

Aquatics Schedule

ChilliwackLandingLeisureCentre.ca

Chilliwack Landing Leisure Centre

September 9 - December 23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00		6:00am-7:00am Main Pool AHA* 2 Lane min.		6:00am-7:00am Main Pool AHA* 2 Lane min.			
6:30		6:00-7:00am Spartans 6 Lanes		6:00-7:00am Spartans 6 Lanes			
7:00	6:30am-8:30am Lane Swim AHA* 8 Lanes		6:30am-8:30am Lane Swim AHA* 8 Lanes		6:30am-8:30am Lane Swim AHA* 8 Lanes		
7:30							
8:00		7:00am - 10:00am Lane Swim & AHA** 8 Lanes		7:00am - 10:00am Lane Swim & AHA** 8 Lanes			
8:30	8:30am - 9:30am Deep Aquafit*		8:30am - 9:30am Deep Aquafit*		8:30am - 9:30am Deep Aquafit*		
9:00	8:30am-10:00am AHA**		8:30am-10:00am AHA**		8:30am-10:00am AHA**		
9:30	9:30am - 10:00am Lane Swim & AHA** 8 Lanes minimum		9:30am - 10:00am Lane Swim & AHA** 8 Lanes minimum		9:30am - 10:00am Lane Swim & AHA** 8 Lanes minimum		
10:00						8:00am-10:00am Swimming Lessons	
10:30	10:00am-12:00pm Leisure Swim FHT**	10:00am-11:30am Physio Swim FHT	10:00am-12:00pm Leisure Swim FHT**	10:00am-11:30am Physio Swim FHT			9:00am-11:00am Lane Swim AHA* 8 Lanes
11:00					10:30am-12:00pm Leisure Swim FHT**		
11:30				11:00am-12:30pm Swimming Lessons			
12:00	12:00pm-1:30pm Physio Swim (In shallow end of main pool) FHT	11:30am - 2:00pm Leisure Swim FHT***	12:00pm-1:30pm Physio Swim FHT	11:30am-12:30pm Leisure Swim FHT			
12:30				12:30-2:00pm Open Swim Leisure & Shallow FHT & AHA	12:00pm-1:30pm Physio Swim FHT		
13:00				1:00-2:00pm Deep Aquafit*			
13:30							
14:00		1:30pm-4:00pm Main Pool 2 lanes minimum AHA					
14:30			2:00-4:00pm Lane Swim 8 lanes AHA	1:30pm-4:00pm Main Pool 2 lanes minimum AHA			
15:00					2:00-4:00pm Lane Swim 8 lanes AHA		
15:30							
16:00							
16:30	4:00pm - 7:00pm Swimming Lessons						
17:00			4:00-5:30pm Spartans 6 lanes				
17:30			5:30-6:30pm Spartans 3 lanes				
18:00	4:00-8:00pm Public Swim	4:00pm-8:00pm Public Swim 2 Lanes minimum FHT & AHA ***	4:00-7:00pm Swimming Lessons	4:00-8:00pm Public Swim	4:00-8:00pm Public Swim 2 Lanes minimum FHT & AHA ***		
18:30							
19:00			6:30-7:30pm Masters 5 lanes				
19:30	2 Lanes minimum FHT & AHA ***						
20:00			2 Lanes minimum FHT & AHA ***				
20:30	8:00pm-8:30pm Lane Swim - 8 Lanes AHA **	8:00pm-8:30pm Main Pool 8 Lanes AHA **	8:00pm-8:30pm Lane Swim - 8 Lanes AHA **	8:00pm-8:30pm Main Pool 8 Lanes AHA **	8:00pm-8:30pm Main Pool 8 Lanes AHA **		

7:00am-9:00am
Spartans Swim Club

11:00am-12:00pm
Masters
5 lanes

9:00am-4:00pm
Public Swim
3 Lane Minimum
FHT & AHA***

4:00-4:30pm
Lane Swim
8 lanes

Please call for the facility, follow us on Instagram or Facebook or check our website for Statutory Holiday hours

*Current Capacity is 40 swimmers maximum. **Current Capacity 80 swimmers maximum. *** Current Capacity 120 swimmers maximum.
*Please check Fitness schedule for changes and cancellations.
Thank you for your understanding while we recruit and train more lifeguards.

Main Pool: An eight-lane, 25-metre pool. Also includes the adult hot tub, sauna, and steam room, all 16yrs +.
Leisure Pool: A large wave pool containing the lazy river, tot pool, & the family hot tub.
Physio Swim: The Physio Swim session takes place in the Leisure Pool. This session is for self-directed exercising or for external physiotherapists to work with clients.
Public Swim: The public swim session includes the Leisure Pool, Main Pool, the waterslide and water features.
AHA: Adult Hot Areas - (Steam Room, Sauna, Adult Hot Tub)
FHT: Family Hot Tub

Please note that the schedule is subject to change. Please contact (604)-793-7946 for any schedule inquiries.