

Aquatics Schedule

CheamLeisureCentre.ca

Cheam Leisure Centre
September 5th - December 24th

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | |
|-------|--|--|--|--|--|---|--|--|
| 6:00 | 6:00am-9:30am Leisure & Main Pool 6 Lanes * | 6:00am-9:30am Leisure & Main Pool 6 Lanes * | 6:00am-8:30am Leisure & Main Pool 6 Lanes * | 6:00am-8:30am Leisure & Main Pool 6 Lanes * | 6:00am-7am GW Graham 3 Lanes * | 6:00am-8:30am Leisure & Main Pool 3 Lanes * | 7:00am-9:00am Lane Swim 6 Lanes * | |
| 6:30 | | | | | | | | |
| 7:00 | | | | | | | | |
| 7:30 | | | | | | | | |
| 8:00 | | | | | | | | |
| 8:30 | | | 8:30am-9:30am Leisure Pool * | 8:30am-9:30am Blended AquaFit * | 8:30am-9:30am Leisure Pool * | 8:30am-9:30am Blended AquaFit * | 7:30am-11:30am Hot Tub & Sauna ONLY ** | |
| 9:00 | | | | | | | | |
| 9:30 | | | | | | | | |
| 10:00 | 9:30am-12:30pm Public Swim 1 Lanes Minimum ** | 9:30am-12:30pm Public Swim 3 Lanes Minimum ** | 9:30am-12:30pm Public Swim 1 Lanes Minimum ** | 9:30am-12:30pm Public Swim 3 Lanes Minimum ** | 9:30am-12:30pm Public Swim 1 Lanes Minimum ** | | | 7:30am-11:30am Stingrays Swim Club |
| 10:30 | | | | | | | | 8:30-11:30am Canucks Autism Network |
| 11:00 | | | | | | | | |
| 11:30 | | | | | | | | |
| 12:00 | | | | | | | | |
| 12:30 | 12:30pm-2:00pm Leisure Pool & Lane Swim 6 Lanes Available ** | 12:30pm-2:00pm Physio Swim + Quiet Time Leisure Pool 3 Lanes Minimum + 3 Walking Lanes ** | 12:30pm-2:00pm Leisure Pool & Lane Swim 6 Lanes Available ** | 12:30pm-2:00pm Physio Swim + Quiet Time Leisure Pool 3 Lanes Minimum + 3 Walking Lanes ** | 12:30pm-2:00pm Leisure Pool & Lane Swim 6 Lanes Available ** | | 11:30am-2:00pm Swimming Lessons ONLY | |
| 13:00 | | | | | | | | |
| 13:30 | | | | | | | | |
| 14:00 | 2:00pm-4:00pm Public Swim 3 Lanes Minimum ** | 2:00pm-4:00pm Public Swim 3 Lanes ** | 2:00pm-4:00pm Public Swim 3 Lanes Minimum ** | 2:00pm-4:00pm Public Swim 3 Lanes ** | 2:00pm-4:00pm Public Swim 3 Lanes Minimum ** | | 2:00pm-4:30pm Public Swim 1 Lane Minimum * | |
| 14:30 | | | | | | | | |
| 15:00 | | | | | | | | |
| 15:30 | | | | | | | | |
| 16:00 | 4:00pm-8:30pm Leisure Pool 2 lanes ** | 4:00pm-6:30pm Spartans Swim Club | 4:00pm-7:00pm Leisure Pool No Lanes ** | 4:00pm-6:30pm Spartans Swim Club | 4:00pm-6:30pm Spartans Swim Club | 4:00pm-6:30pm Swimming Lessons | 4:00pm-6:30pm Swimming Lessons | |
| 16:30 | | | | | | | | |
| 17:00 | | | | | | | | |
| 17:30 | | | | | | | | |
| 18:00 | | | | | | | | |
| 18:30 | | | | | | | | |
| 19:00 | | | | | | | | |
| 19:30 | | | | | | | | |
| 20:00 | 6:30pm-8:30pm Stingrays Swim Club | 7:00pm-8:00pm Leisure Pool * | 7:00pm-8:00pm Blended AquaFit ** | 6:30pm-8:30pm Stingrays Swim Club | 7:00pm-8:30pm Public Swim 1 Lane Minimum ** | 6:30pm-8:30pm Public Swim 1 Lane Minimum ** | | |
| 20:30 | | 8:00pm-8:30pm Public Swim 1 Lane Minimum ** | | | | | | |

Pool Capacity Limits *

- * 40 Swimmers Maximum
- ** 80 Swimmers Maximum
- *** 120 Swimmers Maximum
- **** 160 Swimmers Maximum

Thank you for your understanding as we recruit and train more lifeguards

Main Pool: A six-lane, 25-metre pool. Also includes the hot tub, and the sauna.
Leisure Pool: A shallow, family-friendly section of the pool. Also includes the lazy river, hot tub, and the sauna.
Public Swim: All pools and features open, including diving boards.

Lane Swim: A time where the main pool is dedicated to lane swim and all six lanes are available.
Quiet Time: A leisure pool swim with reduced noise and distractions to support those who enjoy a quieter environment to swim in. While everyone is welcome during this time, we ask that those who attend are mindful of their noise and activities during this time.

Public Swim: All pools are open. Include: Main Pool, Leisure Pool, Hot tub & Sauna.
Diving Board: Tuesday: 8:00pm-8:30pm, Thursday: 7:00pm-8:30pm, Friday: 6:30pm-8:30pm, Sunday: 2:00pm-4:30pm.

Important Dates

Please note that the schedule is subject to change.

Pro-D Days:
 Schedule may differ for Professional Development Days
 October 6th
 October 20th
 November 10th
 November 24th

Statutory Holidays:
 Schedule may differ for Statutory Holidays
 Monday, October 2nd: Truth & Reconciliation Day
 Monday, October 9th: Thanksgiving Day
 Monday, November 13th: Remembrance Day

Please contact (604)-824-0231 at ext. 1 for any schedule inquiries.