



Gymnasium

Cheam Leisure Centre

February 8th-March 19th

	North		South		North		South		North		South		North		South					
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY							
6:00AM	6:00am-8:30am Open Gym		6:00am-10:30am Open Gym		6:00am-8:45am Open Gym		6:00am-9:00am Open Gym		6:00am-8:45am Open Gym				7:30am-11:00am Open Gym							
6:30AM	8:30am-9:30am HITT				9:00am - 10:00am Total Body Strength		9:00am - 10:45am Open Gym		9:15am-10:15am Zumba						9:00am-10:00am Total Body Strength		9:00am-10:00am Open Gym			
7:00AM	9:30am - 10:30am Open Gym				10:00am-11:30am Open Gym		10:00am-11:30am Open Gym		10:30am-11:30am Strength and Balance		9:00am-11:30am Open Gym				10:15am-11:15am Zumba		10:30am - 11:30am Open Gym			
7:30AM	10:30am-11:30am Strength and Balance				10:30am-12:00pm Family Drop In Gym		10:45am - 11:30am Lifefit		10:30am-11:30am Strength and Balance		10:00am-12:00pm Open Gym				10:15am-11:15am Zumba		10:30am - 11:30am Open Gym			
8:00AM	6:00am-12:00pm Open Gym																			
8:30AM			12:00pm-2:00pm Seniors Soccer		12:15pm-2:15pm Drop In Pickleball		11:30am-4:00pm Open Gym		12:00pm-2:00pm Seniors Soccer		12:15pm-2:15pm Drop In Pickleball		11:30am - 1:00pm Open Gym		11:00am-1:00pm Drop in Badminton		11:00am-1:00pm Open Gym			
9:00AM			2:00pm-4:00pm Open Gym		2:30pm-5:30pm Open Gym		4:00pm-6:45pm BC Bounce		2:00pm-5:00pm Open Gym		2:30pm-5:30pm Open Gym		1:00pm - 3:00pm Drop-in Ball Hockey		1:00pm-3:00pm Open Gym					
9:30AM	4:00pm-6:00pm BC Bounce		5:45pm-6:45pm Zumba		5:45pm-6:45pm Open Gym		5:00pm-6:30pm Drop In Volleyball		5:30pm-7:30pm Drop In Soccer											
10:00AM	6:00pm - 7:00pm Open Gym		7:00pm-8:30pm Drop In Basketball		6:45pm-10:00pm Women's League Volleyball		6:45pm-10:00pm Co-Ed League Volleyball													
10:30AM	6:15pm-8:00pm Open Gym																			
11:00AM	7:00pm - 8:30pm Cheetahs Basketball																			
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* Please note the gymnasium will be closed to the Public on Sunday, March 5 for a volleyball tournament