

SEASONAL RESOURCE SHEET

Welcome to the joyful and colourful season! Fall offers endless exploring and playing opportunities to interact and make meaningful connections with nature. It may be raining more these days, but there is still plenty to do outdoors. Stomping through mud puddles and collecting a rainbow of coloured leaves that cover the ground, even a short nature walk in the fresh air is needed every now and then. On a nature walk, you will discover a variety of natural elements and new textures by adding moss, bark or branches. Why not use a light table to offer new and exciting ways of exploring the colourful leaves!

Use the following ideas to create meaningful and unforgettable experiences for your children and family.

Include the BC Early Learning Framework in your practice!

Seasonal changes bring our attention back to nature and the land. This is an opportunity for you to help children to reflect, investigate and find understanding. Hold on to those thoughts and look to the early learning framework for further question to think upon:

- What are the children's stories of the land and fall?
- How might I contribute to children's reconnection and relationship with the land and place?
- Do children have opportunities to engage with objects and materials in unusual or surprising ways?

FALL ACTIVITY INSPIRATIONS

Fall is a bountiful season which creates many opportunities to engage with various elements and objects in the ever-changing natural environment. Combine these natural elements with art materials you have on hand.

Pumpkin Decorating and Painting:



“ Play can be individual, collective, spontaneous, planned, experimental, purposeful, unpredictable, or dynamic. This framework promotes the importance of play for children to experience the world through seeing, feeling, touching, listening, and by engaging with people, materials, places, species, and ideas.
BC Early Learning Framework, p. 24.

FALL ACTIVITY INSPIRATIONS CONT'D

Outdoor Activity:

Rain or not keep going outside! The fall season offers an abundance of opportunities to engage and learn through nature.

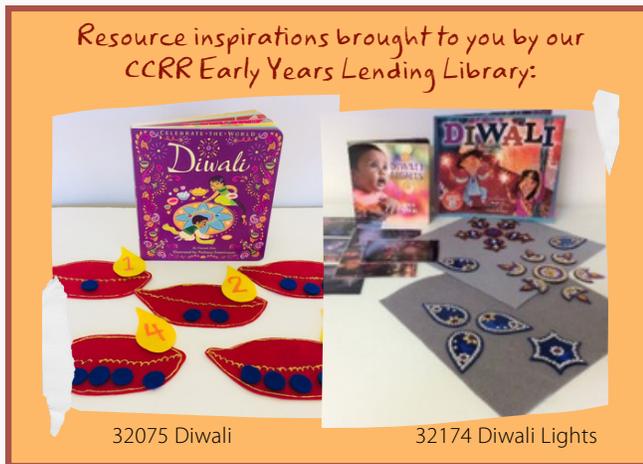
Find and collect fall seasonal treasures and make a unique mandala, leaf rainbow, and so much more!!!

So many reasons to go outside!

- Sparks children's creativity
- Imagination
- Builds confidence
- Reduces stress and activates their senses.



Fall Celebrations: Spotlight on Diwali



Diwali, or Dipawali, is India's biggest and most important holiday of the year. Over the centuries, Diwali has become a national festival that's also enjoyed by non-Hindu communities. The festival gets its name from the row (avali) of clay lamps (deepa) that Indians light outside their homes to symbolize the inner light that protects from spiritual darkness. This festival is as important to Hindus as the Christmas holiday is to Christians. Diwali is celebrated over five days.

It is great opportunity to connect with the early learning framework's pathways for engaging with diversity.

Early Learning Library Resources



22746 Squirrel Game



37298 Cooking Vegetables



08398 Trees



33156 Stacking Animals



16318 Jumbo Weaving

Aknowledgements:

<https://www.howweelearn.com/perfect-pumpkin-carving-ideas-for-all-kids/>

<https://thimbleandtwig.com/fun-autumn-outdoor-activities-for-kids/>

<https://www.pinterest.ca/pin/25121710396105653/>

<https://www.pinterest.ca/pin/660199626646777269/>

<https://www.artbarblog.com/category/nature-art/>

<https://kids.nationalgeographic.com/pages/article/diwali>