

Community Resources for Families with Children (New Westminster)

Child Care and Preschool			
Child Care Licensing	604-587-3936	<u>fraserhealth.ca</u>	Responsible for the licensing of child care facilities in the Fraser Health region.
			A monthly payment to assist eligible British Columbia families with the cost of
Affordable Child Care Benefit	1-888-338-6622	www2.gov.bc.ca	child care.
Province of British Columbia, Child Care	1-888-338-6622	www2.gov.bc.ca	Child care information and resources.
Trovince of British columbia, chila care	1 000 330 0022	<u>www.gov.bc.ca</u>	Child care information and referrals; assistance with the BC Affordable Child Care
YMCA Child Care Resource & Referral	604-294-1109	gv.ymca.ca/ccrr	Benefit; referrals to community services and resources.
Crisis and Help Lines			
Centralized Provincial Child Protection			24 hour centralized screening for reporting suspected or imminent abuse of
Reporting	1-800-663-9122	www2.gov.bc.ca	children.
	310-6789 (area code		24 hour phone service offering emotional support, information, and resources
Canadian Mental Health Association	not required)	<u>cmha.ca</u>	specific to mental health.
	1-800-SUICIDE (784-		24 hour phone service for those who are considering suicide or are concerned
Suicide Crisis Line	2433)	crisislines.bc.ca	about someone who may be.
			Immediate, free and confidential crisis intervention and community resource
Fraser Health Crisis Line	604-951-8855	options.bc.ca	information to people of all ages.
			Provides information and referral services to all victims of crime and immediate
VictimLinkBC	1-800-563-0808	<u>victimlinkbc.ca</u>	crisis support to victims of family and sexual violence.
	240.42247		
	310-1234 (area code		If you are a child or youth and would like to talk to someone call the Helpline for
Helpline for Children	not required)	<u>www2.gov.bc.ca</u>	Children at 310-1234 any time day or night. You do not have to give your name.
Early Intervention: Who to call if you have	re concerns about your c	hild's development	
Aboriginal Infant Development (Spirit of			Serves Aboriginal families with children who are at risk for, or who already have,
the Children)	604-524-9113	<u>sotcs.ca</u>	a developmental delay.
Aboriginal Supported Child Development			Serves Aboriginal families whose children require extra support in their preschool
(Spirit of the Children)	604-524-9113	<u>sotcs.ca</u>	and child care settings.
	604-205-5467		Information and referral service that supports individuals with Autism Spectrum
Autism Community Training	1-866-939-5188	actcommunity.ca	Disorder and their families.
Early Intervention Services (SHARE			Provides the following: speech and language therapy, physical therapy, and
Family and Community Services)	604-540-9161	sharesociety.ca	occupational therapy.
Friend 2 Friend Social Learning Society		· -	Enhances social interaction, communication, and friendships between individuals
(Friend 2 Friend)	604-528-0560	friend2friendsociety.org	on the autism spectrum and their typically developing peers.

			Serves children birth to 3 years who are at risk for, or who already have, a delay in
Infant Development (Kinsight)	604-521-8078	kinsight.org	development.
New Westminster Public Health	604-777-6740	fraserhealth.ca	Child development, speech and language, hearing, vision.
			Through unique services tailored to individual strengths and needs, PLEA helps
			children, youth, adults and families who face significant challenges lead fulfilling
PLEA	604-871-0450	plea.ca	lives wthin their communities.
			Serves families whose children require support in their preschool or child care
Supported Child Development (Kinsight)	604-521-8078	kinsight.org	setting.
			Aims to create an inclusive barrier-free community for families and children with
Western Society for Children	604-515-0810		disabilities.
Family Resources, Support and Counsell	ing		
			A support group for high risk women with babies aged birth to six months. Bus
Baby & Me	604-659-2200	burnabyfamilylife.org	tickets and childminding are available for clients.
			Looking for a community or government service? Dial 2-1-1, a multilingual phone
United Way BC Helpline Services	211	<u>bc.211.ca</u>	and texting service, or visit BC211 online.
Big Brothers of Greater Vancouver	604-876-2447	bigbrothersvancouver.com	Caseworkers match mentors with a Little Brother who has similar interests.
Big Sisters of BC Lower Mainland	604-873-4525	<u>bigsisters.bc.ca</u>	Caseworkers match mentors with a Little Sister who has similar interests.
			Community Resource Guide for Burnaby and New Westminster. Available online,
Burnaby Community Services	604-299-5778	bbyservices.ca	by order, and pick-up at a variety of locations.
			A multi-service organization that delivers a continuum of programs to children
Burnaby Family Life	604-659-2200	burnabyfamilylife.org	and families including prenatal and postnatal programs
			Provides a variety of services including parent education, family support
Cameray Child and Family Services	604-436-9449	<u>cameray.ca</u>	programs and counselling programs.
			Provides services to women, girls and children at risk of involvement, involved in
Elizabeth Fry Society	604-520-1166	<u>elizabethfry.com</u>	or affected by the justice system.
Family Law in BC	604-408-2172	<u>family.legalaid.bc.ca</u>	Provides information about family law in BC.
			A multi-service organization that provides a variety of programs including
Family Services of Greater Vancouver	604-525-9144	<u>fsgv.ca</u>	counselling, parenting groups, worshops and ESL classes.
			A multi-service agency that supports people needing housing, seeking work,
			and/or living with developmental disabilities, mental health, substance use or low
Fraserside Community Services	604-522-3722	<u>fraserside.bc.ca</u>	income.
Grandparents Raising Grandchildren			Assists grandparents and other relatives raising a family member's child with
(Parent Support Services Society of BC)	1-855-474-9777	parentsupportbc.ca	information and resources.
Health Link BC		<u>healthlinkbc.ca</u>	Print resources on a variety of child safety topics
Immigrant Services Society of BC	604-684-2561	<u>issbc.org</u>	Provides a variety of support services for immigrants and refugees.
			Provides information, support and referrals to parents on matters related to the
Information Children	778-782-3548	<u>informationchildren.com</u>	care and well-being of their children.
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Kids New West	knwtable@gmail.com	<u>kidsnewwest.ca</u>	Kids New West connects famiiles with information, resources and events.

La Leche League Canada 1-250-370-9513 Learning Disabilities Association Ministry of Children and Family Development - Burnaby and New West New Westminster Community Service Asset Map 604-660-9495 New Westminster Community Service Asset Map 604-527-4532 New Westminster Schools Welcome Centre 604-517-6200 Centre 604-517-6200 Parent Support Services Society Pregnancy and Baby Health Guide 604-520-4420 Pregnancy and Baby Health Guide Funds Society Purpose Society 1-877-345-9777 Purpose Society 1-800-725-2769 Salvation Army 1-800-725-2769 Spirit of the Children 604-524-1511 Sots.ca Information and resources to ensure full participation of children, youth a adults with learning disabilities. Child protection and family support services. Provides counselling, supervi access, and family support services. In partnership with a variety of community agencies. Child protection and family support services in partnership with a variety of community agencies. Child protection and family support services in partnership with a variety of community agencies. Use this map to find out about community, settlement, and social services. City of New Westminster. City of New Westminster. The program assists new families in SD40 by connecting them with a City Navigator, who can help them explore and connect with the city's resource service also provides settlement workers for families new to Canada in variety of community and in-house supports and services. Promotes health of families in SD40 by connecting them with a City Navigator, who can help them explore and connect with the city's resource service also provides settlement workers for families new to Canada in variety of City of New Westminster. 1 anguages, offering community and in-house supports and in variety of City of New Westminster. 1 anguages, offering community and families in SD40 by connecting them with a				
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Learning Disabilities Association info@ildabc.ca Idac-acta.ca Information and resources to ensure full participation of children, youth a adults with learning disabilities. Ministry of Children and Family Development - Burnaby and New West 604-660-9495 www2.gov.bc.ca ageries. New Westminster Community Service Asset Map 604-527-4532 newwestassetmap.ca Use this map to find out about community, settlement, and social services (City of New Westminster) City of New Westminster (City of New Westminster) New Westminster Schools Welcome Centre 604-517-6200 newwestschools.ca	La Leche League Canada	604-520-4623	IIIc.ca	
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	Monarch Place Transition House	604-521-1888	monarchplace.org	Shelter and support for women and children fleeing domestic violence
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IFree and Low Cost Food Directory I I traserhealth.ca IA list of free and low cost food programs available.		604-526-2522		
	Free and Low Cost Food Directory	 	<u>fraserhealth.ca</u>	A list of free and low cost food programs available.
Greater Vancouver Food Bank Society 604-876-3601 <u>foodbank.bc.ca</u> Offers food assistance to those in need. Call for locations.	Greater Vancouver Food Bank Society	604-876-3601	foodbank hc ca	Offers food assistance to those in need. Call for locations
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Offers access to affordable and healthy food for those facing barriers thro				Offers access to affordable and healthy food for those facing barriers through not-
Quest Food Exchange 604-602-0186 <u>questoutreach.org</u> for-profit grocery markets. Clients need a referral to access this service.	Quest Food Exchange	604-602-0186	guestoutreach.org	

Health Services & Supports			
Anxiety BC	604-620-0744	<u>anxietybc.com</u>	Resources and information for those living with anxiety.
			Children of low-income families can get help with basic dental care and
BC Healthy Kids Program	1 866 866-0800	www2.gov.bc.ca	prescription eyewear costs through the Healthy Kids Program.
Royal Columbian Hospital	604-520-4253	<u>fraserhealth.ca</u>	Community Hospital serving New Westminster residents.
The F.O.R.C.E. Society for Kids Mental			Peer support, education, system navigation and resources for families with
Health	604-878-3400	heretohelp.bc.ca	children and youth living with mental health challenges.
			Program provides essential reprieve to people caring for a loved one with a
Family Respite Program	1-888-888-0029	bcss.org	mental illness. Available throughout the Fraser Valley.
			Health and wellness services and support for young people aged 12-24 - online
FOUNDRY	1-800-784-2433	foundrybc.ca	and through integrated service centres in communities acoss BC.
	811 (or 711 for deaf &		Speak to a health services navigator to find health information or be connected
Healthlink BC	hearing impaired)	<u>healthlinkbc.ca</u>	with a registered nurse, dietitian or pharmacist.
Kelty Mental Health Resource Centre	604-875-2084	keltymentalhealth.ca	Free resources related to mental health challenges and disorders.
MCFD - Child and Youth Mental Health			A variety of child, teen, and family services are available through the province.
Services	604-660-9495	www2.gov.bc.ca	Find services closest to you.
			General public health information. Offers a range of services to promote health
New Westminster Public Health	604-777-6740	<u>fraserhealth.ca</u>	and wellness in the communty.
			Offers telephone support and support groups for women suffering from
Pacific Post Partum Support Society	604-255-7999	postpartum.org	depression after giving birth/adopting a child.
Prenatal and Perinatal Classes	604-527-5472	douglascollege.ca	Offers in-person and online prenatal and perinatal classes.
			Provides free pregnancy testing, support, education, and prenatal classes for
Smile	604-524-1511	<u>stleo.ca</u>	parents ages 24 and under.
Walk-in Medical Clinic Search		<u>healthlinkbc.ca</u>	Non-emergency health care services on a walk-in basis.
Libraries			
Main Branch	604-527-4660		Check out your local library and see what services and programs are available to
Queensborough Branch	604-636-4450	<u>nwpl.ca</u>	you. Drop-in story times are available for babies, toddlers, and preschoolers. Visit
Recreation			
			Park, Recreation and Culture programs have so much to offer families! There are
New Westminster Parks, Culture, and			drop-in programs, gyms, pools, skating rinks and much more! Visit their website
Recreation	604-521-3711	newwestcity.ca	and see what's available to you and your family.