



# Child, Youth, Family Schedule

Bettie Allard YMCA

February 6 - April 3 2023



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
<b>MORNING</b>										
	Childminding 10:00am - 1:00pm 6 wks - 5 Yrs			Childminding 10:00am - 1:00pm 6 wks - 5 Yrs		Childminding 10:00am - 1:00pm 0 - 5 Yrs		Family Playtime 10:00am - 1:00pm 0 - 5 Yrs Childminding		
	Indoor Family Playground 9:30am - 12:00pm 0 - 5 Yrs GYM	Family Playtime 10:00am - 12:30pm 0 - 5 Yrs Childminding		Indoor Family Playground 9:30am - 12:00pm 0 - 5 Yrs GYM	Family Playtime 10:00am - 12:30pm 0 - 5 Yrs Childminding		Indoor Family Playground 9:30am - 12:00pm 5 - 12 Yrs GYM			
<b>AFTERNOON</b>										
		Multi Sports 4:30pm - 5:30pm 6 - 12 Yrs GYM		Basketball 4:30pm - 5:30pm 6 - 12 Yrs GYM		Soccer 4:30pm - 5:30pm 6 - 12 Yrs GYM		Youth Open Gym 4:00pm - 5:15 pm 12 Years - 16 Years GYM		
	Childminding 4:00pm - 7:30pm 6 wks - 5 Yrs	Active Kids 5:30pm - 6:30pm 6 - 12 Yrs GYM	Childminding 4:00pm - 7:30pm 6 wks - 5 Yrs	Family Playtime 4:30pm - 8:00pm 5 - 12 Yrs Y Play Room	Soccer 5:30pm - 6:30pm 6 - 12 Yrs GYM	Karate (Registered Program) 6:00pm - 7:30pm Family Centre 3rd Floor	Childminding 4:00pm - 7:30pm 6 wks - 5 Yrs	Open Gym 5:30pm - 6:30pm 6 - 12 Yrs GYM	Family Playtime 4:30pm - 8:00pm 0 - 12 Yrs Childminding/Y Play Room	Karate (Registered Program) 6:00pm - 7:30pm Family Centre 3rd Floor
<b>EVENING</b>										
		Games Galore 6:30pm - 8:00pm 6 - 12 Yrs MPR		Games Galore 6:30pm - 8:00pm 6 - 12 Yrs MPR		Kids Choice 6:30pm - 8:00pm 6 - 12 Yrs MPR				

Childminding is an additional cost - please visit the membership desk for more information or online to reserve your childminding space.

CYF, BAY - Updated: February 10, 2023  
Schedule subject to change without notice.

<b>DESCRIPTIONS</b>	
<b>Karate 7 years and up Registered Program</b>	The Karate program will focus on the traditional teachings of the martial art and includes two structured karate lessons per week led by a professional instructor from Downtown Shotokan Karate. Cost \$240. Register online or at the membership desk.
<b>Childminding 6 wks - 5 Years</b>	In childminding children can play with toys, learn how to interact with other children and engage in activities appropriate for their ages and stages. Drop your child off so you can take a class, go for a swim or meet other parents in our center of community
<b>Multi-Sports 6 - 12 Years</b>	During this program your child will make friends, have fun and learn the value of fair play through basic sports. Children will run, jump, shoot, and pass while playing a variety of sports.
<b>Active Kids 6 - 12 Years</b>	In YMCA Active Kids, activities are structures, positive and fun and concentrate on developing the ABC'S - Agility, Balance, Coordination , and speed!
<b>Games Galore 6 - 12 Years</b>	During this time, your child will interact with their friends, while engaging with our variety of board games in the Y Play Room!
<b>Indoor Family Playground 0-5/5-12 Years</b>	The perfect way for children to develop essential gross-motor skills like walking, running, jumping and throwing. Soft play, climbing, bouncing and riding equipment are provided offering a variety of options to your child. Parent involvement/supervisions is required