

Aquatics Schedule effective March 20-April 01 2023

Spring Break

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open/Lane swim 7:30am - 8:15am	Open/Lane swim 7:00am - 7:45am	Open/ Lane Swim 6:30am - 8:15am	Open/Lane swim 7:30am - 8:00am	Open/Lane Swim 6:30am-8:15am		
Y Aquafit 8:30am - 9:15am <i>*No class Mar 20th*</i>	Y Aquafit 8:00am - 8:45am		Y Aquafit 8:00am - 8:45am	Y Aquafit 8:00am - 9:00am	Open/Lane swim 8:00am - 8:45am	
Open/Lane Swim 9:15am - 10:00am	Open/Lane Swim 9:00am - 10:00am	Y Aquafit 8:30am - 9:15am	Open/Lane swim 8:45am - 9:45am		Aquafit 9:00am - 9:45am	
Y Gentle Aquafit 10:00am - 10:30am	Y Aquafit 10:15am - 11:00am		Y Gentle Aquafit 10:00am - 10:30am		Open/Lane swim 9:45am-10:30am	
Open/ Lane Swim 10:30am - 7:15pm	Open/ Lane Swim 11:00am - 4:00pm	Open/Lane Swim 9:30am - 1:30pm	Open Swim /LaneSwim 10:30am - 3:45pm	Open/Lane Swim 9:00am-8:30pm	Swimming Lessons 10:30am-2:00pm	
	Swimming Lessons 4:00pm - 7:30pm 2 Lanes and Hot tub**		Swimming Lessons 4:00pm - 7:30pm 2 Lanes and Hot tub**		Open/Lane swim 2:00pm - 4:30pm	
Aquafit 7:15pm-8:00pm	Open/Lane swim 7:30pm - 8:30pm	Open/Lane Swim 4:00pm - 8:30pm	Aquafit 7:45pm-8:30pm			
Open/Lane Swim 8:00pm-8:30pm						
				BCK YMCA - Update: Mar 13 2023		
Drop-in Fitness Class <i>Non-members pay drop in fee</i>	Pool/Hot Tub Closed for Lifeguard Break	** 2 lanes available, the other 3 lanes are reserved for swim lessons	<i>Open/Lane Swim Non-members pay drop in fee</i>	<i>Swim lessons members only</i>		