

Aquatics Schedule effective September 5th - December 22nd 2023

Stat Holiday September 30th: Pool Closed, No Swim Lessons.

Thanksgiving October 9th: Pool Closed, No Swim Lessons

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open/Lane swim 6:30am - 8:00am	Open/Lane swim 6:30am - 8:00am	Open/ Lane Swim 6:30am - 8:30am	Open/Lane swim 6:30am - 8:00am	Open/Lane Swim 6:30am-8:00am		
Y Aquafit 8:00am - 9:00am	Y Aquafit 8:00am - 8:45am	Y Aquafit 8:30am - 9:15am	Y Aquafit 8:00am - 9:00am	Y Aquafit 8:00am - 9:00am	Open/Lane swim 8:00am - 9:00am	
Open/Lane Swim 9:00am - 10:00am	Open/Lane Swim 9:00am - 9:45am		Open/Lane Swim 9:00am - 10:00am		Aquafit 9:00am - 9:45am	
Y Gentle Aquafit 10:00am - 10:30am		Swim Lessons / 1 Lane and Hot Tub 9:30am - 11:00am	Y Gentle Aquafit 10:00am - 10:30am		Open/Lane Swim 9:45am - 10:00am	
	Y Aquafit 10:00am - 10:45am			Open/Lane Swim 9:00am-2:00pm		
Open/Lane Swim 10:30am - 7:00pm		Open/Lane Swim 11:15am - 2:00pm	Open/Lane Swim 10:30am - 4:00pm		Swimming Lessons Only 10:00am - 2:30pm	
		Adult Water Walking 2:00pm - 2:30pm		Adult Water Walking 2:00pm - 2:30pm		
	Open/Lane Swim 10:45am - 8:30pm	Open/Lane Swim 2:30pm - 4:00pm			Open/Lane Swim 2:30pm - 4:30pm	
		Swim Lessons / 1 Lane and Hot Tub 4:00pm - 7:00pm	Swimming Lessons Only 4:00pm - 7:00pm	Open/Lane Swim 2:30pm - 8:30pm		Facility Closed 2pm
Aquafit 7:15pm-8:00pm			Aquafit 7:15pm-8:00pm		Facility closed at 5pm	
Open/Lane Swim 8:00pm-8:30pm		Open/Lane Swim 7:00pm - 8:30pm	Open/Lane Swim 8:00pm-8:30pm			
Please note: Lifeguard courses may occur in the pool area anytime.				BCK YMCA - Update: August 16th 2023		
Pre-registration on Y app for classes recommended. Ask membership staff for more details.			** 1 lanes available, the other 4 lanes are reserved for swim lessons	Open/Lane Swim Non-members pay drop in fee	Swim lessons members only	