

# Child, Youth, and Family Program Descriptions

<p><b>Family Playtime</b> Drop-in All ages</p>	<p>Enjoy time with your children or grandchildren and meet other parents! YMCA Family Playtime is a great opportunity to drop in with your children and spend some quality time playing interactive activities, competing at simple sports, building block towers, doing puzzles, and reading books.</p>
<p><b>Family Fun</b> Drop-in All ages</p>	<p>Need some quality time with family or friends? Drop in to family fun to play some board games or tumble around on an obstacle course together.</p>
<p><b>Y Play</b> Pre-registration required Ages 6 wks – 5 yrs</p>	<p>Take care of yourself. Let our trained staff take care of your children while you take a class, go for a swim, or meet other parents in our center of community. In Y Play, children can play with toys, learn to get along with other children, and engage in fun activities appropriate for their ages and stages. Talk to our Membership Services Desk for more information.</p>
<p><b>Creative Play</b> Pre-registration required Ages 3 – 5</p>	<p>In YMCA Creative Play, kids get creative and participate in a variety of activities that help them develop fine motor skills, creative problem-solving skills, imagination, physical literacy, and social interaction skills. Activities include puzzle games, cooperative games, catching, throwing, balancing, circle time, creative movement, and much more!</p>
<p><b>Multi-Sports</b> Pre-registration required Ages 6 – 12</p>	<p>Kids make friends, have fun, and learn the value of fair play through basic sports in YMCA Multi-Sports. Kids will run, jump, shoot, and pass while playing a variety of sports related games.</p>
<p><b>Active Kids</b> Pre-registration required Ages 6 – 12</p>	<p>Kids build the foundations of advanced movement skills in a safe and challenging environment. In YMCA Active Kids, activities are well structured, positive and fun, and concentrate on developing the ABC's - agility, balance, coordination, and speed.</p>
<p><b>Games Galore</b> Pre-registration required Ages 6 – 12</p>	<p>It's your turn! YMCA Games Galore lets kids choose from a variety of games that teach valuable life skills such as problem solving and cooperation. May include board games, card games, lego, active games, and more!</p>
<p><b>Active Brains</b> Pre-registration required Ages 6 – 12</p>	<p>Brains don't just need books; they also need a healthy dose of interactive fun. YMCA Active Brains does just that. This program offers a variety of educational activities that help children engage their creativity, logic, problem-solving, mind-body coordination, and other brain-building skills.</p>
<p><b>Teen Sport Afternoons</b> Drop-in Ages 10-15</p>	<p>Teens aged 10-15 can bring their friends and play basketball or soccer after school and on the weekend in the gym!</p>