



Robert Lee YMCA Aquatics Schedule

April 1 - June 30, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Full Lane Swim 6:00am-9:15am	Full Lane Swim 6:00am-9:15am	Full Lane Swim 6:00am-9:45am	Full Lane Swim 6:00am-9:15am	Full Lane Swim 6:00am-4:30pm	Full Lane Swim 7:00am-9am	Full Lane Swim 7:00am-9am	
Partial Lane 9:15am-10am	Aquafit 9:15am-10am	Partial Lane 9:15am-10am	Aquafit 9:15am-10am		Partial Lane 9am-10am	Aquafit 9:15am-10am	Partial Lane 9am-12pm
Full Lane Swim 10am-4:30pm	Full Lane Swim 10am-4:30pm	Partial Lane 9:45am-10:30am	Aquafit 9:45am-10:30am		Open Swim 10am-1pm	Swim Lessons 9am-1pm	Open Swim 10am-12pm
		Full Lane Swim 10am-4:30pm	Full Lane Swim 10am-4:30pm		Full Lane Swim 10am-4:30pm	Full Lane Swim 1pm-6pm	Full Lane Swim 12pm-6pm
Partial Lane 4:30pm-7:30pm	Swim Lessons 4:30pm-7:30pm	Partial Lane 4:30pm-7:30pm	Swim Lessons 4:30pm-7:30pm		Partial Lane 4:30pm-7:30pm	Swim Lessons 4:30pm-7:30pm	Swim Lessons 9am-12pm
Full Lane Swim 7:30pm-9pm	Full Lane Swim 7:30pm-9pm	Partial Lane 4:30pm-8:15pm	Swim Lessons 4:30pm-7:30pm	Partial Lane 4:30pm-7:30pm	Swim Lessons 4:30pm-7:30pm	Swim Lessons 9am-12pm	
		Aquafit 7:30pm-8:15pm	Full Lane Swim 7:30pm-9pm	Full Lane Swim 7:00pm-9pm			
		Full Lane Swim 8:15pm-9pm					

Online schedule



This schedule is subject to change without notice.

Updated April 22, 2024



Robert Lee YMCA Aquatics Directory

Lane Swim Etiquete	Swim to the right side of the lane.	When resting, please keep to the corner to allow other swimmers to use the wall.	Faster swimmers must pass to the left.	Choose the appropriate lane for your pace.	When entering the lane, give other swimmers the right of way.
Full Lane Swim	During these times, the pool is configured for lane swim only.				
Partial Lane Swim	During these times, the pool is configured to have one to three lanes for lane swim only. Additional activities may occur in other areas of the pool.				
Open Swim	During this time, a section of the pool will be open for any type of swimming or aquatic activity. Children of any age are welcome into the pool at this time. A section of the pool will be open for families with children 5 years of age and younger.				
AquaFit	This water exercise class is for those looking for a light, low impact and joint-friendly workout. Improve core strength, endurance, a range of motion, flexibility and balance. All levels and ages 13+ welcome. (11 and 12 year olds can attend group fitness classes while having a parent/guardian within reach).				

	Lifeguard/Swim Instructor Training Days	
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April	
April 11 6pm-9pm	April 12 6pm-9pm
April 13 10am-4pm	April 14 10am-4pm
April 18 6pm-9pm	April 19 6pm-9pm
April 20 10am-4pm	April 21 10am-4pm
April 27 10am-4pm	April 28 10am-4pm

May	
May 2 6pm-9pm	May 3 6pm-9pm
May 4 10am-4pm	May 5 10am-4pm
May 9 6pm-9pm	May 10 6pm-9pm
May 11 10am-4pm	May 12 10am-4pm

June	
June 6 6pm-9pm	June 7 6pm-9pm
June 8 10am-4pm	June 9 10am-4pm
June 13 6pm-9pm	June 14 6pm-9pm
June 15 10am-4pm	June 16 10am-4pm
June 22 10am-4pm	June 23 10am-4pm

	Spring Swim Lesson Period: April 8th to June 26th, 2024	
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