Gymnasium

Cheam Leisure Centre

May 24 - July 2nd

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	North	South	North	South	North	South	North	South	North	South	North	South	North	South
6:00AM	6:00-8:00AM Drop-in Pickleball (Beginner)	6:00-10:15AM Open Gym	6:00-10:30 Open Gym		6:00-9:15AM Open Gym	6:00-8:15AM Drop-in Pickleball (All Levels)	6:00-9:00AM Open Gym	6:00-10:15AM Open Gym	6:00-8:00AM Drop-in Pickleball (All Levels)	6:00-9:00AM Open Gym				
6:30AM														
7:00AM											7:00 - 10:00AM Open Gym		7:00-11:00AM Open Gym	
7:30AM														
8:00AM	8:15-9:15AM HITT					8:15-9:15am HITT			8:15-9:15AM Open Gym					
8:30AM														
9:00AM					9:15-10:15AM Total Body Strength		9:15-10:15AM Zumba		9:15-10:15AM Total Body Stength					
9:30AM	9:30-10:15AM Open Gym					9:30-10:30 Open Gym								
10:00AM											10:15-11:15AM Zumba	10:00-11:30AM Open Gym		
10:30AM	10:30-11:30AM Strength & Balance		10:30-12:00pm Ladies Pickleball (All Levels)		10:45-11:30AM LifeFit		10:30-11:30AM Strength & Balance		10:30-11:15AM LifeFit					
11:00AM														
11:30AM					11:30-12PM Open Gym				11:30-12PM Open Gym		11:30 - 1:00PM Open Gym			
12:00PM	12:00-4:00PM Open Gym		12:00-2:30PM Drop-in Pickleball (All Levels)		12:00-2:00PM Family Drop-In Gym		12:00-5:00PM Open Gym		12:00-2:30PM Drop-in Pickleball (Beginner)				11:00 - 3:00PM Drop-in Badminton	
12:30PM														
1:00PM														
1:30PM											1:00 - 5:00PM Drop-in Ball Hockey			
2:00PM					2:00-4:00PM Open Gym									
2:30PM			2:30-5:30PM Open Gym	2:30-9:00PM Open Gym					2:30-7:00PM Open Gym					
3:00PM													3:00-5:00PM Open Gym	
3:30PM														
4:00PM	4:00-5:00PM BC Bounce				4:00-5:00PM BC Bounce									
4:30PM														
5:00PM	5:00-6:00PM BC Bounce				5:00-6:00PM BC Bounce		5:00-6:30PM Drop In Volleyball							
5:30PM			5:45-6:45PM Zumba											
6:00PM	6:00pm-7:00PM BC Bounce				6:00pm-7:00PM BC Bounce									
6:30PM														
7:00PM	7:00-9:00PM Open Gym		7:00-8:00PM HITT		7:00pm - 10:00pm Drop-in Ball Hockey		6:30-10:00PM Open Gym		7:00-9:00PM Drop In Badminton					
7:30PM														
8:00PM			8:00-9:00PM Open Gym											
8:30PM														
9:00PM														
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9:30PM														