

LANGARA FAMILY YMCA MULTI-PURPOSE ROOM SCHEDULE

September

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
M O R N I N G	6:00am					Closed	Closed
	7:00am						
	8:00am	Reserved Table Tennis 8:00am- 10:15am		Reserved Table Tennis 8:00am- 10:15am	Reserved Table Tennis 8:00am- 10:15am		
	9:00am		Member Coffee Hour! ☕ 9:00am-10:00am				
	10:00am						
	11:00am	SVN Foodhub 10:00am-12:00pm					
	12:00pm						
	1:00pm						
	2:00pm						
	3:00pm						
A F T E R N O O N	4:00pm	Reserved Table Tennis 3:30pm- 5:45pm		Reserved Table Tennis 3:30pm- 5:45pm	Reserved Table Tennis 3:30pm- 5:45pm	Reserved Table Tennis 3:00pm- 4:45pm	Reserved Table Tennis 3:00pm- 4:45pm
	5:00pm						
	6:00pm						
	7:00pm	Drop-in Table Tennis 5:45pm - 8:45pm		Drop-in Table Tennis 5:45pm - 8:45pm	Drop-in Table Tennis 5:45pm - 8:45pm		
	8:00pm						
E V E N I N G							
CYF Program schedule, registration and availability are subject to change. For more information, speak to our Member Experience Representatives.			Please use our YMCA of Greater Vancouver Fitness App to register for our Group Fitness Classes. Drop-in spots are not guaranteed. Advanced reservations for Table Tennis and Badminton are required.			For our most up-to-date schedules, please visit our website: gv.ymca.ca For more information, speak to our Member Experience Representatives.	
Langara Family YMCA : 604.324.9622			YMCA of Greater Vancouver: 604.939.9622				