



**Fall 2023: Tri-Cities Family Drop-in Programs for Families with Children  
Online and In-Person\***

Agency	Program Name	Program Description	Location/Time	Registration Details
<b>Coquitlam Public Library</b>	Baby Story Time (0-2yrs)	In Baby Story Time, we will share stories, songs, finger plays and rhymes that help children gain pre-reading skills and develop a love of reading.	<b>City Centre Branch, 1169 Pinetree Way, Rooms 136 &amp; 137</b>  Tuesdays: 10:30 - 11:00 am September 12 – October 24 November 7 – December 12  Thursdays: 11:30 am – 12:00 pm September 13 – October 25 November 9 – December 14  <b>Poirier Branch, 575 Poirier St</b>  Wednesdays: 10:30 - 11:00 am September 13 – October 25 November 8 – December 13	Drop-In. No registration required. More information: <a href="https://www.coqlibrary.ca/programs/children/story-times">https://www.coqlibrary.ca/programs/children/story-times</a>
<b>Coquitlam Public Library</b>	Toddlers+ Story Time (2-5yrs)	In Toddlers+ Story Time, we will share books, songs and rhymes that help children gain prereading skills and develop a love of reading.	<b>City Centre Branch, 1169 Pinetree Way, Coquitlam &amp; Poirier Branch, 575 Poirier St, Coquitlam</b>  Thursdays: 10:30 - 11:00 am City Centre Branch Rms. 136 & 137 September 14 – October 26 November 9 – December 14  <b>Poirier Branch 575 Poirier St, Nancy Benett Rm.</b>  Fridays: 10:30 - 11:00 am September 15 – October 27 November 10 – December 15	Drop-In. No registration required. More information: <a href="https://www.coqlibrary.ca/programs/children/story-times">https://www.coqlibrary.ca/programs/children/story-times</a>
<b>Coquitlam Public Library</b>	Family Story Time (0-5yrs)	The whole family is invited to join us as we share picture books, songs, rhymes and lots of fun!	<b>City Centre Branch, 1169 Pinetree Way, Rooms 136 &amp; 137</b>  Fridays: 1:30 – 2:00 pm November 10 – December 15  Saturdays: 10:30 - 11:00 am September 16 – October 28 November 18 – December 16	Drop-In. No registration required. More information: <a href="https://www.coqlibrary.ca/programs/children/story-times">https://www.coqlibrary.ca/programs/children/story-times</a>



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<b>Coquitlam Public Library</b>	Pajama Story Time	Put on your PJs and join us for a fall-themes story time in Coquitlam's historic Makin House.	<b>Makin House Museum 1116 Brunette Avenue</b>  Thursday: 7:00 - 8:00 pm September 21 December 6 (hours may be different)	Registration opens one month before the program date. <a href="https://www.coquitlamheritage.ca/events">https://www.coquitlamheritage.ca/events</a>
<b>Place Maillardville</b>	Family Drop-In (0-5yrs)	Make new friendships withing the community. Children will learn educational, developmental, and social skills while having fun! This is a parent participant program.	<b>Saint Anne's Hall – 838 Laval Square</b>  Mondays & Wednesdays: 9:30 – 11:00 am  September 11 – December 13	1. Download Family Drop-In Waiver at: <a href="http://www.placemaillardville.ca">www.placemaillardville.ca</a> 2. Email complete form to <a href="mailto:info@placemaillardville.ca">info@placemaillardville.ca</a> with participant/program name in the subject line 3. Once waiver is received, you will get a call to book your session(s)
<b>Place Maillardville</b>	Mom & Baby Drop-In Playtime (0-2 yrs)	Come out and meet other Moms and share ideas. Little ones can explore their environment through various play equipment and toys. This is a great opportunity to bond with your baby through songs, games and circle time.	<b>Saint Anne's Hall – 838 Laval Square</b>  Tuesdays: 9:30 – 11:00 am  September 12 – October 24	Drop-In. No registration required.  For more information: <a href="https://anc.ca.apm.activecommunities.com/placemaillardville/activity/search/detail/6596?onlineSiteId=0&amp;from_original_cui=true">https://anc.ca.apm.activecommunities.com/placemaillardville/activity/search/detail/6596?onlineSiteId=0&amp;from_original_cui=true</a>
<b>Place Maillardville</b>	Parent & Baby Strength and Stretch	You and your pre-crawling little one can join our Certified Yoga Instructor for an hour of yoga. This is a great way to move and stretch, as well as meet other parents. Then stick around to chat and make some new friends.	<b>Saint Anne's Hall – 838 Laval Square</b>  Tuesdays: 9:30 – 11:00 am  October 31 – December 12	Registration is required: <a href="https://anc.ca.apm.activecommunities.com/placemaillardville/activity/search/detail/6597?onlineSiteId=0&amp;from_original_cui=true">https://anc.ca.apm.activecommunities.com/placemaillardville/activity/search/detail/6597?onlineSiteId=0&amp;from_original_cui=true</a>  Adult must be registered. This is a parent-participation program.



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SHARE	Mountain View Family Drop-In	For children 0-6 years and family. Songs, stories, take-home craft, parenting support & resources.	<b>Mountain View Family Resource Centre – 699 Robinson St, Coquitlam</b>  Monday, Wednesday & Friday: 9:30 am – 12:00 pm  Until December 22	No pre-registration required. Information: <a href="mailto:amy.wong@sharesociety.ca">amy.wong@sharesociety.ca</a> 604-250-0018
SHARE	Clarke Family Drop-In	For children 0-6 years and family. Toys, arts and craft, circle time, parenting support & resources.	<b>2615 Clarke St, Port Moody</b>  Wednesdays: 9:30 am – 1:30 pm  Until December 22	No pre-registration required. Information: <a href="mailto:amy.wong@sharesociety.ca">amy.wong@sharesociety.ca</a> 604-250-0018
SHARE	Love My Baby	For infants 0-18 months & their family. Nursery songs, rhymes, child development & parenting information. Facilitated by infant development consultants (Kinsight) and Family Support Worker (SHARE)	<b>Mountain View Park, 751 Smith Ave, Coquitlam</b>  Fridays: 1:30 pm – 2:45 pm  Until December 15	No pre-registration required. Information: <a href="mailto:amy.wong@sharesociety.ca">amy.wong@sharesociety.ca</a> 604-250-0018
SHARE	Drop-In Circle Time at Park for children 0-6 years old	Enjoy circle time songs, stories, and free play at the park. Children will also get a take-home craft. Family support worker is available discuss questions on parenting, family wellness & connection to community services.	<b>Cottonwood Park, 672 Aspen St, Coquitlam</b>  Tuesdays: 10:30 – 11:30 am  Until October 10	No pre-registration required. Information: <a href="mailto:amy.wong@sharesociety.ca">amy.wong@sharesociety.ca</a> 604-250-0018
Spirit of The Children Society	HLULU family Drop-In	For children 0-6 years and family.	<b>200 - 2540 Shaughnessy St, Port Coq.</b>  Monday and Wednesday 9:00 am – 12:00 pm  <i>*Updated monthly</i>	No registration required. Visit <a href="https://www.facebook.com/sotcs">facebook.com/sotcs</a>



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<b>S.U.C.C.E.S.S.</b>	Family Resource Centre Parent & Tot Drop-in Program (0-6yrs)	This program is intended for children ages birth - 6 years and their parents.	<b>Family Resource Center at Henderson Office, 2058-1163 Pinetree Way, Coq.</b>  Tuesdays: Session A: 12:30 - 2:30 pm  Wednesdays: Session A: 9:30 - 10:45 am Session B: 11:15 am - 12:30 pm  Fridays: Session A: 9:30 - 10:45 am Session B: 11:15 am - 12:30	Pre-registration is required biweekly on Wednesday starting at 10:00 am: <a href="https://newsletter.successbc.ca/make-an-appointment/mecd/">https://newsletter.successbc.ca/make-an-appointment/mecd/</a>  Cantonese: <a href="mailto:mavis.yip@success.bc.ca">mavis.yip@success.bc.ca</a> Mandarin: <a href="mailto:susan.wu@success.bc.ca">susan.wu@success.bc.ca</a> Farsi: <a href="mailto:mabood.fathi@success.bc.ca">mabood.fathi@success.bc.ca</a> Korean: <a href="mailto:irene.choi@success.bc.ca">irene.choi@success.bc.ca</a>
<b>S.U.C.C.E.S.S.</b>	Family Resource Centre Parent & Tot Drop-in Program (0-6yrs)	This program is intended for children ages birth - 6 years and their parents.	<b>Family Resource Center at Henderson Office, 2058-1163 Pinetree Way, Coq.</b>  Tuesday Session A: 12:30 - 2:30 pm  Wednesday Session A: 9:30 - 10:45 am Session B: 11:15 am - 12:30 pm  Friday Session A: 9:30 - 10:45 am Session B: 11:15 am - 12:30	Pre-registration is required biweekly on Wednesday starting at 10:00 am: <a href="https://newsletter.successbc.ca/make-an-appointment/mecd/">https://newsletter.successbc.ca/make-an-appointment/mecd/</a>  Cantonese: <a href="mailto:mavis.yip@success.bc.ca">mavis.yip@success.bc.ca</a> Mandarin: <a href="mailto:susan.wu@success.bc.ca">susan.wu@success.bc.ca</a> Farsi: <a href="mailto:mabood.fathi@success.bc.ca">mabood.fathi@success.bc.ca</a> Korean: <a href="mailto:irene.choi@success.bc.ca">irene.choi@success.bc.ca</a>
<b>Tri-City Family Place</b>	Victoria Hall (Indoor) Family Resource Program	Drop-in Program for parents/caregivers of young children	<i>Victoria Hall, 3435 Victoria Dr, Coquitlam</i>  <i>Monday – Friday: 9:30 am – 12:00 pm</i>  <i>*Updated Monthly</i>	Pre-registration required no more than 14 days in advance. ONE Pre-registration per week. <a href="https://calendly.com/tricityfamilyplace/victoria-hall-2?back=1&amp;month=2023-09">https://calendly.com/tricityfamilyplace/victoria-hall-2?back=1&amp;month=2023-09</a>
<b>Tri-City Family Place</b>	Manning (In person) Family Resource Program	Drop-in Program for parents/caregivers of young children	2062 Manning Ave, Port Coquitlam  Fridays and Saturdays: 9:30 am - 12:00 pm  <i>*Updated Monthly</i>	Pre-registration required no more than 14 days in advance. <a href="https://calendly.com/tricityfamilyplace/manning2?back=1&amp;month=2023-09">https://calendly.com/tricityfamilyplace/manning2?back=1&amp;month=2023-09</a>
<b>Westcoast Family Centres</b>	Puddle Jumpers at Castle Park	For children 0-6 years and family.	<b>WFC Tri-Cities Office, 2062 Manning Ave, Port Coquitlam</b>  Mondays: 9:30 – 11:00 Am September 18 - December 18	No registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>



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<b>Westcoast Family Centres</b>	Baby & Me	For parents with children 0-2 years old. A chance to connect with other parents, learn songs & nursery rhymes, gain knowledge about your baby's development & your own health & well-being!	<b>WFC Tri-Cities Office, 2062 Manning Ave, Port Coquitlam</b>  Wednesdays: 12:00 pm – 2:00 pm September 18 - December 18	No registration required.  Maximum 10 families – first come, first serve.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>
<b>Westcoast Family Centres</b>	Power of Play	Enjoy a private play space for you and your little ones while a WFC Family Navigator Circle and story time included.	<b>WFC Tri-Cities Office, 2062 Manning Ave, Port Coquitlam</b>  Wednesdays: 9:30 am – 11:30 pm September 18 – December 18	No registration required.  Maximum 10 families – first come, first serve.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>
<b>Westcoast Family Centres</b>	Evening Family Resource Program	Play time, stories, songs, free resources, & a chance to meet others! Parents and caregivers with children 0-6 years.	<b>2062 Manning Ave, Port Coquitlam</b>  Mondays: 5:30 – 7:00 pm October 16 – December 18	No registration required.  Information: <a href="mailto:family.nav@westcoastfamily.org">family.nav@westcoastfamily.org</a>
<b>YMCA CCRR</b>	Circle of Friends	Free drop-in program for parents and caregivers and their children 0-5yrs.	<b>James Park Annex, 1730 Coquitlam Ave, Port Coquitlam</b>  Mondays, Tuesdays, Thurs. & Fridays 9:00 am – 12:00 pm  Wednesdays: 5:30 – 7:30 pm	More information: 604-931-3400 <a href="https://www.gv.ymca.ca/circle-friends">https://www.gv.ymca.ca/circle-friends</a>  Maximum of two sessions a week per family.
<b>YMCA CCRR</b>	Family Drop-in	Free drop-in program for parents and caregivers and their children 0-5yrs.	<b>Bettie Allard YMCA, 555 Emmerson St, Coquitlam</b> <b>3<sup>rd</sup> Floor – Family Resource Room</b>  Tuesdays & Thursdays: 9:00 am – 12:00 pm	For more information: <a href="https://www.gv.ymca.ca/family-drop-bettie-allard-ymca">https://www.gv.ymca.ca/family-drop-bettie-allard-ymca</a>



### **Strong Start Centres in School District 43**

*Strong Starts are free drop-in early learning programs for children aged 0-5 years, accompanied by a parent or caregiver. There are 13 Strong Start Centres in SD43.*

<b>IN-CLASS SESSIONS</b>		
<b>MORNING 8:45 – 11:45</b>		
Bramblewood	Cedar Drive	Central
Coquitlam River <b>M/W/Th</b>	Moody Middle <b>M/T/W/Th</b>	Mundy Road <b>M/W/F</b>
Rochester	Riverview Park	Seaview
<b>AFTERNOON 12:45 – 3:45</b>		
Birchland	Meadowbrook	
Hazel Trembath	Roy Stibbs	
<b>OUTDOOR SESSIONS</b>		
<b>8:45-11:45</b>		
<b>(All sessions will be held at pre-designated locations)</b>		
Coquitlam River	Tuesdays (Forest Classroom)	
Moody Middle	Forest Fridays	

Registration: [https://www.sd43.bc.ca/Programs/StrongStart/Pages/default.aspx#/="](https://www.sd43.bc.ca/Programs/StrongStart/Pages/default.aspx#/=)

*Updated: September 2023\**

**\*Please be aware that some of these programs are subject to change**