

Aquatics Schedule effective April 03-08 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open/Lane swim 7:30am - 8:00am	Open/Lane swim 7:00am - 7:45am	Open/ Lane Swim 6:30am - 8:15am	Open/Lane swim 7:30am - 8:00am		Open/Lane swim 8:00am - 8:45am	
Y Aquafit 8:00am - 9:00am	Y Aquafit 8:00am - 8:45am		Y Aquafit 8:00am - 8:45am		Aquafit 9:00am - 9:45am	
Open/Lane Swim 9:15am - 10:00am	Open/Lane Swim 9:00am - 10:00am	Y Aquafit 8:30am - 9:30am	Open/Lane swim 8:45am - 9:45am			
Y Gentle Aquafit 10:00am - 10:30am	Y Aquafit 10:15am - 11:00am		Y Gentle Aquafit 10:00am - 10:30am			
Open/ Lane Swim 10:30am - 7:00pm	Open/ Lane Swim 11:00am - 8:30pm	Open/Lane Swim 9:30am - 1:30pm	Open Swim /LaneSwim 10:30am - 7:00pm	Stat Hours 7:00am-2:00pm Pool and Hot tub Closed	Open/Lane Swim 9:45am - 4:30pm	
Aquafit 7:15pm-8:00pm		Open/Lane Swim 4:00pm - 8:30pm	Aquafit 7:15pm-8:00pm		Facility closed at 5pm	Facility Closed 2pm
Open/Lane Swim 8:00pm-8:30pm			Open/Lane Swim 8:00pm-8:30pm			
Please note: Lifeguard courses may occur in the pool area anytime.				BCK YMCA - Update: Mar 28 2023		
Drop-in Fitness Class Non-members pay drop in fee	Pool/Hot Tub Closed for Lifeguard Break	** 2 lanes available, the other 3 lanes are reserved for swim lessons	Open/Lane Swim Non-members pay drop in fee		Swim lessons members only	