

# Aquatics Schedule

CheamLeisureCentre.ca

# Cheam Leisure Centre September 5th - December 24th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
6:00	6:00am-9:30am <b>Leisure &amp; Main Pool</b> 6 Lanes *	6:00am-9:30am <b>Leisure &amp; Main Pool</b> 6 Lanes *	6:00am-8:30am <b>Leisure &amp; Main Pool</b> 6 Lanes *	6:00am-8:30am <b>Leisure &amp; Main Pool</b> 6 Lanes *	6:00am-7am <b>GW Graham</b> 3 Lanes *	6:00am-8:30am <b>Leisure &amp; Main Pool</b> 3 Lanes *	7:00am-9:00am <b>Lane Swim</b> 6 Lanes *			
6:30										
7:00										
7:30										
8:00			8:30am-9:30am <b>Leisure Pool</b> *	8:30am-9:30am <b>Blended AquaFit</b> *	8:30am-9:30am <b>Leisure Pool</b> *	8:30am-9:30am <b>Blended AquaFit</b> *	8:30am-9:30pm <b>Blended AquaFit</b> *	7:30am-11:30am <b>Hot Tub &amp; Sauna ONLY</b> **	8:30-11:30am <b>Canucks Autism Network</b>	7:30am-11:30am <b>Stingrays Swim Club</b>
8:30										
9:00										
9:30										
10:00	9:30am-12:30pm <b>Public Swim</b> 1 Lanes Minimum **	9:30am-12:30pm <b>Public Swim</b> 3 Lanes Minimum **	9:30am-12:30pm <b>Public Swim</b> 1 Lanes Minimum **	9:30am-12:30pm <b>Public Swim</b> 3 Lanes Minimum **	9:30am-12:30pm <b>Public Swim</b> 1 Lanes Minimum **	9:30am-12:30pm <b>Public Swim</b> 1 Lanes Minimum **	POOL CLOSED			
10:30										
11:00										
11:30										
12:00	12:30pm-2:00pm <b>Leisure Pool &amp; Lane Swim</b> 6 Lanes Available **	12:30pm-2:00pm <b>Physio Swim + Quiet Time Leisure Pool</b> 3 Lanes Minimum + 3 Walking Lanes **	12:30pm-2:00pm <b>Leisure Pool &amp; Lane Swim</b> 6 Lanes Available **	12:30pm-2:00pm <b>Physio Swim + Quiet Time Leisure Pool</b> 3 Lanes Minimum + 3 Walking Lanes **	12:30pm-2:00pm <b>Leisure Pool &amp; Lane Swim</b> 6 Lanes Available **	12:30pm-2:00pm <b>Leisure Pool &amp; Lane Swim</b> 6 Lanes Available **	11:30am-2:00pm <b>Swimming Lessons ONLY</b>			
12:30										
13:00										
13:30										
14:00	2:00pm-4:00pm <b>Public Swim</b> 3 Lanes Minimum **	2:00pm-4:00pm <b>Public Swim</b> 3 Lanes **	2:00pm-4:00pm <b>Public Swim</b> 3 Lanes Minimum **	2:00pm-4:00pm <b>Public Swim</b> 3 Lanes **	2:00pm-4:00pm <b>Public Swim</b> 3 Lanes **	2:00pm-4:00pm <b>Public Swim</b> 3 Lanes Minimum **	2:00pm-4:30pm <b>Public Swim</b> 1 Lane Minimum *			
14:30										
15:00										
15:30										
16:00	4:00pm-8:30pm <b>Leisure Pool</b> 2 lanes **	4:00pm-6:30pm <b>Spartans Swim Club</b>	4:00pm-7:00pm <b>Leisure Pool</b> 1 Lane Minimum **	4:00pm-6:30pm <b>Spartans Swim Club</b>	4:00pm-6:30pm <b>Swimming Lessons</b>	4:00pm-8:30pm <b>Leisure Pool</b> 2 lanes **	4:00pm-6:30pm <b>Spartans Swim Club</b>			
16:30										
17:00										
17:30										
18:00	6:30pm-8:30pm <b>Stingrays Swim Club</b>	7:00pm-8:00pm <b>Leisure Pool</b> *	7:00pm-8:00pm <b>Blended AquaFit</b> **	6:30pm-8:30pm <b>Stingrays Swim Club</b>	7:00pm-8:30pm <b>Public Swim</b> 1 Lane Minimum **	6:30pm-8:30pm <b>Public Swim</b> 1 Lane Minimum **				
18:30										
19:00										
19:30										
20:00	8:00pm-8:30pm <b>Public Swim</b> 1 Lane Minimum **									
20:30										

**Pool Capacity Limits \***

- \* 40 Swimmers Maximum
- \*\* 80 Swimmers Maximum
- \*\*\* 120 Swimmers Maximum
- \*\*\*\* 160 Swimmers Maximum

Thank you for your understanding as we recruit and train more lifeguards

**Main Pool:** A six-lane, 25-metre pool. Also includes the hot tub, and the sauna.

**Leisure Pool:** A shallow, family-friendly section of the pool. Also includes the lazy river, hot tub, and the sauna.

**Public Swim:** All pools and features open, including diving boards.

**Lane Swim:** A time where the main pool is dedicated to lane swim and all six lanes are available.

**Quiet Time:** A leisure pool swim with reduced noise and distractions to support those who enjoy a quieter environment to swim in. While everyone is welcome during this time, we ask that those who attend are mindful of their noise and activities during this time.

**Public Swim:** All pools are open. Include: Main Pool, Leisure Pool, Hot tub & Sauna.

**Diving Board:** Tuesday: 8:00pm-8:30pm, Thursday: 7:00pm-8:30pm, Friday: 6:30pm-8:30pm, Sunday: 2:00pm-4:30pm.

**Important Dates**  
Please note that the schedule is subject to change.

Pro-D Days:  
Schedule may differ for Professional Development Days  
October 6th  
October 20th  
November 10th  
November 24th

Statutory Holidays:  
Schedule may differ for Statutory Holidays  
Monday, October 2nd: Truth & Reconciliation Day  
Monday, October 9th: Thanksgiving Day  
Monday, November 13th: Remembrance Day

Please contact (604)-824-0231 at ext. 1 for any schedule inquiries.