



Spring 2023 Training Schedule

YMCA Child Care
Resource & Referral
gv.ymca.ca/ccrr

Important Workshop Policies and Information

Registration Information:

- Register online via myymca.ca or by phone.
- After creating your online profile on myymca.ca, YMCA CCRR members registering for the first time will need to contact the YMCA CCRR to activate their online membership and receive the discounted members rate.
- Please note that in order to receive your confirmation and certificate of completion after attending a workshop, you will need to include your email address in your myymca.ca profile.
- Payment options available: American Express, MasterCard, Visa or Debit. For your protection, please do not leave credit card information on our voicemail.
- Refunds and transfers will only be given to registrants who provide 5 working days notice. All withdrawals and transfers are subject to a \$5.00 administration fee, per workshop, regardless of notice given.
- Refunds will not be issued due to technical difficulties with your equipment.
- Workshops may be cancelled due to insufficient enrollment and other factors outside of our control. In the case of cancellation, a full refund will be issued.

Workshop Policies:

- In person and online workshops start promptly at the time indicated. Participants will not be admitted 15 minutes after start time.
- Participants arriving late or leaving early will have their certificate adjusted.
- If you are feeling unwell and exhibiting COVID-19 or flu like symptoms please do not attend & risk infecting others.
- We cannot guarantee a scent-free environment, but as a courtesy to others please refrain from using scented products.
- We are unable to accommodate children during workshops or courses.
- Cameras need to be on and participants in view for the duration of the workshop to receive a certificate of completion.

Workshop Locations:

Tri-Cities CCRR: 1130 C Austin Ave., Coquitlam • ygv.crr@bc.ymca.ca • 604-931-3400

Burnaby/New Westminister CCRR: 4460 Beresford St., Burnaby • ygv.crr@bc.ymca.ca • 604-294-1109

New Westminister Schools Welcome Centre: 820 6th St., New West. • ygv.crr@bc.ymca.ca • 604-931-3400



The YMCA Child Care Resource and Referral provides certificates of participation for a variety of workshops. When claiming a workshop or course for training hours it is the participant's responsibility to check with the ECE Registry or Community Care Licensing.



Ministry of
Education and
Child Care

The YMCA CCRR program is funded by the Province of British Columbia
The YMCA CCRR acknowledges the City of Burnaby for its support

Responsible Adult

20 Hour Responsible Adult for Child Care Training Course



This course meets the requirements of 20 hours training to become a “Responsible Adult” as stipulated by Child Care Licensing Regulations. The content covers child development, guiding behaviour, health, safety, nutrition and programming. The course is live and interactive, so participants must have video and audio capabilities, as well as participate and attend all sessions in order to receive the certification at the end of the course.

To sign up for this course participants must:

- Be 19 years of age
- Have minimum Grade 8 English written and oral skills
- Attend all scheduled sessions

Once the training is complete, participants are eligible to work as a Responsible Adult in:

- School-age Child Care Programs
- Licensed Family Child Care
- Registered License-Not-Required Child Care
- As additional support or substitute in Licensed Preschool and Licensed Child Care Programs
- Summer Camps

Dates: Monday to Friday,
April 24th - May 5th, 2023

Time: 10:00 AM - 12:00 PM

Location: Online via MS Teams

Cost: \$50

Presenter: Crystal Bunnnett, CCRR Staff

**Register online at www.mymca.ca
or by phone at 604-931-3400**

Emergency Child Care First Aid / CPR Level B

Presenter: Pacific First Aid

Saturday, June 24th, 2023 • 9:00 AM-6:00 PM
(30 min. lunch break, and two 15 min. breaks)

Tri-Cities CCRR • 1130 C Austin Avenue

This course will include choking skills, breathing emergencies, and CPR for babies and children. The course also covers basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions. AED certification is also included.

The Power of Self-Compassion

Presenter: Georgianna Lee

Saturday, April 1st, 2023 • 9:30 AM-2:00 PM
(30 min. lunch break)

Burnaby/New Westminster CCRR • 4460 Beresford Street

Fee: \$20.00 members; \$25.00 non-members

Suitable for all early learning professionals and parents.

Working with children, some of our main goals are to support them in becoming individuals who are confident in who they are and who they are becoming, people who trust themselves, others and the world around them. For children to learn this, we need to show them the way. It begins with us learning how to treat ourselves in a way that we want our children to learn to treat themselves and others with compassion. In this workshop, you'll learn simple tools that help you see and speak to yourself that add more ease and joy into your everyday life. The bonus is that these tools are so simple that you can start teaching them to the children you work with, and you can begin to create a new generation of children who feel more positively about themselves while offering empathy and compassion to others.

Georgianna Lee is a counsellor and coach who has been working with individuals and families for over 18 years in Canada and internationally. She is passionate about helping people cultivate self-acceptance, self-compassion and nervous system regulation skills so they can move through life with more ease and courage. Georgianna has a private coaching practice, teaches and facilitates for Rising Woman and co-hosts the podcast, Wholehearted Loving: The Simple Path to a Good Life. For more information, visit: www.georgiannalee.com.



Please bring your own lunch, wear comfortable clothing and arrive 10 minutes before the course begins.

Payment and Registration: online at www.pacificfirstaid.ca or by phone at 604-638-1228.



Understanding & Responding to Escalations in your Child Care

Presenters: Victoria Smith & Jade Dallas (Kinsight)

Wednesday, April 5th, 2023 • 7:00-9:00 PM

Tri-Cities CCRR • 1130 C Austin Avenue

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Dealing with challenging behaviour in the classroom is tough, we get it! This workshop is centered around understanding children's challenging behaviour, and how educators can support them safely. We will focus on using proactive solutions and trauma informed strategies to preserve the relationship. In exploring the stages of crisis, educators will learn to draw on various models to help them navigate difficult situations gracefully.

Victoria Smith is a Supported Child Development Consultant at Kinsight in the Tri-Cities. She's a registered social worker with specialized expertise in working with children. She has been a certified meditation teacher for more than 15 years and previously owned her own business. She is a mother to a 5 year old daughter who has diverse support needs. Her insight is compassionate, relational and trauma-informed.

Jade Dallas is a Supported Child Development Consultant at Kinsight in New Westminster. Her background is in education with a specialty in teaching students with exceptionalities. She has been working with children for the last 10 years and is passionate about inclusion and equity in the classroom. Jade holds an ECE Cert, ECE Dip. BGs and is currently finishing up her MPed.

Projects Are Spun from Authentic Inquiry

Presenters: Caren Eigenmann & Sue Woodward

Thursday, April 13th, 2023 • 7:00-9:00 PM

Online via ZOOM

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Would you like to learn more about Inquiry Based Learning? In this workshop we will take a deep dive into projects that were ignited by the curiosities of children which ignited long term investigations. Whether you refer to it as Responsive, Emergent Curriculum or Inquiry Based Learning, join us to discover how authentic inquiry has potential to evolve into a long term projects.

Goal: Demonstrate the multiple ways children learn when their interests are sparked from their authentic inquiries.

Sue Woodward and Caren Eigenmann are the co-owners of Childgarden Preschool & Discoveries in Port Moody, BC, which opened in 2007. Our image of the child aligns with one of the underlying principles of Reggio Emilia, in which we see the child as 'rich in potential, strong, powerful, competent, and most of all connected to adults and other children' (Malaguzzi, 1993, p. 10). Educators work alongside the children and their natural curiosity to observe and develop in-depth investigations that reflect and are built upon authentic interests of the children, making their preschool experience fun, exciting and relevant to them and their world. Educators extend and expand these interests to create deep, meaningful learning opportunities which lay the foundation for future learning. Both Sue and Caren are recipients of the Prime Minister's Award of Excellence in Early Childhood Education, in 2012 and 2017 respectively.

Reportable Incidents & Complaints

Presenters: Christine Lawson & Wendy Bert

(Fraser Health Licensing Officers)

Wednesday, April 19th, 2023 • 7:00-9:00 PM

Tri-Cities CCRR • 1130 C Austin Avenue

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Coaching Leaders aims to empower early childhood program leaders in gaining confidence with their skill sets, improving the quality of their programs, and supporting positive relationships with families and staff. This workshop will cover two modules taken from the program:

- Reportable Incidents: Why and how we report and their importance.
- Complaints: How to take a leadership role in responding to all complaints.

Created and delivered by Licensing Officers.

Christine Lawson has been working as a Licensing Officer for four years. Christine's background is in Early Childhood Education. She previously worked with LNR Child Care Providers in the Vancouver CCRR. Christine is excited to learn with you and gain new perspectives as she shares her knowledge and experiences. She is hoping to create a community of practice that supports your learning journey and gives you the skills and tools to inspire you to provide mentorship to your staff and colleagues.

Wendy Bert has been working for CCFL for 17 years in the Port Moody office. Originally from the UK she moved to Canada 35 years ago and began her child care career. Wendy has worked in many child care roles including supervising a toddler program for 10 years, managing a multi-service child care program, supervising practicum students and working as the child care coordinator for a large non-profit society. Wendy is happy to share her knowledge and experiences with you, to support you in your learning, to provide support and mentorship to your staff/colleagues as well as learning about your experiences in the challenging yet rewarding field of child care.

Understanding Behaviour in School Age Children

Presenter: Cris Janicas

Saturday, April 15th, 2023 • 9:30 AM-2:00 PM

(30 min. lunch break)

Tri-Cities CCRR • 1130 C Austin Avenue

Fee: \$20.00 members; \$25.00 non-members

Suitable for all early learning professionals, especially school aged child care providers, and parents.

This workshop looks at understanding the challenging behaviours of children. Shifting our perspective to what is being communicated through challenging behaviour allows us to embrace more positive and pro-active strategies in addressing it.

Perfect for centres with children expressing challenging behaviours, returning to care after an extended break due to the pandemic, and school-age centres as children readjust to school and their new normal. This workshop focuses on school-aged children but can be applied to children of all ages.

Cris Janicas has been a teacher with the Vancouver School Board since 2012. He is currently a District Resource Teacher focused on collaborating with schools to support students with challenging behaviours. He earned his Bachelor of Education from SFU and completed recent graduate programs focused on arts and health & physical education. He has been married for 14 years and has two sons.



Networking: Self-Care Because You're Important Too!

Presenter: Naz Chow

Saturday, April 22nd, 2023 • 10:00-11:30 AM

Tri-Cities CCRR • 1130 C Austin Avenue

Fee: \$5.00

Suitable for all early learning professionals.

Come join Naz Chow, a Registered Occupational Therapist and Certified Life Care Planner, for a morning of self-care. Learn how to care for yourself both physically, emotionally and mentally while working with children and beyond in your everyday life. Coffee and breakfast will be provided.

A one-hour professional development certificate will be provided.

Naz Chow is the owner/director of Optimum Therapy Rehabilitation Services, a rehabilitation company based out of Richmond since 1997. Optimum Therapy is a small group private practice consisting of occupational therapists, physiotherapists, and rehabilitation assistants (contractors). Naz provides community based occupational therapy and case management services to clients who have sustained brain injuries, orthopedic injuries, soft tissue injuries and mental health conditions. Her work also includes supervising Rehabilitation Assistants and Occupational Therapists in their implementation of community-based rehabilitation programs. She has been serving the College of Occupational Therapists of British Columbia in various roles including a Board Member, Quality Assurance Committee and currently serves as the Chair of the Inquiry Committee.

Managing Your Family Child Care Business

Presenter: Vicki Lepper

Thursday, April 27th, 2023 • 7:00-9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for family child care providers.

This workshop will teach you the basics of managing and marketing as well as using the internet and Social Media to help you maximize enrollment and income for your business. As child care providers, the notion of marketing ourselves or our child care setting often makes us feel uncomfortable. Somehow advertising seems out of step with the work we do. The fact is, however, that the ability to market our child care service in tasteful and effective ways is one indicator of a professional child care provider. This workshop teaches providers how to identify, articulate, and sell the benefits of their child care program to potential clients using both traditional strategies and technology.

Vicki Lepper operated a licensed child care in Coquitlam for over 30 years and is a passionate child care advocate. Vicki was a board member for BC Family Child Care Association (BCFCCA) from 2011 to 2015. Vicki presents her own workshops, "Kids Have Stress Too", is a Master Trainer for The Psychology Foundation of Canada, a "Good Beginnings: Professional Development for Child Care Providers" Facilitator for BCFCCA, a member of the Tri-Cities ECE Committee, and networks with child care providers.

Understanding & Supporting Children with ADHD

Presenter: Christie Akhurst

Saturday, April 22nd, 2023 • 9:30 AM-12:45 PM

(15 min. Break)

Burnaby/New Westminster CCRR • 4460 Beresford Street

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents.

Discover some great tips on how to embrace the great advantages of having ADHD/ADD. Understand how to support the child's needs through inclusive activities that strengthen the relationships of the child living with ADD/ADHD, as well as strategies to assist the child with organizing thoughts, routines, circle time behaviour and transitions in school age care setting. Find ways to support the many wonderful attributes of living with ADD/ADHD, so that children learn how to channel their energy through creativity, leadership, responsibility and friendship.

Christie has been the Coordinator of Little Mountain Out of School Care since 2003. She has her ECE, Special Needs and School Age Certification, as well as Applied Behavioural Certificate. Christie has worked with children aged infancy to adolescence. She has enjoyed work experiences in Vancouver, Australia and New Zealand. She views her role as a great way to make a positive impact on a child and family's life.



Learning to Keep Your Sense of Humour on Tough Days

Presenter: Dr. Paul McGhee

Saturday, April 29th, 2023 • 9:30 AM-12:45 PM (15 min. break)

Online via Zoom

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents.

This workshop is based on a humour Training Program called The 7 humour Habits Program. It has been successfully tested in four countries (Switzerland, Germany and Australia—as well as the USA). There is also a Japanese translation of the book containing the Training now available in Japan. The Training is contained in Paul's book, *humour as Survival Training for a Stressed-Out world: The 7 humour Habits Program*. The focus of this Training is to first get a better understanding of your own sense of humour, and then practice the 7 key humour habits, with the ultimate goal of keeping your sense of humour on high-stress days; i.e., learning to use humour to cope with life stress—both in your work with young children and elsewhere in daily life.

Dr. Paul McGhee is a developmental psychologist who spent 20 years teaching at the university level before quitting his academic job to become a full-time professional speaker. Paul has published 5 books and many scientific articles on children's humour and is internationally known for his own research in the area. Paul has received lifetime achievement awards from a) the International Society for humour Studies, b) Oakland University and c) the Association for Applied and Therapeutic humour for both his basic research on humour and laughter and work on practical daily applications of humour.

Loving the Outdoors Through Literature

Presenter: Tricia Edgar

Thursday, May 4th, 2023 • 7:00-9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

You don't need to wonder, "Where the Wild Things Are." Sometimes they're in your classroom! In this workshop, connect stories about animals, plants and wild places to outdoor activities. Use literature to bring your group of wild things outdoors to explore! Books can take us far away from our homes and schools, out into the forests and mud puddles of our imagination. Whether you're new to outdoor learning or a seasoned outdoors person, get ideas for creating connections between books, songs, stories and outdoor activities.

Tricia Edgar has worked with children in the temperate rainforests of Vancouver for over 25 years. She is the co-founder and director of Fresh Air Learning, a forest school in Metro Vancouver, and she is also the Education Coordinator at the Lynn Canyon Ecology Centre.



Beginner Magic Tricks

Presenter: Kathleen Tonnesen

Saturday, May 6th, 2023 • 9:30 AM-2:00 PM
(30 min. lunch break)

Tri-Cities CCR • 1130 C Austin Avenue

Fee: \$20.00 members; \$25.00 non-members

Suitable for all early learning professionals and parents.

Learning Magic Skills enhances your drama, storytelling and circle time activities. No experience required. A participatory workshop with step-by-step instruction of foundational magic techniques and direction as to how to incorporate magic into your existing repertoire. A myriad of skills are honed in the domain of magic play: Children develop critical thinking skills by observing magic tricks and extend their language vocabulary and dramatic skills while performing magic tricks under your guidance - without you giving the trick away!

Kathleen is a Canadian painter, sculptor, author, poet, and inventor, who has carved a professional career as a working artist since 1990. She is respected internationally as an artist dedicated to the enhancement of public spaces with meaningful and thought provoking art. She holds a Bachelor of Arts, Psychology degree from Thompson Rivers University, B.C., and has a background in Early Childhood Education Special Needs, psychology, and acting. Kathleen strives to connect families and communities through the language of art and martial arts. Her passion is working with children, and unleashing the child within the adult, thereby encouraging personal growth.

Social & Emotional Learning Foundation

Presenter: Stephanie Siqueira

Wednesday, May 10th, 2023 • 7:00-9:00 PM

Tri-Cities CCRR • 1130 C Austin Avenue

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

This workshop will allow educators and parents to develop their understanding of social and emotional learning. Together we will explore the 5 domains of SEL and practices to explicitly teach SEL skills.

Stephanie is currently working as a Social and Emotional Learning Advocate in the Surrey School district. She began her career as an ECE in the Lower Mainland and has since developed a passion for global education working in classrooms around the world. Stephanie holds a B.A. in ECE, B.Ed. and an International masters in ECEC. Her work has focused on pedagogical documentation and social and emotional well-being.

Strategies to Nurture a Child's Developing Mind

Presenter: Ramina Khusnutdinova

Thursday, May 18th, 2023 • 7:00-9:00 PM

Online via MS Teams

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents .

In this practical course, I will be sharing the latest research on brain development, how a child's brain is wired, and how it matures. The latest discoveries of neuroscience help us to better understand children's behaviours - their thoughts, tantrums and emotions. The focus of this course is to introduce the concept of cognitive abilities such as impulse control, reason, problem-solving, working memory, and the cognitive flexibility. By applying these discoveries to everyday parenting/teaching, we can turn any outbreak, clash, or fear into a chance to integrate a child's brain and foster vital growth.

As a Registered Clinical Counsellor and School Psychologist, I specialise in early child development. I'm devoted to understanding how children's brains evolve as they grow up and how the environment and genetics influence that transition. Graduated with a Master's degree in Educational Psychology, worked in schools, mental health institutions and have experience in parental guiding and in coaching educators.

Make It Fun - Engaging Activities for Children

Presenter: Cris Janicas

Saturday, May 13th, 2023 • 9:30 AM-12:45 PM (15 min. break)

Burnaby/New Westminster CCRR • 4460 Beresford Street

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents.

This workshop looks at how to infuse more fun and engaging activities for children in child-care setting. Having fun with children builds safe and caring relationships, helps address challenging behaviours, and provides positive experiences. Join us as we share ideas and successes that can help you in your work supporting children.

Please see Cris' bio on page five.

Media Technology in Early Childhood: Growing Up Mobile

Presenter: Michaela B. Wooldridge

Wednesday, May 24th, 2023 • 7:00-9:00 PM

Tri-Cities CCRR • 1130 C Austin Avenue

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

This workshop presents research data regarding young children's direct and indirect exposure to and engagement with media and electronic-based toys and learning tools. Actual and potential impacts on early development and learning processes are addressed. Here are the following areas we will discuss:

- Change and growth in technology, including mobile devices
- Child use of technology
- Developmental changes in capacities for child use of technology (birth to school age)
- Benefits & risks for children (birth to school age)
- Role of adults as mediators
- Use guidelines by age

Since completing a PhD in Human Development, Learning and Culture (UBC, 2016), Michaela has been working as an adjunct professor in the Early Childhood Education department at UBC and have consulted to the early intervention services field (IDP/AIDP/SCD/ASCD) on developmental assessment practices. Michaela's research interests have focused on the role of emerging digital technologies as a new context for infant and toddler development. The first conference presentation on the topic ("Electronic Childhood") was in 2006! Her 2010 Thesis compared the quality of parent-child interaction with electronic and non-electronic toys, while her 2016 Doctoral dissertation examined factors that predicted the provision and use of mobile digital devices by infants and toddlers. Michaela's earlier 3-decade career was comprised of working as a home visitor, supervisor, and peer instructor in the B.C. Infant Development Program, as a college instructor for two post-basic ECCE programs, and as a teaching assistant in UBC's teacher education program.

The How's and Why's of Hiring, Supervision and Resolving Staff Issues

Presenter: Christine Hibbert

Saturday, May 27th, 2023 • 9:30 AM-2:00 PM (30 min. lunch break)

Burnaby/New Westminister CCRR • 4460 Beresford Street

Fee: \$20.00 members; \$25.00 non-members

Suitable for all early learning professionals.

Our human resources are one of the keys in maintaining quality in child care. We will look at practices, skills and methods for finding, developing and retaining quality staff in our programs.

Christine Hibbert is an ECE and School Age Educator and an experienced facilitator. Christine has worked in the field of childcare for more than 30 years, beginning her career as a teacher in England. She worked in family child care and pre-schools before becoming Executive Director at Jericho Kids' Club in Vancouver. Recently retired from JKC, Christine continues to be an involved advocate and passionate educator in the childcare community.



The Importance of Sleep for Children

Presenter: Sidney Shindle

Thursday, June 1st, 2023 • 7:00-9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Join Certified Nutritionist Sidney Shindle as she explains the short term and long term health benefits of sleep for children. You will learn about what happens when a child doesn't sleep enough, as well as what may cause kids to skip out on naptime. From changes to routine, to upgrading their nutrition, this seminar will equip you with tips and tricks to help children get the sleep they need.

Sidney Shindle is a Certified Nutritional Practitioner. She runs a private practice in New Westminister, BC. She is also a lead faculty member at the Institute of Holistic Nutrition and co-founder of Valeo Wellness, a workplace wellness company whose goal is to empower employees to build a healthy work-life balance. With a decade of coaching experience in the sports realm, she applies similar approaches to her corporate wellness seminars and to her individual client work. She believes that by providing the right knowledge and tools, individuals are able to develop and sustain their own foundation of good health.

Building Positive Relationships

Presenter: Bruce Ivany

Saturday, June 3rd, 2023 • 9:30 AM-2:00 PM (30 min. lunch break)

Tri-Cities CCRR • 1130 C Austin Avenue

Fee: \$20.00 members; \$25.00 non-members

Suitable for all early learning professionals and parents.

Building Positive Relationships - This session will examine three areas:

- What are the ways to develop a "group" effectively? A group could be formed of preschoolers, colleagues, a family, what are the characteristics of an effective group?
- How do we build effective developmental relationships? Young people are more likely to grow up successfully when they experience developmental relationships with important people in their lives.
- What can we do to build self confidence in young people? We will examine the three-legged stool of self-confidence, understand the difference between praise and encouragement, and look at practical ways to develop a positive view of self.

Bruce has been an educator for over 45 years including 34 years in the public school system as teacher, principal and Assistant Superintendent, and 11 years preparing future teachers in the School of Education at Trinity Western University. Bruce has a wealth of experience presenting to large and small organizations on a variety of topics as well as presenting over 85 workshops throughout North America on positive youth development.



The Hundred Languages of Children

Presenter: Pooja Kalsi

Wednesday, June 7th, 2023 • 7:00-9:00 PM

Tri-Cities CCRR • 1130 C Austin Avenue

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

In this workshop we will explore the hundred languages we can provide children to express their ideas. This workshop will also help educators to explore various ways to promote creativity in young children and implement a child friendly curriculum. We will also discuss the importance of relationships with materials and how to promote creative expression and investigation in the classroom.

Pooja has a Master's degree in Early Childhood Education. She has 23 years of experience in the Early childhood field as a teacher, facilitator, supervisor, director and instructor. She is very passionate about finding ways to promote children's creativity and expression of discovery. She currently teaches at Langara College in the ECE department.

Building Multi-Sensory Consciousness

Presenter: Ana Vojnovic

Saturday, June 10th, 2023 • 9:30 AM-12:45 PM

(15 min. break)

Burnaby/New Westminster CCRR • 4460 Beresford Street

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents.

We will explore the idea of proposing tactile experiences, with a focus on building and expanding multi-sensory consciousness that correspond to contemporary pedagogical practices. Participants will be introduced to variety of ways of developing and increasing material literacy by looking at existing elements of educational spaces as textual objects that have the capacity to engage, providing deep sensorial experiences and training the senses. We will focus on ways of proposing the objects at hand, with a focus on movement, aesthetic pause and understandings of dynamic peripheries.

Ana Vojnovic, B.A. in ECCE, works as an educator (UBC Child Care), artist, research-based designer and a lecturer. Her pedagogical and creative practices are an integrated interdisciplinary response to basic questions of how built/designed environments affect and condition human perception, communication, learning, and socialization.



Networking: Mixed Media Art

Presenters: CCRR Consultants

Thursday, June 8th • 6:30-8:00 PM

Burnaby/New Westminster CCRR • 4460 Beresford Street

Fee: \$5.00

Suitable for all early learning professionals.

Join this fun networking event. You will learn how to combine a variety of media and materials to create a single artwork. We will provide each participant with a resource package to explore painting and mixed materials projects and how these materials can be implemented into your childcare center. We are so excited to offer this in-person networking art. Light refreshments will be provided.

A one-hour professional development certificate will be provided.



How to Support Children's Communication Skill Development

Presenter: Kinsight Consultants

Tuesday, June 13th, 2023 • 7:00-9:00 PM

New Westminster Schools Welcome Centre • 820 6th St.

Fee: Free

Suitable for all early learning professionals and parents.

Speech and language delays are the #1 reason for parents to refer to Early Intervention Therapies. Daily routines in child care are full of natural opportunities for educators to facilitate conversations, build vocabulary, model speech sounds, and practice social communication with children. Communication skills impact children's ability to make friends, problem solve, enter play and impacts their self-regulation when they are unable to communicate their needs. Learn how to use those moments and read children's cues to facilitate language development.

This program serves families whose children – birth to 12 years – have extra support needs in a preschool or child care setting, and youth 13-19 who require support in their home. Consultants work with families, youth and children, together with childcare and preschool programs, to develop strategies to encourage child development and promote inclusion.

Empowering Social & Emotional Development in your Child Care

Presenter: Malgosia Tomanik

Thursday, June 15th, 2023 • 7:00-9:00 PM

Online via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Young children develop and learn in the context of relationships with their parents, other family members, and childcare providers. Creating a supportive and nurturing environment is key to healthy social-emotional development. It creates a foundation for developing emotional maturity and social competency. We will discuss practical strategies to empower young learners to understand and regulate their emotions and learn effective problem-solving skills.

Malgosia Tomanik, M.Ed., is a Family Consultant who specializes in supporting children preschool to high school age and their "big people" in a variety of environments, including homes, schools, and child care settings. Malgosia is experienced in addressing concerns associated with the daily challenges of caring for a child who requires support, including helping to make sense of difficult behaviour and supporting the big people for each child in finding a way through. Malgosia also works as a Key Worker with the Fraser Valley Child Development Centre. She provides support to caregivers raising children and youth who are living with FASD, from birth to 18 years of age.

Breathing Your Culture into the BCACCS Curriculum Kits

Presenter: Jennie Roberts (BC Aboriginal Child Care Resource & Referral)

Saturday, June 17th, 2023 • 9:30 AM-12:45 PM (15 min. break)

Tri-Cities CCRR • 1130 C Austin Avenue

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents.

Join the BCACCS Aboriginal Child Care Resource and Referral (ACCRR) team as they share their process in developing cultural curriculum kits for early learning programs. The ACCRR has been developing and lending cultural resource kits for over a decade and is one of the most frequently borrowed resources through our library.

Our kits have been designed in hopes that individual communities will be able to add their own languages, stories and teachings as they use them with the children. In this workshop we will share our approach to building kits, resources for finding materials, and developing resource sheets to support the kits. Our team will share our ideas on how we hope programs and educators will bring their own knowledge, teachings and languages to the BCACCS kits or how they could build kits of their own.

Jennie is Ojibway but, identifies as Stó:lō Xwelxwelmexw and resides on Tzeachten First Nation. She has been working with children and families for over 35 years. Jennie has a certificate in ECE from the University of Fraser Valley in collaboration with Seabird Island 2004. In 2005, she received her Special Needs License to Practice by attending night classes at the University of the Fraser Valley; while working as a Head Start Coordinator at Seabird Island. She was able to complete her Infant Toddler/ Early Childhood Education and Care Diploma in 2016. In 2018, Jennie also completed her Speech and Language Assistant through Seabird College.



Programming with a Rainbow of Families in Mind

Presenter: Fiona Watson

Wednesday, June 21st, 2023 • 7:00-9:00 PM

Tri-Cities CCRR • 1130 C Austin Avenue

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

It is never too early to show children how to embrace inclusivity! Join Fiona for this two-hour workshop to get you thinking about and planning to engage kids and families in celebrating diversity in love and gender. We will focus on providing support and programming that celebrates and is inclusive of LGBTQ+ families. The presenter will provide a primer on gender expansive vocabulary, explore programs to celebrate and include rainbow families and kids, and walk you through further resources, such as LGBTQ+ picture book lists.

Fiona Watson is a craft enthusiast and the Youth Services Librarian at Port Moody Public Library. They are a strong believer that you don't need a beautiful voice or a strong sense of rhythm to lead storytimes, and of course are happy to show this by example! Fiona is an advocate for LGBTQ2IA+ services and had the honour of presenting on Family Pride Programming in the Library at the 2019 NSLA/LBANS conference in their home province of Nova Scotia.

Creating Environments to Influence Positive Behaviour

Presenter: Ward Nakata

Saturday, June 24th, 2023 • 9:30 AM-2:00 PM (30 min. lunch break)

Burnaby/New Westminster CARR • 460 Bedford Street

Fee: \$20.00 members; \$25.00 non-members

Suitable for parents and early learning professionals working with infants and toddlers.

In this workshop, referencing and discussing videos and photographs, we will examine and discuss the many ways environment can influence behaviour in an infant and toddler program setting. Together we will explore philosophies and consider ideas of not only physical, but also Temporal and Chronological space, and how these may impact children and educators' interactions.

Ward Nakata has been an Early Childhood Educator for over 35 years. He lives and works on the unceded land and waters of the Musqueam people with his wife (also an Early Childhood Educator) and his 2 children. He is a manager at the Seedlings Early Childhood Development Hub overseeing the Infant/Toddler and Daycare Programs. Ward is very dedicated in enhancing this sector through education. He has served 6 years on the Board of Directors of ECEBC and is an advocate for this profession.



Reducing Risk of Educator Injury in Child Care

Presenter: Gina Vahlas

Thursday, June 29th, 2023 • 7:00-9:00 PM

Online via MS Teams

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals.

The most common workplace injury are musculoskeletal injuries (MSIs). They start off as aches and pains and can progressively get worse. They can limit our ability to work at our optimum and to perform all the activities that we like. This workshop will discuss how to set up the child care centre to reduce the risk of educator injuries while caring for children.

Specific to child care work, participants will learn about:

- how MSIs occur
- ideas for setting up the child care centre to reduce the risk of MSIs
- WorkSafeBC resources that are available to assist with educating workers

Gina is a Canadian Certified Professional Ergonomist (CCPE), a Certified Health and Safety Consultant (CHSC) and a Certified Psychological Health and Safety Advisor (CPHSA) working in the ergonomics/human factors field for over 25 years. She has shared her knowledge at conferences, including the International Ergonomics Association Conference, the National Ergonomics Conference (USA), the CSSE Professional Development Conference and the Human Factors and Ergonomics Society Symposium (USA). Currently, she is an Occupational Hygiene Officer at WorkSafeBC using ergonomics/human factors to help employers set up systems for success in health and safety. She is also Secretary for the College of Canadian Certification of Professional Ergonomists, and a part-time instructor for Ergonomics in the BCIT Occupational Health and Safety Certificate program.

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