

A YMCA CCRR Online Early Learning & Child Care Conference

Celebrating 30 years of Learning Together through Connections, Reflection and Wonder

**Saturday,
February 26, 2022**

9:00 am - 1:00 pm
Online Via ZOOM

\$10.00

Gift Bags & Door Prizes!

*(Pick-up gift bags at any of our
locations between Feb. 12-24, 2022)*



Conference Overview

We warmly invite you to
Celebrate 30 Years of Learning Together through Connections, Reflection and Wonder

A YMCA CCRR Online Early Learning & Child Care Conference

This event was created as a way to bring together early childhood educators, students and facilitators in the hope of moving practice forward, and we have planned for it to be a fun and inspirational morning in which you can learn from and grow on your personal journey to best practice. The conference will start off with a keynote address from Dr. Paul McGhee, whom we are thrilled to welcome! Following will be online morning workshop sessions that are grounded in early childhood care and education, with content suitable for all early learning professionals.

To stay connected and be in the know for future training opportunities like us on Facebook, follow us on Twitter @YMCACCRR, follow us on Instagram @ymcaccrr or sign up to receive our CCRR Newsletter.

Agenda of the Day:

The conference starts promptly at 9:00 a.m. Late participants will not be admitted 15 minutes after start time.

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|------------------------|---|
| 9:00 - 9:30 a.m. | Welcome and Acknowledgements; Francis James |
| 9:30 - 10:45 a.m. | Keynote Address: Dr. Paul McGhee |
| 10:45 - 11:00 a.m. | Break |
| 11:00 a.m. - 1:00 p.m. | Workshops |

Territory Acknowledgement: Francis James is originally from Sto:lo and lives with his wife and family in Musqueam near UBC. He is the lead singer of the Smokey Valley drum group since 1994, which is a pow wow style group. Also, he is the lead of the Xwelmxw Shxwexwo:s (Salish Thunderbird) dance group which is Coast Salish Style.

Workshop Overviews:

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|-------------------|---|
| Workshop A | The Playful Brain: Development of Young Children's Humour - <i>Dr. Paul McGhee</i> |
| Workshop B | Moving & Learning Across the Curriculum - <i>Rae Pica</i> |
| Workshop C | Jump In and Sing! The Song is Just the Beginning - <i>Charlotte Diamond</i> |
| Workshop D | A New Kind of Fitness: Strengthening Social and Emotional Learning - <i>Dr. Kimberly A. Schonert-Reichl</i> |

Conference Overview Continued

Keynote Address:

Lighten Up! Humour is FUNdamental for Quality Care

This Keynote presentation will focus on how keeping your sense of humour helps early childhood educators and child care providers sustain the frame of mind required to provide quality education and care day after day—even on the tough days. Part of this program emphasizes the notion that a good sense of humour is an essential survival skill for teachers and care providers. A sense of humour is shown to provide the resilience needed to cope with the challenges that working with young children sometimes offers. The need for resilience is even more important now because of the ongoing threat posed by COVID-19.

Dr. Paul McGhee is a developmental psychologist who spent 20 years teaching at the university level before quitting his academic job to become a full-time professional speaker. Paul has published 5 books and many scientific articles on children's humour and is internationally known for his own research in the area. Paul has received lifetime achievement awards from the International Society for Humour Studies, Oakland University and the Association for Applied and Therapeutic Humour for both his basic research on humour and laughter and work on practical daily applications of humour. Dr. McGhee has provided keynotes at many early childhood conferences in the US and Canada (as well as Australia and at the only European AEYC affiliate in Germany).



Workshop Descriptions

Workshop A

The Playful Brain: Development of Young Children's Humour

This workshop describes basic developmental changes in young children's humour from infancy until about age seven, along with the social, emotional and cognitive developmental benefits resulting from young children's humour. Attention is also given to how humour can be used to support young children's learning. Humour has been consistently overlooked in terms of its contribution to social, emotional and intellectual development. It has been my mission to correct this omission within the field of ECE. The lack of attention to children's humour stands as a fundamental gap in the training of early childhood educators and care providers. The essential features of this workshop are contained in my book, *Understanding and Promoting the Development of Children's Humor*. Dubuque, IA: Kendall/Hunt.

Please see Dr. Paul McGhee's bio above.

Workshop B

Moving & Learning Across the Curriculum

The domains of child development — physical, social/emotional, and cognitive — are so intertwined in the early years that a child can't learn something in one domain without learning something in the others. To truly educate the whole child, we must recognize children as thinking, feeling, moving human beings who learn through all their senses. In this workshop, participants explore activities that will offer children meaningful and long-lasting educational experiences in art, language arts, mathematics, science and social studies, while also gaining valuable physical experience.

*Rae Pica is an early education consultant dedicated to the development and education of the whole child. She is the author of 21 books, including *What If Everybody Understood Child Development?* and *What If We Taught the Way Children Learn?* Rae has shared her expertise with such groups as the Sesame Street Research Department, the National Association for the Education of Young Children, and health departments, resource and referral agencies, and school districts throughout North America. Internationally known as a speaker, blogger, and online course creator, Rae is most proud of her fierce defense of childhood.*

Workshop C

Jump In and Sing! The Song is Just the Beginning

Sometimes we need to let go of our inhibitions and “Jump in and Sing!”

Start your day with songs that move as well as teach language. Singing adds joy, a love of word play and curriculum development to every classroom. By interpreting the words through visuals, gesture, movement and sign language, the ideas are easily understood and retained. Singing together also builds a spirit of community and cooperation. Learning a second language opens doors to our multi-cultural world. Songs help to build our communication skills.

Drawing on her background in the teaching of languages (English, French and Spanish) and music, Charlotte will demonstrate in her PRIZE Method: The use of Props (Puppets), Rhythm (Movement), Imagination, Zipper Songs and Echo Songs, which can be effective with all age groups. Songs such as “May There Always Be Sunshine”, “I am a Pizza” (Je suis une pizza), “Each of us is a Flower” and “Octopus” (Slippery Fish) provide language patterns that allow the children to create their own song variations. New songs will be introduced from Charlotte's latest CD's, “24 Carrot Diamond – The Best of Charlotte Diamond” and “Diamonds by the Sea”.

Be prepared to take away ideas that you can use immediately with your children. The song is just the beginning!

Participation, questions and discussion are encouraged. Suggested props to have on hand: Favourite Stuffed animal, shakers or maracas, ribbon sticks, small paper towel rolls for binoculars.

Celebrating 35 years of success in Children's Music “Creative and fun-loving, and an optimist who believes that people working together can create a better world” San Jose Mercury News, CA

*BC's own, **Charlotte Diamond**, is a multi award-winning musician, song writer and a respected educator. Her songs are known world-wide and she has toured internationally. In 2016, Charlotte was appointed a Member of the Order of Canada by the Governor General of Canada for her contribution to children's music and education in English, French and Spanish. A former resident of Richmond, British Columbia for 45 years, Charlotte has recently moved to Sechelt, BC on the Sunshine Coast. Visit www.charlottediamond.com or learn more about her PRIZE Method on the Music Education Playlist on her official YouTube channel <https://www.youtube.com/channel/UC7s27wsTf-mTxXLtgYabmrQ>.*

Workshop D

A New Kind of Fitness: Strengthening Social and Emotional Learning

What are ways that we can promote social and emotional competence and well-being in children and youth, including their happiness and optimism? Recent innovations on social and emotional learning (SEL) in the past decade has seen an abundance of research documenting the critical role that social and emotional competencies, such as self-regulation, empathy, and compassion play in children's resilience and successful development inside and outside of school. This workshop will review new groundbreaking research that has emerged that demonstrates the importance of promoting children's social and emotional competence and resilience and describe strategies that translate research into practice. Throughout the presentation, attendees will be provided with strategies and examples of SEL programs and practices for children and youth. Attendees will leave the workshop with knowledge and skills that can inform child care practices that promote the social and emotional competence, resilience, and well-being of children and youth through social and emotional learning, using recent science and practical strategies.

Dr. Kimberly A. Schonert-Reichl is the NoVo Foundation Endowed Chair in Social and Emotional Learning in the Department of Psychology at the University of Illinois in Chicago. From 1991 to 2020, she was a Professor in the Department of Educational and Counseling Psychology, and Special Education in the Faculty of Education at University of British Columbia (UBC). Prior to her graduate work, Dr. Schonert-Reichl worked as a middle school teacher and then as a teacher at an alternative high school for adolescents identified as at risk for high school completion.

Known as a world renowned expert in the area of social and emotional learning (SEL), Dr. Schonert-Reichl's research focuses on identification of the processes that foster positive human qualities such as empathy, compassion, altruism, and resiliency in children and adolescents. Her projects in this area include studies examining the effectiveness of classroom-based universal SEL programs including MindUp, Roots of Empathy, Kindness in the Classroom, and WE Well-being. Kim's work also includes a focus on SEL assessment. For example, over the last decade she has led the development and implementation of the Middle Years Development Instrument, or MDI, a measure that captures children's voices regarding their social and emotional well-being, physical health, and resiliency inside and outside of school. The MDI has been administered in BC to over 200,000 grade 4 to 8 children, and has been implemented to children worldwide, and translated into Italian, French, German, Hebrew, and Spanish.

Kim has over 175 publications in scholarly journals, book chapters, and reports, and has edited two books on mindfulness in education. She is the recipient of the 2021 Janusz Korczak Medal for Children's Rights Advocacy, the 2019 PostSecondary Leader of the Year Award—Canadian EdTech Awards, the 2015 Joseph E. Zins Distinguished Scholar Award for outstanding research on SEL, and the 2009 Confederation of University Faculty Associations BC's Paz Buttedahl Career Achievement Award in recognition of sustained outstanding contributions to the community beyond the academy through research over the major portion of a career.

Kim's research has been highlighted in several magazines and newspapers across Canada, the US, and internationally, including The New York Times, The Washington Post, Le Monde, The Wall Street Journal, Time Magazine, Scientific American Mind, Neurology Now, The Huffington Post, The Telegraph, The Atlantic, The Daily Mail, The Los Angeles Times, US News, The National Post, Canadian Living Magazine, Reader's Digest - Canada, The Greater Good, The Toronto Star, The Globe and Mail, The Vancouver Sun, 24, and Today's Parents.

Important Information

Registration Information:

- Register online via myymca.ca or by phone.
- Payment options available: American Express, MasterCard, Visa or Debit. *For your protection, please do not leave credit card information on our voice mail.*
- Registrations will be confirmed by email. We do not provide reminder phone calls.
- No refunds for this event.

Workshop Policies:

- Online workshops start promptly at the time indicated. Participants will not be admitted 15 minutes after start time.
- Individuals leaving early will not receive a certificate of completion.
- Cameras need to be on and participants in view for the duration of the conference to receive a certificate of completion. This conference is only available online via ZOOM. Participants will need internet access, and a device with video, audio, and microphone to participate. Learn how you can join a ZOOM meeting by watching a short [YouTube video](#).

Gift Bag Pick-up Locations!

Tri-Cities CCRR

1130 C Austin Avenue
Coquitlam, BC V3K 3P5
604-931-3400

Burnaby/New Westminister CCRR

4460 Beresford Street
Burnaby, BC V5H 0B8
604-294-1109

New West. CCRR Satellite Office

10 - 620 Royal Avenue
New Westminister, BC V3M 1J2
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