Reconciliation and Indigenous place at work.*

*Bronson Charles is currently an ECED student at Vancouver Community College. He is an advocate for cultural revitalization and is of Musqueam descent.*

## Understanding Defiant Behaviour & Cultivating Resilience

Presenter: Colleen Drobot

Saturday, March 18th, 2023 • 9:30 AM-2:00 PM (30 min. lunch break)

**Tri-Cities CCRR • 1130 C Austin Avenue**

Fee: \$20.00 members; \$25.00 non-members

*Suitable for all early learning professionals and parents.*

**One Day/4 Hours/2 Topic Workshops,  
attendance is required for the full day.**

### You're Not the Boss of Me!

Children are naturally inclined to resist and oppose when feeling pressed upon or controlled. Although the reaction is quite normal and even healthy in certain circumstances, its manifestations and impact can be highly disruptive, making life difficult for educators, childcare providers, and parents. It can create significant challenges in both the learning and behavioural spheres. Colleen will discuss the meaning of this deep-rooted instinct and the dynamics that control its existence and expression. She will provide strategies to help adults reduce the effects of oppositional behaviour and deepen attachment and cooperation with children.

### Supporting Children Face Vulnerability & Gain Resilience

Humans are some of the most adaptive creatures on the planet. Many of us are able to overcome adversity and find creative solutions to our problems, but unfortunately this is not the case for everyone. Raising resourceful and resilient children has never been more important. Children must face disappointment, loss, and circumstances they cannot change. How can we cultivate resilience so that children will not only endure these experiences, but will be able to gain strength and confidence in their ability to cope with them? In this presentation, Colleen will uncover the roots of resilience and offer ideas as to how we can foster this process in children. She will also include how to handle meltdowns and frustration without harming the relationship between adult and child.

*Colleen Drobot is a registered professional counsellor with a private practice in North Vancouver. She provides therapy for adults and offers parent consulting using a developmental, attachment-based approach. She also works with school districts and other professionals to help make sense of children and adolescents. She is an educator with over 20 years of experience working with children in a regular classroom or in special needs settings. She is an adjunct faculty member of the Neufeld Institute and has worked with Dr. Gordon Neufeld for many years.*

## Intro to Ukulele Fun!

Presenter: Corene Brown

Wednesday, March 22nd, 2023 • 7:00-9:00 PM

Tri-Cities CCRR • 1130 C Austin Avenue

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Want to add more music to your circle times but are intimidated by the guitar and are sick of egg shakers? Introducing the versatile, easy-to-learn and adorable ukulele! Children will be charmed by this fun instrument that you can't help but smile when you listen to it. At this two-hour hands-on workshop, you will learn how to strum, basic chords to some fabulous children's songs. No musical experience required! The class will include a booklet of songs and chords to practice at home.

### Free Ukulele to Take Home with You!

Corene Maret Brown is the Programs & Youth Services Coordinator at the Port Moody Public Library and is an enthusiastic amateur ukulele player. She taught herself ukulele through a combination of hubris (how hard can this be?) and watching YouTube videos. She plays ukulele at story times, classroom visits and does a mean version of the Gilmore Girls theme song.

## How Imagination Can Inform Inclusion

Presenter: Annabella Cant

Thursday, March 30th, 2023 • 7:00-9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Inclusion is a difficult concept and an even more difficult reality. This workshop will walk the participants through a multitude of practical and theoretical aspects of inclusion that will try to shift some of the usual misconceptions and fears around this complex aspect of the ECCE everyday pedagogy. Annabella will introduce the participants to the theory of Imaginative Education and will demonstrate and invite the audience to practice, along with her, some of applications of the somatic cognitive tools. She will also share a few of her own experiences and realizations from working with young children.

Annabella is a professor in Early Childhood Education at Capilano University and sessional instructor at SFU. Annabella received the 2019 Teaching Excellence Award from Capilano University, speaks at ECCE conferences, sits on the Academic Council of the Centre for Imagination in Research, Culture and Education and is the initiator and editor-in-chief of the online journal: *Childhoods and Pedagogies*. She has been practicing ECCE since 1994 in both Canada and Europe.



**Thank you from the YMCA CCRR!**

Stay in the know!



@YMCACCRR



Facebook.com/YMCACCRR



@YMCACCRR

**Subscribe to our newsletter:**

[gv.ymca.ca/ccrr-updates](http://gv.ymca.ca/ccrr-updates)



Ministry of  
Education and  
Child Care