Aquatics Schedule

ChilliwackLandingLeisureCentre.ca

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 – 8:30	**6:00am-8:30am** Main Pool & AHA * *5 lane miniumum*	6:00am-8:30am **Main Pool AHA *** *5 Lane Minimum* / 6:30am-8:30am **Spartans Swim Club**	6:00am-8:30am **Main Pool & AHA *** *5 lane miniumum* / 6:30am-8:30am **Spartans Swim Club**	6:00am-9:00am **Main Pool AHA *** *5 Lane Minimum* / 6:30am-8:30am **Spartans Swim Club**			
8:00 – 9:30	**8:30am - 9:30am Deep Aquafit** / **AHA ***	**8:30am-1:00pm Main Pool & AHA *** *3 Lane Minimum*	**8:30am - 9:30am Deep Aquafit** / **AHA ***	9:00am-10:30am **Leisure Pool** (FHT) **	**8:30am - 9:30am Deep Aquafit** / **8:00am - 9:30am AHA***		
9:30 – 11:30	**10:00am-12:00pm Main Pool & AHA *** *5 lane miniumum*	10:00am-11:30am **Physio Swim & FHT ****	10:00am - 12:00pm **Public Swim (AHA & FHA)*** *3 Lane Minimum*	10:30am - 12:00pm **Physio Swim (FHT)***	9:30 - 11:30am **Spartans Swim Club** / 9:30-11:30am **Main Pool & AHA **** *3 Lane Minimum*	**9:00am-3:00pm Public Swim** *2 Lane Minimum* **FHT & AHA***	
11:30 – 12:30	**12:00pm - 1:30pm Physio Swim & FHT ** / 12:00pm - 1:30pm **Main Pool & AHA **** *5 Lane Minimum*	11:30am - 1:30pm **Leisure Pool & FHT ****	12:00pm-1:30pm **Physio Swim & FHT*** / 12:00pm-1:30pm **Main Pool & AHA***	12:00pm-1:00pm **Main Pool & AHA***	11:30am - 1:00pm **Leisure Pool & FHT ****		11:00am-12:00pm **Masters Swim Club**
13:00 – 13:30		**1:00pm - 2:00pm Deep Aquafit**		**1:00pm - 2:00pm Deep Aquafit**			**AQUATIC CENTRE CLOSED**
13:30 – 15:30	**1:30pm - 4:00pm Public Swim (AHA & FHA)*** *3 Lane Minimum*	2:00pm-4:00pm **Main Pool & AHA *** *3 Lane Minimum*	**1:30pm - 4:00pm Public Swim (AHA & FHA)*** *3 Lane Minimum*	2:00pm-4:00pm **Main Pool & AHA *** *3 Lane Minimum*	1:00pm - 4:00pm **Public Swim (AHA & FHA)*** *3 Lane Minimum*	3:00pm-4:00pm **Main Pool** - *3 Lane Minimum* **AHA **	
16:00 – 18:00	4:00pm-6:30pm **Leisure Pool & Main Pool (AHA & FHA)*** *2 Lane Minimum*	4:00pm-6:30pm **Leisure Pool & Main Pool (AHA & FHA)*** *2 Lane Minimum*	4:00pm-6:30pm **Leisure Pool & Main Pool (AHA & FHA)*** *2 Lane Minimum*	4:00pm-6:30pm **Leisure Pool & Main Pool (AHA & FHA)*** *2 Lane Minimum*	4:00pm-8:00pm **Leisure Pool & Main Pool (AHA & FHA)*** *2 Lane Minimum*		
18:30 – 19:30	6:30-8:00pm **Public Swim (AHA & FHA)*** *3 Lane Minimum*	6:30pm-8:00pm **Public Swim (AHA & FHA)*** *3 Lane Minimum* / 6:30pm-7:30pm **Masters Swim Club**	6:30pm-8:00pm **Public Swim (AHA & FHA)*** *3 Lane Minimum*	6:30pm-8:00pm **Public Swim (AHA & FHA)*** *3 Lane Minimum* / 6:30pm-7:30pm **Masters Swim Club**			
20:00 – 20:30		8:00pm-8:30pm **Main Pool** - *3 Lane Minimum* **AHA **	8:00pm-8:30pm **Main Pool** - *3 Lane Minimum* **AHA **	8:00pm-8:30pm **Main Pool** - *3 Lane Minimum* **AHA **			

*Current Capacity is 40 swimmers maximum. **Current Capacity 80 swimmers maximum. *** Current Capacity 160 swimmers maxiumum.*

Thank you for your understanding while we recruit and train more lifeguards.

Main Pool: An eight-lane, 25-metre pool. Also includes the adult hot tub, sauna, and steam room, all 16yrs +.

Leisure Pool: A large wave pool containing the lazy river, tot pool, & the family hot tub.

Physio Swim: The Physio Swim session takes place in the Leisure Pool. This session is for self-directed exercising or for external physiotherapists to work with clients.

Public Swim: The public swim session includes the Leisure Pool, Main Pool, the waterslide and water features.

AHA: Adult Hot Areas - (Steam Room, Sauna, Adult Hot Tub)

FHT: Family Hot Tub

Pleae note that the schedule is subject to change.

Please contact (604)-793-7946 for ay schedule inquiries.