

Important Information About our Workshops!

Note: Registration begins on December 1, at 10:00 a.m.

After creating your online profile on myymca.ca, YMCA CCRR members registering for the first time will need to contact the YMCA CCRR to activate their online membership and receive the discounted members rate.

Please note that in order to receive your certificate of completion after attending a workshop, you will also need to include your email address in your myymca.ca profile.

Registration Information:

- Register online via myymca.ca or by phone.
- Payment options available: American Express, MasterCard, Visa or Debit. *For your protection, please do not leave credit card information on our voice mail.*
- Registrations will be confirmed by email. We do not provide reminder phone calls.
- Refunds and transfers will only be given to registrants who provide 5 working days notice. All withdrawals and transfers are subject to a \$5.00 administration fee, per workshop, regardless of notification given.
- Refunds will not be issued due to technical difficulties with your equipment.
- Workshops may be cancelled due to insufficient enrollment and other factors outside of our control. In the case of cancellation, a full refund will be issued.

Workshop Policies:

- In person and online workshops start promptly at the time indicated. Participants will not be admitted 15 minutes after start time.
- Individuals leaving early will not receive a certificate of completion.
- If you are feeling unwell and exhibiting COVID-19 or flu like symptoms please do not attend & risk infecting others.
- We cannot guarantee a scent-free environment, but as a courtesy to others please refrain from using scented products.
- We are unable to accommodate children during workshops or courses.
- For online workshops, cameras need to be on and participants in view for the duration of the workshop to receive a certificate of completion.

Workshop Locations:

Tri-Cities CCRR: 1130 C Austin Ave., Coquitlam | crr@gv.ymca.ca | 604-931-3400

Burnaby/New Westminister CCRR: 4460 Beresford St., Burnaby | crr@gv.ymca.ca | 604-294-1109

New Westminister Schools Welcome Centre: 820 6th St., New West. | crr@gv.ymca.ca | 604-931-3400




The YMCA Child Care Resource and Referral provides certificates of participation for a variety of workshops. When claiming a workshop or course for training hours it is the participant's responsibility to check with the ECE Registry or Community Care Licensing.

For more information on the ECE Registry please visit: <http://www.mcf.gv.bc.ca/childcare/ece/index.htm>

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Ministry of
Children and Family
Development

The YMCA CCRR acknowledges the City of Burnaby for its support

Winter 2022 Training

Responsible Adult

20 Hour Responsible Adult for Child Care Training Course

This course meets the requirements for 20 hours for “Responsible Adult” as stipulated by Child Care Licensing Regulations. The content covers child development, guiding behaviour, health, safety, nutrition and programming. The course is live and interactive, so participants must have video and audio capabilities, and participate and attend all sessions to receive the certification at the end of the course. To sign up for this course participants must:

To sign up for this course participants must:

- Be 19 years of age
- Have minimum Grade 8 English written and oral skills
- Attend all scheduled sessions

Once the training is complete, participants are eligible to work as a Responsible Adult in:

- School-age Care Centres
- Licensed Family Child Care Centres
- Registered License-Not-Required Child Care Centres
- As additional support or substitute in Licensed Preschool and child care programs
- Summer Camps

Dates: Wednesdays & Fridays
January 12 to February 11, 2022
(10 sessions)

Time: 10:00 am - 12:00 pm

Location: Tri-Cities CCRR
1130 C Austin Ave., Coquitlam

Cost: \$50.00

Presenters: CCRR Consultants



Participants must attend all sessions in order to receive the certification at the end of the course.

For more information or to register, please call 604-931-3400, or email ccrr@gv.ymca.ca

*“I alone cannot change the world, but I can cast a stone across the waters to create many ripples.”
- Mother Teresa*



Funding for this program is provided by the province of British Columbia

EARLY CHILDHOOD PEDAGOGY NETWORK

|ecpn.ca | ecpn@uwo.ca | @EcpnBc

Nourishing Daily Practices: Dialogue with Community Pedagogists

Join a new series of community dialogues with ECPN Pedagogists Mary Kim and Natsuko Moteji and local educators from Burnaby, Tri-Cities and New Westminster. In these ongoing community conversations, we continue to focus on nourishing daily practices that commit us to live well together.

Leaning on the BC Early Learning Framework, which “is grounded in a pedagogy of listening” (BC ELF, p.72), come prepared to slow down in a collective inquiry into how we notice, think and engage differently with a pedagogy of listening.

January 25, February 25, & March 29, 2022 (7:00 - 8:30 pm PT)

[Click here to register](#)

Professional development certificates will be issued.



Networking: Winter Make and Take

Presenter: CCRR Consultants

Date: Thursday, January 20, 2022

Time: 6:30-8:00 pm

Location: Burnaby/New Westminster CCRR

Fee: \$5.00

Suitable for all early learning professionals.

Create your own resources and have fun doing it! Bring your enthusiasm and spend an evening with us and other child care providers to create a Winter resource for you to take back to your centre, using a variety of materials the CCRR has available.

Light refreshment will be provided.

A one-hour professional development certificate will be sent to participants upon completion.

Bullying Prevention: Empowering Children

Presenter: Dorothy Fizzell

Date: Wednesday, February 2, 2022

Time: 7:00-9:00 pm

Location: Tri-Cities CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Bullying in many environments is becoming increasingly more visible in our society. However, when young children feel good about themselves and feel they belong when they learn empathy, emotional literacy and peaceful problem-solving in a diverse environment, the likelihood that bullying occurs as they get older is greatly reduced. Come participate in a discussion about how an anti-bias program is related to preventing bullying as children grow. Learn what the anti-bias goals for children are, and some strategies to encourage an inclusive, safe environment for all the children in your program.

Dorothy has worked as an Early Childhood Educator since 1982, providing leadership, supporting and maintaining professional relationships with child care providers, families, community and government agencies. She has coordinated community service programs with multiple responsibilities and has proven experience working in diverse cultural/ social environments. Dorothy is an experienced facilitator and public speaker on a diverse range of early childhood topics. She is an advocate for children, and for the provision of ongoing, relevant training and resources for families and child care providers.

Maachi Kashkihtow Mamawii (Sharing Métis Culture)

Presenters: Lisa Lightening and Kim Hodgson

Date: Thursday, February 3, 2022

Time: 7:00-9:00 pm

Location: Burnaby/New Westminister CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals.

Métis Nation British Columbia Ministry of Education presents a workshop in understanding, identifying, and supporting Métis children and culture in early years programming. Through an interactive workshop, facilitators will share information on Métis history and culture in Canada. Understanding who Métis are, and ways individuals can connect. Through cultural resources, facilitators will demonstrate how to incorporate cultural items into early years programs and activities, to ensure children learn more about the Métis culture. Métis children and families will begin to see themselves reflected in the programming provided within their community. Throughout the workshop participants and facilitators will encompass and reflect on the Métis core values while engaging in an interactive workshop that focuses on relationships, connectivity and collaboration of knowledge and learning.

Lisa Lightening has been in the Early Childhood Education field for 30 years. She has managed and developed a number of Early learning programs for Indigenous communities throughout the north. Lisa has experience facilitating parenting programs, childcare-focused workshops and creating workshops to meet the needs of the community she works in. Lisa has been working with Métis Nation British Columbia since February 2019, where she contributes her love of culture, early learning, and child development to each project/program she is involved in.

Kim Hodgson is the Métis Family Connections Navigator for the Thompson & Nicola Regions. She is a proud Métis descendant of the Red River Settlement and Hodgson, Manitoba. Kim has extensive experience both as an educator in K-12 and as a volunteer and community leader for Métis Nation BC. She is passionate about Métis culture and committed to learning and sharing Métis traditional knowledge with children and families.

Managed Risk Taking for Infants & Toddlers

Presenter: Ward Nakata

Date: Saturday, February 5, 2022

Time: 9:30 am-12:45 pm (15-minute break)

Location: Tri-Cities CCRR

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents.

Beginning with an image of infants and toddlers as capable learners who want to explore their world, concrete examples and illustrations will be shared, introducing childcare providers to a variety of creative materials and activities with which to challenge this age group.

Ward Nakata has worked in child care for over 15 years. He is currently employed by UBC Child Care Services working with infants, where he has been employed for the past 13 years. He has presented workshops at the Early Childhood Educators of BC conference and has also been a guest speaker at both Langara and Vancouver Community Colleges. He has three children and a partner who also works in childcare.

Recognizing Stress in Children: How You Can Help

Presenter: Rishma Dhalla

Date: Wednesday, February 9, 2022

Time: 7:00-9:00 pm

Location: Online Via ZOOM

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

One of the most common struggles for child care providers is dealing with "challenging behaviours", in many cases, caused by stress. In this workshop, presenter Rishma Dhalla will explore common stressors for young children and how they are typically manifested. She will provide concrete strategies for you and the children in your care to manage the behaviours more effectively.

Rishma Dhalla has been a registered Occupational Therapist in British Columbia for the last 25+ years. She has worked in many settings, from acute care to long-term care, in the public and private health care systems. Rishma has experience in public health and health promotion and has a strong passion for prevention, working for 15 years in seniors' fall prevention and 8 years in stress management. Rishma is now a solo practitioner in BC with her own OT private practice called OT4Life. Through her focus on stress management, Rishma has had opportunities to provide workshops for child care providers across BC, to ensure that the prevention of stress can begin as early as pre-school through mindfulness strategies and so much more! Check out her website:

www.ot4lifebc.ca Rishma also has a YouTube channel where she posts videos about stress management: [https://](https://www.youtube.com/channel/UChjWCtIEFTDwRb_Z-MeeWrw)

www.youtube.com/channel/UChjWCtIEFTDwRb_Z-MeeWrw

Emergency Preparedness

Presenter: Carolyn Sinclair

Date: Thursday, February 10, 2022

Time: 7:00-9:00 pm

Location: Burnaby/ New Westminster CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

This two-hour workshop will focus on tips, tools and discussions on how to help children prepare for their psychosocial and physical needs during crises and emergencies.

Participants will explore how to help families and children plan before and during emergencies. Discussions will explore some of the challenges related to resiliency and recovery following an emergency. This will be done by sharing lessons learned and best practices.

Carolyn is President of Strategic Business Risks Inc (SBRI), which delivers customized emergency management planning, response goals and education. She has been an instructor at the Justice Institute of BC for more than having 20 years. She is presently instructing in the Emergency Management Division as well as the Centre for Counselling and Community Safety | School of Health, Community and Social Justice. She has over 25 years of professional and practical experience in the areas of emergency management, critical incident management, crisis response, and recovery. Carolyn is passionate about ensuring all first responder and front-line workers have the courage and confidence to work within and to maintain psychologically safe and healthy workplaces.

Learning How to Mentor the Next Generation of ECE's

Presenter: Andrea James

Date: Saturday, February 12, 2022

Time: 9:30am-12:45pm (15 min break)

Location: Burnaby/New Westminster CCRR

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents.

As early childhood educators, we all had the opportunity to attend practicums to support the growth of our skills. However, no one ever taught us how to mentor the students we would be supporting. This workshop will support your skills in being a practicum sponsor teacher. Using information from the Practice Based Teaching model, you will learn positive concrete strategies to support the practical development of our future early childhood educators. This will be a participation-based workshop, please come prepared to engage and participate.

Objectives:

- Learn effective strategies on how to mentor/coach early childhood education practicum students at your child care program.
- Understand the importance of using positive mentorship strategies to support the development of skills in ECE practicum students.
- Be able to label the steps in Practice Based Coaching

Andrea has been an early childhood educator for over 30 years. She is currently working as an early childhood instructor at Langara College.

Policies, Procedures & Parent Provider Contracts

Presenter: Vicki Lepper

Date: Thursday, February 16, 2022

Time: 7:00-9:00 pm

Location: Tri-Cities CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

How are your policies and parent/providers contracts working for you? Have you had things come up and maybe you would like to add, change or tweak your parent package? Are you just starting out or would you like a little support? We will be discussing the importance of having this ready when families come to use your child care services.

Vicki Lepper operated a licensed child care in Coquitlam for over 30 years and is a passionate child care advocate. Vicki was a board member for BC Family Child Care Association (BCFCCA) from 2011 to 2015. Vicki presents her own workshops, is a "Kids Have Stress Too!" Master Trainer for The Psychology Foundation of Canada, is a "Good Beginnings: Professional Development for Child Care Providers" Facilitator for BCFCCA, is a member of the Tri-Cities ECD Committee, networks with child care providers, and has received many awards and is also actively involved in her community. Vicki loves connecting and sharing resources with those who have chosen a career working with children.

You may not recognize success when it happens. It's not always the thing you expected it to be. Looking back you will realize that there are successes to be recognized and joy to be seized in every day.

- Elizabeth Keane



Risk Taking in Play: It's Too Dangerous Not To!

Presenter: Sophie Cooper

Date: Thursday, February 17, 2022

Time: 7:00-9:00 pm

Location: Online Via ZOOM

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Risk-taking provides some of life's most thrilling, empowering and educational experiences and is an innate part of children's play. Coming from a play-work perspective, this interactive workshop will look at how our risk-averse society has impacted children and childhoods, including our own personal comfort levels. Through group exercises and discussion, participants will take practical steps, including using a risk-benefit assessment tool, to identify where and how children in their care can test their physical and emotional limits while reducing the likelihood or severity of harm.

Sophie Cooper has 20 years of experience in child-directed free play and in play-work training for adults. Sophie started out as a play ranger supporting inclusive play provision in South Wales and went on to co-develop and deliver a ground-breaking play-work development course for Play Wales: Play-work Principles into Practice. She is a qualified play-worker and play-work trainer with a Forest School Level 1, a Masters' Degree in Community Education and a Post-Graduate Diploma in Youth and Community Work. Sophie currently lives in North Vancouver with her husband and 11-year old son and works with adults building capacity for rights respecting, participatory and playful ways of working with children and youth.

Networking: Exploring Indigenous Resources

Presenter: Tara Simon

Date: Wednesday, February 23, 2022

Time: 6:30-8:00 pm

Location: Tri-Cities CCRR

Fee: \$5.00

Suitable for all early learning professionals.

We are very fortunate to have a wide range of Indigenous materials in our Early Learning Resource Library. Tara Simon from Spirit of the Children Society will help us discover how these materials, stories, and activities can be used in culturally respectful ways in your child care centre. You will receive resources to take away and share with the children you work with.

Light refreshments will be served.

A one-hour professional development certificate will be sent to participants upon completion.

Tara Simon is an ECD Teacher at Spirit of the Children Society. She is Saulteaux from Manitoba. Tara worked as an ECE teacher for 14 years, 11 of which were with Spirit of the Children Society. Tara loves to teach children and enjoys preparing theme-based art for the children to explore.

Loving the Outdoors Through Literature

Presenter: Tricia Edgar

Date: Wednesday, March 2, 2022

Time: 7:00-9:00 pm

Location: Tri-Cities CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

You don't need to wonder "Where the Wild Things Are." Sometimes they're in your classroom! In this workshop, connect stories about animals, plants and wild places to outdoor activities. Use literature to bring your group of wild things outdoors to explore! Books can take us far away from our homes and schools, out into the forests and mud puddles of our imagination. Whether you're new to outdoor learning or a seasoned outdoors person, get ideas for creating connections between books, songs, stories and outdoor activities.

Tricia Edgar has worked with children in the temperate rainforests of Vancouver for over 25 years. She is the co-founder and director of Fresh Air Learning, a forest school in Metro Vancouver, and she is also the Education Coordinator at the Lynn Canyon Ecology Centre.

Networking: Spring Felt Stories – Make and Take

Presenter: CCRR Consultants

Date: Thursday, March 3, 2022

Time: 6:30-8:00 pm

Location: Burnaby/New Westminster CCRR

Fee: \$5.00

Suitable for all early learning professionals.

Come join us for an exciting networking event and invite Spring into your centre! We'll provide templates and materials for Spring themed felt stories. All we need is YOU! This should be a great opportunity to meet, connect, and get crafty with fellow childcare providers.

Light refreshment will be provided.

A one-hour professional development certificate will be sent to participants upon completion.

Building Positive Relationships Within Our Diverse World

Presenter: Bruce Ivany

Date: Saturday, March 5, 2022

Time: 9:30 am-12:45 pm (15-minute break)

Location: Tri-Cities CCRR

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents.

As we build positive relationships and young people of character and citizenship, the diversity of religion, race, gender, and culture from person to person is important to understand and embrace. This session will examine three areas: 1. What can we do to build self-confidence in young people? We will examine the three-legged stool of self-confidence, understand the difference between praise and encouragement, the difference between a fixed and growth mindset, and look at practical ways to develop a positive view of self. 2. Young people are more likely to grow up successfully when they experience developmental relationships with important people in their lives. How do we build effective developmental relationships? 3. A group could be formed of preschoolers, colleagues, a family. What are the characteristics of an effective group? What are the ways to develop a "group" effectively?

Bruce is currently an Associate Professor and the Professional Year Coordinator in the School of Education at Trinity Western University, Langley BC. Bruce has been an educator for over 40 years. He is a certified trainer with the Gurian Institute and has conducted over 75 sessions for schools, districts, community groups, and parents on the topic of How Boys and Girls Learn Differently. Bruce has a wealth of experience presenting to large and small organizations and has conducted an additional 85 workshops throughout North America on positive youth development.

Science of Circle Time: Circle Time with Science

Presenter: Cheryl Song

Date: Tuesday, March 8, 2022

Time: 7:00-9:00pm

Location: New Westminster Schools Welcome Centre

Fee: Free

Suitable for all early learning professionals.



Incorporating simple and engaging science activities in circle time fun, while igniting children's love of learning and curiosity about the world of science. Learn ways to make circle time more fun and exciting than regular felt stories and songs and rhymes. Enhance circle time by adding some science themes into different stories and songs. The workshop is suitable for ECEs, FCC providers, Multi-age providers, and Early Years facilitators.

Cheryl Song has 20 years of experience working with children and families, as a licensed early childhood educator and family educator. Cheryl works with children and families in a variety of early years programs. She especially loves finding creative ways to make circle time engaging and educational. She is also a columnist, blogger and author of a bilingual children's songs and rhymes book.

Rich Sensory Environments for Infants & Toddlers

Presenter: Ward Nakata

Date: Wednesday, March 9, 2022

Time: 7:00-9:00 pm

Location: Tri-Cities CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

This workshop examines ways in which infants learn through their senses, and how the senses are interconnected. These sensory connections are the infant's building blocks for the increasingly complex thoughts and concepts that develop through our childhood. We will explore how we as parents and child care providers can enhance the infant's opportunities for sensory learning through thoughtful practice, using natural elements and a variety of simple props and equipment.

Ward Nakata has worked in child care for over 15 years. He is currently employed by UBC Child Care Services working with infants, where he has been employed for the past 13 years. He has presented workshops at the Early Childhood Educators of BC conference and has also been a guest speaker at both Langara and Vancouver Community Colleges. He has three children and a partner who also works in childcare.

Understanding Behaviour Issues Based on the Attachment Theory

Presenter: Dr. Minnie Mossop

Date: Thursday, March 10, 2022

Time: 7:00-9:00 pm

Location: Burnaby/New Westminister CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Studies have confirmed that developing secure attachment relationships is critical for the healthy development of young children, including those in group child care settings. However, the relationships between early childhood educators and children differ from those between parents and children, so applying attachment theory in group child care settings can be challenging.

This workshop is designed for early childhood educators, especially those who work with infants and toddlers in group child care settings. It will guide you to understand their crucial roles in developing attachment relationships while discussing different kinds of attachment types and start discussions on strategies for developing attachment relationships with children. Moreover, early childhood educators will have opportunities to connect common misbehaviours with different attachment styles to increase opportunities to apply attachment theory when working with young children.

Dr. Minnie Mossop is a passionate infant and toddler specialist with a Ph.D. and MA in Infant and Early Childhood Development and an M.Ed. in Early Childhood Education. Her research interests cover various mental health areas (e.g., attachment, brain development, co-regulation) of young children, especially infants and toddlers. She is a faculty member of the Early Childhood Education Program at Douglas College. She has also supported hundreds of families and ECEs in North America through online/offline consultations and group workshops.

"Just one small positive thought in the morning can change your whole day."

– Dalai Lama



LISA MURPHY ON..... BEING CHILD CENTERED!

Presenter: Lisa Murphy - Ooey Gooley Lady

Date: Saturday, March 12, 2022

Time: 9:30-11:00 am

Location: Online Via ZOOM

Fee: \$5.00

Suitable for all early learning professionals and parents.

This workshop is the workshop version of the content in her latest book: Lisa Murphy On... Being Child Centered. This session provides an in-depth exploration of the 9 points within the framework of Lisa Murphy's approach to working with children. Via interactive lecture, true-to-life examples, anecdotes and her signature "learning and laughing" style, this workshop presents what it really means to be a hands-on, play-based, child-centered program.

Lisa Murphy has been involved in early childhood education for over 30 years. She has written five books, produced numerous training DVDs, serves on many early childhood advisory boards, is an international speaker and trainer, is co-host of the podcast Child Care Bar and Grill and is the founder and CEO of Ooey Gooley, Inc. As an outspoken advocate, Lisa is known for her commitment to creating child-centered, play-based early childhood environments and her fierce protection of childhood. In 2013 she received her Master's in Early Childhood Education from Champlain College, in 2018 she received the Patricia Monighan Nourot Award for Exemplary Leadership and Play Advocacy from NAEYC's Play Policy and Practice Interest Forum, and in 2020, her latest book, Lisa Murphy On... Being Child Centered was nominated for "Best in Education" by Midwest Book Awards. Her seminars have been called humorous, energetic, content-rich and inspiring. She currently resides in Central Florida.

Introduction to Wet Felt

Presenter: Catherine Dumaine (Place des Arts)

Date: Wednesday, March 16, 2022

Time: 7:00-9:00 pm

Location: Tri-Cities CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Join us for some hands-on experience to learn basic wet felt making techniques. Discover the possibilities of felting and learn how to transform wool into many beautiful pieces of art by creating felted beads, balls, flat felting and more. All supplies provided.

Catherine Dumaine is a fibre artist living in Port Coquitlam, B.C. She has been teaching in art centres and institutions around the Lower Mainland and in local schools since 2007. Catherine's Fiber Fun classes for children are among Place des Arts' most popular programs, and she is also a regular art camp teacher, where she offers a variety of fibre arts classes to children and youth.

Little Food Explorers

Presenter: Joel Barohn (BC Dairy Association)

Date: Thursday, March 17, 2022

Time: 7:00-9:00 pm

Location: Online Via Zoom

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Help toddlers and preschoolers develop positive feelings about food and eating in the Little Food Explorers workshop! Participants will learn about a fun, structured approach to exploring food with children, including ideas on how to make snacks that require minimal prep, and how to create positive mealtimes.

Includes a resource booklet. The CCRR will call to arrange for pickup from one of our locations after the workshop.

Joel is the Education and Community Partnerships Manager and a registered dietitian at BC Dairy Association. He received his Master's in Nutrition Science at the University of Kansas Medical Center. Prior to becoming a registered dietitian, Joel attended the Culinary Institute of America in Hyde Park, New York, and later taught culinary school to the public in South Texas. In addition to his role at BC Dairy, Joel is an Adjunct Professor at the University of British Columbia where he teaches future dietitians about food theory and food applications.

Networking: Ted Talk - Inspiration through Conversation

Presenter: CCRR Consultants

Date: Saturday, March 19, 2022

Time: 9:30-11:00 am

Location: Tri-Cities CCRR

Fee: \$5.00

Suitable for all early learning professionals.

Are you in need of inspiration? Join us for a morning to connect, share thoughts, and have insightful conversations! Together we'll watch Ted Talks that are full of joy and excitement, and then reflect through conversations about how we can shake things up in our practice. Through thoughtful idea sharing and community building, you'll be sure to leave inspired and reinvigorated!

A one-hour professional development certificate will be provided.

Inclusionary Practices

Presenter: Lina Brasil & Rebecca Fisher (Kinsight)

Date: Wednesday March 23, 2022

Time: 7:00-9:00 pm

Location: Online Via ZOOM

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

In this workshop Supported Child Development Consultants will discuss their role in supporting early childhood inclusion among early childhood educators and enhancing the capacity of service providers to offer high quality, inclusive early care and learning. Working with SCD and the role of the Program Assistant (Extra Educator) and how that can improve outcomes for young children with special needs who attend childcare centres. We will be discussing: What is high quality, inclusive care for children? How can childcares provide high quality care? What are some of the significant challenges educators face when working with Special Needs Children? What is the role of the program assistant?

Lina Brasil has a degree in Early Childhood Education and Care and has been in the ECE field for over 17 years, and as a Supported Child Development Consultant with Kinsight since April 2019. I have always been fascinated by how young children learn, especially from one another. The opportunity to engage in reflective practice, advocate for children and support families as an educator is one that I approach with passion, curiosity & humility. Looking forward to more years of wonder, creativity, joy, dialogue & discovery.

Rebecca Fisher has been working with Kinsight since September 2020, with most of my work experience being in Infant Development and now as a Supported Child Development Consultant. I earned my Bachelor of Arts degree, majoring in psychology and I am currently completing my master's of counselling. I have a passion for supporting individuals with developmental and intellectual disabilities and hope to help create more inclusive, accepting, and playful settings for young people.

Having Challenging Conversations with Families

Presenter: Georgianna Lee

Date: Thursday, March 24, 2022

Time: 7:00-9:00 pm

Location: Burnaby/New Westminster CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

To best serve the children we support, at times we need to have challenging conversations with the parents and caregivers. Despite our best intentions and efforts, these conversations don't always go the way we hope. We may feel afraid to share difficult news, feel unsure about whether our observations and feedback are welcome or worry that our boundaries won't be honoured or respected. Join us as we explore how to discern what needs to be shared, learn how to prepare ourselves (and our nervous systems) for these conversations and grow our ability to access the empathy needed to support families during these conversations.

Georgianna Lee is a counsellor and coach working with individuals and families in Canada and internationally for over 16 years. She has a private coaching practice serving clients around the world and teaches for Rising Woman. She also facilitates Conscious Relationship Workshops and weekly women's groups. Georgianna enjoys mentoring and supporting teachers and early childhood educators as they embrace their role in offering co-regulation and guidance to their students.

Her passion is to help people cultivate self-acceptance, self-compassion and their ability to regulate their emotions so they can move through life with more ease and courage.

Emergency Child Care First Aid / CPR Level B

Date: Saturday, March 26, 2022

Time: 9:00 am-6:00 pm (with a 30 minute lunch break, and two 15 minute breaks)

Location: Tri-Cities CCRR Office: 1130 C Austin Ave., Coquitlam

Fee: \$110.00

Payment: online: www.vital-link.ca, by Credit Card: phone 604-644-470+9 or mail your cheque or Money Order, payable to The Vital Link, 1823 Harrison Dr., Van., BC V5P 2P4

This course includes choking skills, breathing emergencies and CPR for babies and children. The course also covers basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions.

AED certification is also included.

Please bring your own lunch, wear comfortable clothing and arrive 10 minutes before the course begins.

Karen Clark is the owner and operator of The Vital Link, teaching Red Cross First Aid and CPR courses for over 30 years. She has taught locally, provincially, nationally and internationally. Karen's background and certification is in Early Childhood Care and Education.

Building Resilience in Children and Adults

Presenter: Karen Lesage

Date: Saturday March 26, 2022

Time: 9:30 am-1:15 pm (15 min break)

Location: Burnaby/New Westminister CCRR

Fee: \$15.00 members; \$20.00 non-members

Suitable for all early learning professionals and parents.

Participants will learn how they can support children who have experienced adversity and help all children build resilience to past, present and future adverse experiences.

Participants will learn:

- to recognize symptoms of trauma and resilience
- how to offer immediate support to children if they become upset and dysregulated, using the wellness skills of the Community Resiliency Model(CRM)[®]
- how to have their own self-care practices to build their resilience and prevent compassion fatigue

Karen has over 25 years of experience working with children from birth to nineteen years of age in childcare and community settings. Her focus has been on creating safe and inclusive spaces for all children. She is a licensed Early Childhood Educator, Infant/Toddler Educator and Special Needs Educator. Karen is a certified Community Resiliency Model[®] Teacher as well as a registered 200-hour Yoga Teacher, Children's Yoga Teacher and Prenatal Yoga Teacher.

Fun with Indigenous Drums

Presenter: Terri Mae Galligos

Date: Wednesday, March 30, 2022

Time: 7:00-9:00 pm

Location: Tri-Cities CCRR

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

Drum included in the cost of the workshop!

Drumming is worldwide. Many cultures have drums and drum beats according to their connection to the land. Terri's approach to drumming is beginning with a story. What is a drum and what elements of Mother Earth is it made from? Basic Drum beats and patterns and breathing is then discussed. As this is a beginner's session, basic songs, nursery rhymes, chants, lullabies are encouraged to be brought to the drumming circle. The intent is to have one feel comfortable holding a drum and feeling its medicine.

Terri Mae Galligos belongs to the Tl'amin Nation (Northern Coast Salish). She is a district Aboriginal resource teacher for the Coquitlam board of education. Her role is advocating Indigenous ways of being and decolonizing methodologies through allyship. Terri believes in the honour of one is the honour of all and the dishonour of one is the dishonour of all. Building positive, sustainable relationships is Terri's approach when debunking myths that her culture is something of the past.

Supporting Inclusion with Supported Child Development

Presenter: Lorraine Bascombe and Adelle Fassler

Date: Thursday, March 31, 2022

Time: 7:00-9:00pm

Location: Online Via ZOOM

Fee: \$10.00 members; \$15.00 non-members

Suitable for all early learning professionals and parents.

The Supported Child Development (SCD) Program is a community-based program, funded by the Ministry of Children and Family Development. We assist families of children who require additional support to access inclusive child care programs. Working with child cares, preschools, and school age care programs, we provide consultation services and extra staffing assistance to ensure inclusive practices for children who need extra support. Our program is part of The BC Centre for Ability who provides services that aim to enhance the quality of life for children, youth and adults with developmental delays and disabilities.

This workshop will focus on:

- What is SCD? What is our role within your program?
- What is the BC Centre for Ability and what services do they offer for families?
- What other resources are out there while we might be waiting for services? Who can we refer families to?
- What is inclusion? How can we make sure each child is fully included in our childcare?

* This workshop will include one fun activity & a free giveaway

The YMCA CRRR will arrange for the pick up of workshop Activity Materials before the workshop from one of our locations.

Lorraine has been an early childhood educator for 40 years as an ECE including 15 years with Burnaby SCD. Her passion is supporting clients to be triumphant with the support of family, caregivers and community.

Adelle is a Supported Child Development Consultant in the Burnaby community from the BC Centre for Ability. Adelle is a community partner and works conscientiously with many programs in the community. She visits and supports child care programs, to provide inclusive strategies, and training in order to increase the overall participation of diverse learners. Adelle has a Bachelor of Arts in PSYC, & Fine Arts, as well as a Bachelor of Education in primary education. Adelle has 25 years of experience working in three different communities with diverse learners, including Squamish, Vancouver, and Burnaby.

Give Me the Wild Children

“Give me the wild children
with their bare feet and
sparkling eyes. The restless,
churning climbers. The wild
ones using their outside
voices, singing all the way
home. Give me the wonder-filled,
glorious mess makers
dreaming of mountains
and mud, aching to run through
a field of stars.”

By Nicolette Sowder

