

	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday Sunda		day
MORNING	Bouncy Castle Playground 0-5 yrs 10:30-12:00 Gym 2	Child Minding 6 wks - 5 yrs 10:00-12:00 Reception	Indoor Family Playground 0-5 yrs 10:30-12:00 Gym 2		Bouncy Castle Playground 0-5 yrs 10:30-12:00 Gym 2	Child Minding 6 wks - 5 yrs 10:00-12:00 Reception	Indoor Family Playground 0-5 yrs 10:30-12:00 Gym 2			Bouncy Castle Playground 0-5 yrs	Rock Climbing	Bouncy Castle Playground
		Youth Basketball Ages 10-18 12:30-3:30 Gym 2				Youth Basketball Ages 10-18 12:30-3:30 Gym 2				11:00-1:30 <i>Gym 2</i>	Ages 6-12 11:00 - 1:30 <i>Gym 1</i>	0-5 yrs 11:00-1:30 <i>Gym 2</i>
		Youth Basketball Ages 10-18		Youth Basketball Ages 10-18		Youth Basketball Ages 10-18	Rock Climbing Ages 6-12	Youth Basketball Ages 10-18				
		3:30-5:15 <i>Gym 2</i>		3:30-5:15 <i>Gym 2</i>		3:30-5:15 <i>Gym 2</i>	3:30 - 5:30 <i>Gym 1</i>	3:30-5:15 <i>Gym 2</i>	Youth Night			
AFTERNOON	Active Play Ages 3-5 5:30-6:30	Active Brains 6-12 yrs 5:30-6:30	Child Minding 6 weeks - 5 years 5:30 - 7:30 Reception		Active Play Ages 3-5 5:30-6:30	Active Brains 6-12 yrs 5:30-6:30	Active Play Ages 3-5 5:30-6:30	Active Brains 6-12 yrs 5:30-6:30	Ages 13-18 4:00 - 7:00 Gymnasium			
	Gym 2 Creative Play Ages 3-5 yrs	Multi Sports 6-12 yrs	Active Play Ages 3-5 5:30-6:30 Gym 2	Active Brains 6-12 yrs 5:30-6:30 Large Centre	Gym 2 Creative Play Ages 3-5 yrs	Multi Sports 6-12 yrs	Gym 2 Creative Play Ages 3-5 yrs	Multi Sports 6-12 yrs				
	6:30-7:30 Large Centre	6:30-7:30 Gym 2	Creative Play Ages 3-5 yrs		6:30-7:30 Large Centre	6:30-7:30 Gym 2	6:30-7:30 Large Centre	6:30-7:30 Gym 2				
			6:30-7:30 Large Centre	6:30-7:30 Gym 2								
EVENING												
	Karate 6:30 - 8:30 <i>Studio</i> 1						Karate 6:30 - 8:30 Studio 1					

Drop In Programs	Please note the following:					
Parent Participation Program	Youth Programs will be limited on all Statutory Holidays.					
Registered Program	For the most up to date schedule information, please visit our website: gv.ymca.ca or scan the QR code.					
Childminding	Revised: August 29, 2023					
Rock Climbing	Please note: There will now be a minimum, 10 minute set-up period for all programs taking place in the Gymnasium. All scheduled times must be adhered to.					