

Aquatics Schedule

ChilliwickLandingLeisureCentre.ca

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00							
6:30							
7:00	6:30am-8:30am Main Pool 4 Lane Minimum		6:30am-8:30am Main Pool 4 Lane Minimum AHA**				
7:30							
8:00							
8:30	8:30am - 9:30am Deep Aquafit		8:30am - 9:30am Deep Aquafit				
9:00	8:30am-10:00am AHA**		6:30am-10:00am AHA**				
9:30							
10:00							
10:30	10:00am-12:00pm Leisure Swim FHT**						
11:00							
11:30							
12:00	12:00pm-1:30pm Physio Swim FHT*		11:00am-12:30pm Swimming Lessons Slide Catch				
12:30							
13:00							
13:30							
14:00							
14:30							
15:00							
15:30							
16:00							
16:30	4:00pm-6:00pm Main Pool 2 lane minimum AHA**						
17:00	4:00pm-6:30pm Spartans Swim Club						
17:30							
18:00							
18:30							
19:00	6:00pm-8:00pm Public Swim FHT & AHA**						
19:30							
20:00							
20:30	8:00pm-8:30pm Main Pool - 3 Lane Minimum AHA **	8:00pm-8:30pm Main Pool 3 Lane Minimum AHA **	8:00pm-8:30pm Main Pool 3 Lane Minimum AHA **	8:00pm-8:30pm Main Pool 3 Lane Minimum AHA **	8:00pm-8:30pm Main Pool 3 Lane Minimum AHA **	8:00pm-8:30pm Main Pool 3 Lane Minimum AHA **	

AQUATIC CENTRE CLOSED

*Current Capacity is 40 swimmers maximum. **Current Capacity 80 swimmers maximum. *** Current Capacity 160 swimmers maximum.
Thank you for your understanding while we recruit and train more lifeguards.

Main Pool: An eight-lane, 25-metre pool. Also includes the adult hot tub, sauna, and steam room, all 16yrs +.
Leisure Pool: A large wave pool containing the lazy river, tot pool, & the family hot tub.
Physio Swim: The Physio Swim session takes place in the Leisure Pool. This session is for self-directed exercising or for external physiotherapists to work with clients.
Public Swim: The public swim session includes the Leisure Pool, Main Pool, the waterslide and water features.
AHA: Adult Hot Areas - (Steam Room, Sauna, Adult Hot Tub)
FHT: Family Hot Tub

Please note that the schedule is subject to change.
Please contact (604)-793-7946 for any schedule inquiries.