

# Aquatics Schedule

CheamLeisureCentre.ca

# Cheam Leisure Centre August 21 - September 4th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00	6:00am-8:00am <b>Leisure &amp; Lane Swim</b> 6 Lanes Available		6:00am-8:00am <b>Leisure &amp; Lane Swim</b> 6 Lanes Available	6:00am-8:00am <b>Leisure &amp; Lane Swim</b> 6 Lanes Available	6:00am-8:00am <b>Leisure &amp; Lane Swim</b> 6 Lanes Available		
6:30							
7:00							
7:30							7:30am-8:30am <b>Leisure &amp; Lane Swim</b> 6 Lanes Available ***
8:00		6:00am-10:00am <b>Leisure &amp; Lane Swim</b> 6 Lanes Available					
8:30	8:00am-9:30pm <b>Leisure Pool</b>		8:00am-9:30pm <b>Leisure Pool</b>	8:00am-9:30pm <b>Leisure Pool</b>	8:00am-9:30pm <b>Leisure Pool</b>		
9:00							
9:30	8:30am-9:30am <b>Blended AquaFit *</b>		8:30am-9:30am <b>Blended AquaFit *</b>	8:30am-9:30am <b>Blended AquaFit *</b>	8:30am-9:30am <b>Blended AquaFit *</b>		
10:00							8:30am-11:30am <b>Pool Closed for Swimming Lessons</b>
10:30	09:30am-11:30am <b>Public Swim</b> 1 Lane + Diving board ****	10:00-11:30pm <b>Physio Swim + Quiet Time Leisure Pool</b> 3 Lanes Minimum + 3 Walking Lanes ****	09:30am-11:30am <b>Public Swim</b> 1 Lane + Diving board ****	10:00-11:30pm <b>Physio Swim + Quiet Time Leisure Pool</b> 3 Lanes Minimum + 3 Walking Lanes ****	09:30am-11:30am <b>Public Swim</b> 1 Lane + Diving board ****		
11:00							
11:30	11:30am-1:45pm <b>Spartans Swim Club</b> 3 Lanes	11:30am-1:45pm <b>Leisure &amp; Main Pool</b> 3 Lanes	11:30am-1:45pm <b>Spartans Swim Club</b> 3 Lanes	11:30am-1:45pm <b>Spartans Swim Club</b> 3 Lanes	11:30am-1:45pm <b>Spartans Swim Club</b> 3 Lanes		11:30am-2:00pm <b>Leisure &amp; Main Pool</b> 3 Lanes Minimum ****
12:00							
12:30							
13:00							
13:30							
14:00		1:45pm-7:00pm <b>Leisure Pool</b> 3 Lanes		1:45pm-7:00pm <b>Leisure Pool</b> 3 Lanes			2:00am-4:30pm <b>Public Swim</b> 1 Lane + Diving Boards ****
14:30							
15:00							
15:30							
16:00							
16:30	1:45-8:30pm <b>Leisure Pool &amp; Main Pool</b> 3 Lanes	1:45pm-7:00pm <b>Leisure Pool &amp; Main Pool</b> 3 Lanes	1:45-8:30pm <b>Leisure Pool &amp; Main Pool</b> 3 Lanes	1:45pm-7:00pm <b>Leisure Pool &amp; Main Pool</b> 3 Lanes	1:45-8:30pm <b>Leisure Pool &amp; Main Pool</b> 3 Lanes		
17:00							
17:30							
18:00							
18:30							
19:00							
19:30		7:00-8:00pm <b>Blended AquaFit *</b>					
20:00							
20:30		8:00pm-8:30pm <b>Public Swim</b> 1 Lane Minimum ***		7:00-8:30pm <b>Public Swim</b> 1 Lane + Diving Board ****			

POOL CLOSED

Pool Capacity Limits \*

- \* 40 Swimmers Maximum
- \*\* 80 Swimmers Maximum
- \*\*\* 120 Swimmers Maximum
- \*\*\*\* 160 Swimmers Maximum

Thank you for your understanding as we recruit and train more lifeguards

**Main Pool:** A six-lane, 25-metre pool. Also includes the hot tub, and the sauna.

**Leisure Pool:** A shallow, family-friendly section of the pool. Also includes the lazy river, hot tub, and the sauna.

**Public Swim:** All pools and features open, including diving boards.

**Lane Swim:** A time where the main pool is dedicated to lane swim and all six lanes are available.

**Quiet Time:** A leisure pool swim with reduced noise and distractions to support those who enjoy a quieter environment to swim in. While everyone is welcome during this time, we ask that those who attend are mindful of their noise and activities during this time.

**Important Dates**  
Please note that the schedule is subject to change.

Statutory Holidays:  
Monday August 7th  
Monday September 4th

Schedule may differ for Statutory Holidays

Please contact (604)-824-0231 at ext. 1 for any schedule inquiries.