




Langara YMCA Gymnasium Schedule

Updated May 1, 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
East	West	East	West	East	West	East	West	East	West	East	West	East	West
Drop in Basketball 6:15am-7:45am	Reserved Badminton 6:15am-7:45am	Drop in Basketball 6:15am-9:00am		Drop in Basketball 6:15am-7:45am	Reserved Badminton 6:15am-7:45am	Pickleball Group Play 6:15am-7:45am		Drop in Basketball 6:15am-7:45am	Reserved Badminton 6:15am-7:45am				
Y Gentle 8:00am-9:00am				Y Gentle 8:00am-9:00am		Drop in Basketball 8:00am-11:00am		Y Gentle 8:00am-9:00am		Drop in Basketball 8:15am-9:00am	Reserved Badminton 8:15am-9:00am	Drop in Basketball 8:15am-9:00am	Reserved Badminton 8:15am-9:00am
Pickleball Group Play 9:15am-11:15am		Pickleball Group Play 9:15am-11:15am		Pickleball Group Play 9:15am-11:00am				Food Hub 9:30am-12:00pm		Pickleball Group Play 9:15am-10:45am		Pickleball Group Play 9:15am-11:15am	
Pickleball Group Play 11:15am-1:15pm		Pickleball Group Play 11:15am-1:15pm		Pickleball Group Play 11:00am-12:45pm		Reserved Badminton 11:15pm - 3:45pm	Drop in Basketball 11:15pm - 3:45pm			Pickleball Group Play 10:45am-12:15pm		Pickleball Group Play 11:15am-1:15pm	
Drop in Basketball 1:30pm-4:15pm		Drop in Basketball 1:30pm-4:15pm		VSB Foundations 1:00pm-2:00pm				Drop in Basketball 12:15pm-4:15pm		Drop in Basketball 2:15pm-2:00pm		Drop in Basketball 1:30pm-4:45pm	
Drop in Basketball 4:30pm-6:00pm	Reserved Badminton 4:30pm-6:00pm	Drop in Basketball 4:30pm-6:00pm	Reserved Badminton 4:30pm-6:00pm	Drop in Basketball 2:15pm-4:15pm		Drop in Basketball 4:30pm-6:45pm		Drop in Basketball 4:30pm-6:00pm	Reserved Badminton 4:30pm-6:00pm	Shape Down Program 2:00-4:00pm		Online Schedule 	
Shotokan Karate 6:30pm-8:30pm		Drop in Basketball 6:15pm-8:45pm		Pickleball Group Play 4:30pm-6:00pm		Drop in Soccer 7:00pm-8:45pm		Drop in Basketball 6:15pm-8:45pm		Drop in Basketball 4:00pm-4:45pm			

For live updates, please check the YMCA BC app.

This schedule is subject to change without notice.

Please allow 15 minutes for set up and take down times.