



Gymnasium

Cheam Leisure Centre

March 20th - April 2nd

North		South		North		South		North		South		North		South																	
MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY							
6:00am-8:00am Open Gym				6:00am-10:30am Open Gym				6:00am-8:00am Open Gym				6:00am-9:00am Open Gym				6:00am-9:15am Open Gym				7:30am-11:00am Open Gym											
HITT 8:15-9:15am		8:00am-10:30am Open Gym						TBS 9:15-10:15am		HITT 8:15-9:15am		Zumba 9:15-10:15am		9:00am-10:30am Open Gym		TBS 9:15 - 10:15am		9:15am-10:30am Open Gym						9:00am-10:15am Open gym							
Strength & Balance 10:30-11:30am				10:30am-12:00pm Family Drop In Gym				LifeFit 10:45-11:30am				Strength & Balance 10:30-11:30am				10:30-12:15pm Open Gym				10:15am-11:15am Zumba		10:30am - 11:30am Open Gym		11:00am-1:00pm Drop in Badminton				11:00am-1:00pm Open Gym			
12:00pm-2:00pm Seniors Soccer				12:15pm-2:15pm Drop In Pickleball				11:30am-4:00pm Open Gym				12:00pm-2:00pm Seniors Soccer				12:15pm-2:15pm Drop In Pickleball				11:30am - 1:00pm Open Gym											
2:00pm-4:00pm Open Gym				2:30pm-5:30pm Open Gym				4:00pm-6:45pm BC Bounce				2:00pm-5:00pm Open Gym				2:30pm-5:30pm Open Gym				1:00pm - 5:00pm Drop-in Ball Hockey				1:00pm-5:00pm Open Gym							
4:00pm-6:00pm BC Bounce				5:45pm-6:45pm Zumba		5:30pm-6:45pm Open Gym						5:00pm-6:30pm Drop In Volleyball				5:30pm-7:30pm Drop In Soccer				1:00pm-5:00pm Open Gym											
6:00pm - 7:00pm Open Gym		6:15pm-9:00pm Open Gym		7:00pm-9:00pm Drop In Basketball				6:45pm-10:00pm Women's League Volleyball				6:45pm-10:00pm Co-Ed League Volleyball																			
7:00pm - 8:30pm Cheetahs Basketball																															