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	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool	25m Pool	Family Pool
MORNING		: Swim 12:30pm		: Swim 12:30pm		er Swim 12:30pm		: Swim 12:30pm		er Swim 12:30pm		Swim Lessons 9:00am - 9:30am	Membe 7:00am	Swim Lessons 9:00am - 9:30am
								Swim Lessons 10:00am - 12:00pm			Swim Lessons 9:30am - 1:30pm No access to the Hot Tub, 25M Pool & Family Pool during		Swim Lessons 9:30am - 1:30pm No access to the Hot Tub, 25M Pool & Family Pool during swim lesson times	
AFTERNOON	Pool Closed from 12:30pm - 4:00pm		Pool Closed from 12:30pm - 4:00pm		Pool Closed from 12:30pm - 4:00pm			esed from - 4:00pm	Pool Closed from 12:30pm - 4:00pm		Member Swim 1:30pm - 6:45pm Canucks Autism Network 3:00pm - 4:30pm		Member Swim 1:30pm - 6:45pm	
EVENING	Member Swim 4:00pm - 8:00pm * Limited space: 2 lanes available* Y Aquafit 7:15pm- 8:00pm 25m Pool Louise	Swim Lessons 4:00pm- 8:00pm *Limited space: half of Family Pool available*	Public Swi 8:0	m 4:00pm - 0pm	Public Swim 4:00pm - 8:00pm *Limited space: 2 lanes available*	Swim Lessons 4:00pm- 8:00pm *Limited space: half of Family Pool available*		er Swim - 8:00pm	Public Swim 4:00pm - 8:00pm *Limited space: 2 lanes available*	Swim Lessons 4:00pm- 8:00pm *Limited space: half of Family Pool available*	Canucks Autism Network 4:30pm - 6:00pm			
	Note: 7:30pm-8:00pm 1 lane available													

Please note: This schedule is suject to change without notice. Lifeguard courses, Private Lessons & School Board Swimming Lessons may occur in the pool area anytime. For the most up to date schedule information, please visit our website: gv.ymca.ca or scan the QR code.

TLY - Revision Date: March 21, 2023

Member Swim: Day Pass rate applies to Non-Members

Y Aquafit

Swim Lessons:
Pool is closed for swim lessons only during
this time

Public Swim: Reduced Rate Drop- in fee



Pool hours are Monday - Friday 6:00am - 12:30pm & 4:00pm - 8:00pm, Weekends & Statutory Holidays 7:00am-6:45pm