YMCA Child Care Resource & Referral

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Winter 2023: New Westminster Drop-in Programs Online and In-Person*

Agency	Program Name	Program Description	Location/Time	Registration Details
City of New Westminster	Family Gymnastics Drop-In	Come on in and enjoy tumbling, jumping, learning and of course having fun in this great family program.	Queens Park Sportsplex, 51 Third Avenue (Queens Park) Tuesdays, 6:00 pm – 7:15 pm; 7:30 pm – 8:45 pm; December 6th – 20th	$2.00 per person Ages: 0-99 yrs More information: newwestcity.ca
City of New Westminster	Parent & Tot Drop-In	Team up with your toddlers for an exciting introduction to the wide skies of gymnastics.	Queens Park Sportsplex, 51 Third Avenue (Queens Park) Tuesday, Wednesdays, Thursdays 9:30 am – 10:25 am December 6th – December 21st	$4.75 per person Ages: 1-6 yrs More information: newwestcity.ca
Family Services of Greater Vancouver	Creative Explorations (18 months-6yrs)	Children explore their creativity through arts and crafts, songs, and stories with their caregiver's participation.	Olivet Church, 613 Queens Avenue Mondays, February 6 – March 6 (4 sessions) 9:30 am – 12:00 pm (bus tickets available, if needed)	Contact: 604-368-2154 or ceds-nw@fsgv.ca
Family Services of Greater Vancouver	Parents Connect (0 – 6yrs)	Meet and connect with other parents and participate in guided discussions.	Olivet Church, 613 Queens Avenue Fridays, February 3 – March 10 (6 sessions) 9:30 am – 12:00 pm (bus tickets available, if needed)	Contact: 604-368-2154 or ceds-nw@fsgv.ca
Family Services of Greater Vancouver	Single Moms Group (For Parents raising children 0-6yrs)	Learn about community resources and connect with other moms about the ups and downs of solo parenting.	Olivet Church, 613 Queens Avenue Wednesdays, February 8 – March 8 (5 sessions) 4:30 pm – 6:30 pm (bus tickets available, if needed)	Contact: 604-368-2154 or ceds-nw@fsgv.ca

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Family Services of Greater Vancouver	Let's Cook Together (0-6yrs)	Parents learn food skills and how to cook healthy recipes on a budget while their children play. A great opportunity to meet other in the community!	École Qayqayt Elementary, 85 Merivale St, New Westminster Wednesdays, January 4- February 22 (8 sessions)	Contact: 604-368-2154 or ceds-nw@fsgv.ca
Family Services of Greater Vancouver	Raising Exceptional Children	Support for parents with neurodiverse children. Connect with other parent to share the challenges and joys of parenting exceptional children and learn about community resources.	This is a virtual ZOOM program Date: Last Saturday of the month 10:00 am	Contact: 604-368-2154 or ceds-nw@fsgv.ca
New West Family Place	Family Drop-in @ Eighth + Eighth Gym aka Massey	Enjoy a chance to connect with other families and chat with our staff. Our Family Support Workers are available to help you access the resources your family needs to thrive!	Massey Theatre Gym, 735 8th Avenue Monday, Wednesday 9:30 am - 12:30 pm Fridays 9:30 am - 11:30 am Barring holidays, NWFP programs will run Monday-Friday until December 16th	Contact: info@nwfamily.bc.ca
New West Family Place	Family Drop-in @ Qayqayt NLC	Enjoy a chance to connect with other families and chat with our staff. Our Family Support Workers are available to help you access the resources your family needs to thrive!	QayQayt Neighbourhood Learning Center, 85 Merivale Street Monday, Thursday, Friday 9:30 am - 12:30 pm Tuesdays 9:30 – 11: 30 pm Barring holidays, NWFP programs will run Monday, Friday until December 16th	Contact: info@nwfamily.bc.ca
New West Family Place	Family Drop-in @ Qayqayt NLC	Enjoy a chance to connect with other families and chat with our staff. Our Family Support Workers are available to help you access the resources your family needs to thrive!	QayQayt Neighbourhood Learning Center, 85 Merivale Street Monday, Thursday, Friday 9:30 am - 12:30 pm Tuesdays 9:30 – 11: 30 pm Barring holidays, NWFP programs will run Monday-Friday until December 16th	Contact: info@nwfamily.bc.ca

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New West Family Place	Baby Rhythm & Rhyme	A chance for parents/ caregivers and their babies to come and dance, sing, and feel uplifted as a group. This is running as a drop-in session. No registration required	QayQayt Neighbourhood Learning Center, 85 Merivale Street Wednesdays 1:00 – 2:00 pm Barring holidays, NWFP programs will run Monday-Friday until December 14th	Contact: info@nwfamily.bc.ca
New West Public Library	Baby Time	Connect with other parents and spend quality time with your little one as we learn rhymes, sing songs, and read stories for babies.	New West Public Library - Main branch, 716 6th Ave Thursdays: 10:30 – 11:00 am New West Public Library – Queensborough branch, 920 Ewen Ave Wednesdays 12:30 – 1:00 pm September 14th – December 15th January 19th - March 9th	For more information, visit: https://www.nwpl.ca/events-calendar/
New West Public Library	Story Time	Join us for fun stories, rhymes, and songs for 2-5 years	New West Public Library - Main branch, 716 6th Ave Tuesdays: 10:30 – 11:00 am Wednesdays: 6:30 – 7:00 pm September 13th – December 14tt Tuesdays: 10:30 – 11:00 am Wednesdays: 11:30 am – 12:00 pm January – March 8th New West Public Library Queensborough branch, 920 Ewen Ave Wednesdays: 11:30am – 12:00pm September 13th – December 14th	For more information, visit: https://www.nwpl.ca/events-calendar/
Purpose Society	Pitter Patter Circle Time	This program focuses on parent and child interactions, decreasing social isolation and increasing community connections. Enjoy family playtime, stories, songs, arts & crafts and make new friends and connections with other families.	422 6th St, New Westminster Mondays: 10:00 am – 12:00 pm Runs 3 times per year: January-March; April-June; September-December 2022	To register: mail@purposesociety.org or phone 778 727 0786, ext. 205. This group is for pregnant women and families with children under 36 months and their caregivers.

Agency	Program Name	Program Description	Location/Time	Registration Details
Purpose Society	Family Circle	Join us fora fun filled indoor and/or outdoor program at local NW parks. Come play, make new friends, participate in circle time, create arts and crafts and so much more! For families with children aged 3-6yrs.	422 6th St, New Westminster Thursdays: 10:00 am – 12:00 pm September-December 2022	To register: mail@purposesociety.org or phone 778 727 0786, ext. 205.
Purpose Society	Let's Play! Family Time with Purpose	This program focuses on parent and child interactions, decreasing social isolation and increasing community connections.	422 6th St, New Westminster Tuesdays: 10:00 am – 11:30 am	To register: mail@purposesociety.org or phone 778 727 0786, ext. 205.
Spirit of the Children Society	Soaring Eagles Play Time (For families with children from birth to 6 years old.	Join us for our Indigenous family online We focus on traditional teachings, such as the Medicine Wheel and the Seven Sacred Teachings.	Online Via Zoom Thursdays: 3:00-3:45 pm Fridays: 10:30 – 11:15 am	To register, visit: https://sotcs.ca/referrals/

StrongStart Centres in School District 40

Strong Starts are free drop-in early learning programs for children aged 0-5 years, accompanied by a parent or caregiver. There are 3 Strong Start Centres in SD40.

New Westminster Schools Welcome Centre

Provides support to new families entering SD40. Connect with a City Navigator — a reference specialist who can help local residents explore and connect with all that the city has to offer. A City Navigator can also connect families new to Canada with community and in-house supports and services, such as settlement workers who can provide support in a variety of languages. Located at 820 6th Street, New Westminster.

604-517-6200 | newwestschools.ca

School	Days and Hours	Registration Details
Queensborough Middle	*M-F* 9:00 - 11:30 am M-Th 12:30 – 2:30 pm	https://newwestschools.ca/programs-services/early-learning/strongstart/
Connaught Heights Elementary	*M-F* 9:00 - 11:30 am	
Skwo:wech Elementary	*M-F* 9:15- 11:45 am	

**Updated January 2023, programs may be subject to change.*

Building healthy communities

Kids New West

British Columbia | Ministry of Education and Child Care