

November 1 2023



Child, Youth, and Family Schedule

Cheam Leisure Centre

CheamLeisureCentre.ca

November 6 - December 23 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Birthday Party - Craft						12:00pm - 2:00pm <i>must be booked in advance</i>	11:30am - 1:30pm <i>must be booked in advance</i>
						2:30pm - 4:30pm <i>must be booked in advance</i>	
Birthday Party - Pool					6:30pm - 8:30pm <i>must be booked in advance</i>		2:00pm - 4:00pm <i>must be booked in advance</i>
Childminding	8:00am - 10:30am	5:00pm - 7:00pm		5:30pm - 7:00pm			
Indoor Family Playground			12:30pm - 3:30pm	2:00pm - 5:00pm			8:00am - 11:00am
Teen Power Hour	6:00pm - 7:00pm						

Descriptions

Birthday Parties: Celebrate your child's birthday at the Cheam Leisure Centre! We provide the space and activity (craft or swimming) and you provide the food and decorations. All parties must be booked a minimum of 21 days in advance. For more information see our birthday flyer.

Childminding: YMCA childminding is available for kids aged 18 months to 5 years for parents to be able to participate in a fitness class, workout in the gym or meet a friend for a workout – child free! Parents must remain in the building, ID is required for pick up.

Indoor Family Playground: A program for families to play physically active games together, climb on the gymnastics equipment, play sports etc. Equipment and toys will be set up for families to enjoy. Ages 0-9. Parent participation required.

Teen Power Hour: Be active with your friends by getting trained in the weight room and enjoying gym time just for youth ages 12-18. Teens 13-18 need to complete a teen orientation signed by their caregiver before working out in the weight room.

Stay tuned for more exciting Child, Youth, and Family programs coming in January 2024!



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