

Aquatics Schedule

ChilliwackLandingLeisureCentre.ca

Chilliwack Landing Leisure Centre

October 10 - December 23

CLLC

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00		6:00am-7:00am Main Pool AHA* 2 Lane min.		6:00am-7:00am Main Pool AHA* 2 Lane min.			
6:30		6:00-7:00am Spartans 6 Lanes		6:00-7:00am Spartans 6 Lanes			
7:00			6:30am-8:30am Lane Swim AHA* 8 Lanes		6:30am-8:30am Lane Swim AHA* 8 Lanes		
7:30	6:30am-10:00am Lane Swim AHA* 8 Lanes			7:00am - 10:00am Lane Swim & AHA** 8 Lanes			
8:00		7:00am - 10:00am Lane Swim & AHA** 8 Lanes					
8:30			8:30am - 9:30am Deep Aquafit*	8:30am-10:00am AHA**	8:30am - 9:30am Deep Aquafit*	8:30am-10:00am AHA**	
9:00						8:00am-10:00am Swimming Lessons	
9:30			9:30am - 10:00am Lane Swim & AHA** 8 Lanes minimum		9:30am - 10:00am Lane Swim & AHA** 8 Lanes minimum		
10:00							9:00am-11:00am Lane Swim AHA* 8 Lanes
10:30	10:00am-12:00pm Leisure Swim FHT**	10:00am-11:30am Physio Swim FHT	10:00am-12:00pm Leisure Swim FHT**	10:00am-11:30am Physio Swim FHT			
11:00				11:00am-12:30pm Swimming Lessons			
11:30		11:30am - 2:00pm Leisure Swim FHT***		11:30am-12:30pm Leisure Swim FHT			
12:00	12:00pm-1:30pm Physio Swim (In shallow end of main pool) FHT		12:00pm-1:30pm Physio Swim FHT	12:30-1:45pm Open Swim Leisure & Shallow FHT & AHA	12:00pm-1:30pm Physio Swim FHT		
12:30						9:00am-4:00pm Public Swim 3 Lane Minimum FHT & AHA***	
13:00							11:00am-12:00pm Masters 5 lanes
13:30					1:00-2:00pm Deep Aquafit*		
14:00		1:30pm-4:00pm Main Pool 2 lanes minimum AHA					
14:30			2:00-4:00pm Lane Swim 8 lanes AHA	1:30pm-4:00pm Main Pool 2 lanes minimum AHA			
15:00					2:00-4:00pm Lane Swim 8 lanes AHA		
15:30							
16:00							
16:30	4:00pm - 7:00pm Swimming Lessons						
17:00		4:00-8:00pm Public Swim	4:00pm - 7:00pm Swimming Lessons	4:00-8:00pm Public Swim	4:00-8:00pm Public Swim		
17:30		4:00-8:00pm Public Swim	4:00-8:00pm Public Swim	4:00-8:00pm Public Swim	4:00-8:00pm Public Swim		
18:00		4:00-8:00pm Public Swim	4:00-8:00pm Public Swim	4:00-8:00pm Public Swim	4:00-8:00pm Public Swim		
18:30		4:00-8:00pm Public Swim	4:00-8:00pm Public Swim	4:00-8:00pm Public Swim	4:00-8:00pm Public Swim		
19:00		4:00-8:00pm Public Swim	4:00-8:00pm Public Swim	4:00-8:00pm Public Swim	4:00-8:00pm Public Swim		
19:30	2 Lanes minimum FHT & AHA ***	6:30-8:00 Special Olympics 6 lanes	2 Lanes minimum FHT & AHA ***	6:30-8:00 Special Olympics 6 lanes	6:30-7:30pm Masters 5 lanes		
20:00							
20:30	8:00pm-8:30pm Lane Swim - 8 Lanes AHA **	8:00pm-8:30pm Main Pool 8 Lanes AHA **	8:00pm-8:30pm Lane Swim - 8 Lanes AHA **	8:00pm-8:30pm Main Pool 8 Lanes AHA **	8:00pm-8:30pm Main Pool 8 Lanes AHA **		

Please call for the facility, follow us on Instagram or Facebook or check our website for Statutory Holiday hours

*Current Capacity is 40 swimmers maximum. **Current Capacity 80 swimmers maximum. *** Current Capacity 120 swimmers maximum.
*Please check Fitness schedule for changes and cancellations.
Thank you for your understanding while we recruit and train more lifeguards.

Main Pool: An eight-lane, 25-metre pool. Also includes the adult hot tub, sauna, and steam room, all 16yrs +.
Leisure Pool: A large wave pool containing the lazy river, tot pool, & the family hot tub.
Physio Swim: The Physio Swim session takes place in the Leisure Pool. This session is for self-directed exercising or for external physiotherapists to work with clients.
Public Swim: The public swim session includes the Leisure Pool, Main Pool, the waterslide and water features.
AHA: Adult Hot Areas - (Steam Room, Sauna, Adult Hot Tub)
FHT: Family Hot Tub

Please note that the schedule is subject to change. Please contact (604)-793-7946 for any schedule inquiries.