

Spring 2024

YMCA Child Care Resource & Referral gv.ymca.ca/ccrr



Professional Development







Important Workshop Policies and Information

Registration Policies and Procedures

- Register online via myymca.ca or by phoning either 604-931-3400 or 604-294-1109.
- Payment options include American Express, MasterCard, Visa or Debit.
- Refunds will only be given to registrants who provide a minimum of 5 working days notice and are subject to a \$5.00 administration fee per workshop.
- Workshops may be cancelled due to insufficient enrollment and other factors outside of our control. In the event of cancellation, a full refund will be issued.

In Person Courses/Workshops Policies

- Workshops start promptly at the time indicated.
- Late arrivals will not be permitted 15 minutes after the start time.
- Participants leaving early will have their certificates adjusted.
- If you are feeling unwell or exhibiting flu like symptoms, please do not attend and risk infecting others.
- We cannot guarantee a scent-free environment.
- We are unable to accommodate children during courses, workshops, or networking events.

Online Courses/Workshops Policies

- Workshops start promptly at the time indicated and will be held on Zoom or MS Teams.
- It is recommended to use a laptop or computer.
- Late arrivals will not be admitted 15 minutes after the start time.
- Participants leaving early will have their certificates adjusted.
- Cameras need to be on and participants need to be in view for the entire duration of the course/workshop to receive a certificate of completion.
- Refunds will not be given due to technical difficulties with your equipment.

The YMCA Child Care Resource and Referral provides certificates of completion for all courses and workshops. When claiming a workshop or course for training hours it is the responsibility of the participant to check with the ECE Registry or Community Care Licensing.

Workshop Locations

Tri-Cities CCRR

1130 C Austin Ave., Coquitlam ygv.ccrr@bc.ymca.ca • 604-931-3400

Burnaby CCRR

4460 Beresford St., Burnaby ygv.ccrr@bc.ymca.ca • 604-294-1109

Online

Zoom or MS Teams





Responsible Adult

20 Hour Child Care Training Course



This course meets the requirements of 20 hours training to become a "Responsible Adult" as stipulated by Child Care Licensing Regulations. The content covers child development, guiding behaviour, health, safety, nutrition and programming. The course is live and interactive, so participants must have video and audio capabilities, as well as participate and attend all sessions in order to receive the certification at the end of the course.

To sign up for this course participants must:

- Be 19 years of age
- Have minimum Grade 8 English written and oral skills
- Attend all scheduled sessions

Once the training is complete, participants are eligible to work as a Responsible Adult in:

- School-age Child Care Programs
- Licensed Family Child Care
- As additional support or substitute in Licensed Preschool and Licensed Child Care Programs
- Summer Camps

Dates: Monday to Friday, June 17th to 28th, 2024

Time: 10:00AM - 12:00PM

Location: Online via MS Teams

Cost: \$65

Presenter: Crystal Bunnett

Crystal currently works as a consultant at the YMCA CCRR where she enjoys planning engaging and inspiring professional development opportunities for child care providers and parents. She has been an Early Childhood Educator for over 25 years. Crystal has her diploma in ECE, Infant Toddlers and Special Needs. She has supervised in a variety of inclusive child care settings including preschool, Infant Toddler, and Out of School Care programs. Crystal is passionate about providing quality child care programs, and supporting families and child care providers in the community.





EMERGENCY CHILD CARE FIRST AID / CPR LEVEL B

Saturday, June 22nd, 2024 • 9:00AM-6:00PM (30 min. lunch break, and two 15 min. breaks) • Tri-Cities CCRR • 1130C Austin Avenue

This course will include choking skills, breathing emergencies, and CPR for babies and children. It will also covers basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions. AED certification is also included.

Presenter: Pacific First Aid

Please bring your own lunch, wear comfortable clothing and arrive 10 minutes before the course begins.

Payment and Registration: online at <u>www.pacificfirstaid.ca</u> or by phone at 604- 638-1228.



Light refreshments will be provided.

A one-hour professional development certificate will be issued.

NETWORKING: BEYOND PLAYGROUNDS - OPEN ENDED OUTDOOR PLAY

Thursday, April 4th, 2024 • 6:30-8:00PM • Burnaby/New Westminster CCRR • 4460 Beresford Street • Fee: \$5.00 • Suitable for child care providers and child care workforce.

As spring begins, come join us for a conversation about open ended outdoor play. We will share ideas and activities that you can take back to your programs. We invite you to share your ideas and what you are doing with the children in our beautiful outdoor environment.

Presenters: CCRR Consultants

INCLUSION GAMES AND ACTIVITIES

Saturday, April 6th, 2024 • 9:30AM-2:00PM (30 min. lunch break) • Tri-Cities CCRR • 1130C Austin Avenue • Fee: \$20.00 • Suitable for child care providers, child care workforce, and parents.



Let's explore inclusion through games and activities. Briefly looking at the reality of diversity, what is inclusion and universal design? Then delving into specific diversities and how to make games and activities inclusive. Attendees will be participating in this workshop, and we will be doing some of inclusive games and activities.

Presenter: Kim Brown

Kim has been teaching a variety of American Sign Language and ASL courses for 18 years. She carries a BC in Psychology and is an Early Childhood Special Needs Educator with over 30 years as a consultant, instructor, teacher and facilitator – in roles all relating to family and children's services.

SPRING CIRCLE TIME SONGS & STORIES



Wednesday, April 10th, 2024 • 7:00-9:00PM • Tri-Cities CCRR • 1130C Austin Avenue • Fee: \$10.00 • Suitable for child care providers, child care workforce, and parents.

Tired of the Wheels on the Bus? Want to add some new songs and rhymes to your repertoire? Looking for fresh picturebooks to share with your kids? The librarian from the Port Moody Public Library will bring the best and the brightest new storytime tools for you to take to your circle times. Bring a rhyme or song to share with the group in this active, participatory session that will have you dancing in your seats.

Presenter: Corene Brown

Corene Brown is the Programs & Youth Services Coordinator at the Port Moody Public Library and is an enthusiastic amateur ukulele player. She taught herself to play the ukulele through a combination of hubris (how hard can this be?) and watching YouTube videos. She plays ukulele at story times, classroom visits, and does a mean version of the Gilmore Girls theme song.



COMMUNITY OF PRACTICE: IN THE WORLD OF FANTASY PLAY

Burnaby/New Westminster CCRR • 4460 Beresford Street • Fee: \$20.00 • Suitable for child care providers and child care workforce.

In this Community of Practice, we will immerse ourselves in the insights offered by Vivian Paley, a renowned pioneer in early childhood education, through her book "A Child's Work: The Importance of Fantasy Play". Paley drew on her experiences as a kindergarten teacher to examine the role of fantasy and storytelling in children's development. She deemed the value of play as a tool for children to make sense of the world, express themselves, and develop important social skills.

Dates & Times

- Thursday, April 11th, 6:30-8:30PM
- Saturday, April 27th, 9:30-11:30AM
- Thursday, May 16th, 6:30-8:30PM
- Saturday, May 25th, 9:30-11:30AM
- Thursday, June 6th, 6:30-8:30PM
- Saturday, June 15th, 9:30-11:30AM

12 hours of professional development!

Participants are to attend all sessions.

Refreshments will be served at each session. In every session, the hope is to recognize the benefits of imaginative or dramatic play and to advocate for an environment that nurtures and supports children's natural inclination towards storytelling and imagination.

Presenter: Karla Gaygay

Karla currently works as a consultant for YMCA Child Care Resource and Referral. She is an Early Childhood Educator with experience working with infants to school-age children in both childcare and outdoor settings. Her love for the outdoors developed when she visited a nature school in Richmond. Since then, she has volunteered for outdoor preschool programs to gain insights and connect with educators in that field. She also worked as a Lead Outdoor Educator for an all-outdoor program. Her experiences allowed her to explore urban parks and trails in Vancouver, Burnaby and Richmond.

UNDERSTANDING AND SUPPORTING A RANGE OF GENDER EXPRESSIONS

Saturday, April 13th, 2024 • 9:30AM-12:45PM (15 min. break) • Online via Zoom • Fee: \$15.00 • Suitable for child care providers, child care workforce, and parents.

Many children choose play, clothing, activities and toys that challenge gender stereotypes. We will look at some historical influences on gender stereotyping and some ways in which we can honour and respect the exploration of gender expression in our child care settings. Early childhood education and care works best when it is linked to the real issues of people's lives. The most important thing that we can do is to ensure that all children in our care and their families feel a strong sense of belonging and acceptance for who and what they are.

Presenter: Christine Hibbert

Christine Hibbert is an ECE and School Age Educator and an experienced facilitator. Christine has worked in the field of childcare for more than 30 years, beginning her career as a teacher in England. She worked in family child care and pre-schools before becoming Executive Director at Jericho Kids' Club in Vancouver. Recently retired from JKC, Christine continues to be an involved advocate and passionate educator in the childcare community.



RESPECTFUL RESPONSES TO THE CALL FOR RECONCILIATION

Thursday, April 18th, 2024 • 7:00-9:00PM • Online via Zoom • Fee: \$10.00 • Suitable for child care providers, child care workforce, and parents.

This workshop will take you on a journey into how to become more aware of the territory you are residing on. Bring some thought-provoking ways that you have not been aware of about the truth of Indigenous people who have lived here since time immemorial. How you can be an ally when you hear untruths spoken about Indigenous people. Jennie is always open to questions, and she gives hard truth answers from residential school to the sixties scoop and the current millennial scoop. You will be more aware on how you can make the world a better place when you become a better partner in the world changing view for indigenous people. Both Urban Indigenous and those who reside in their communities.

Presenters: Jennie Roberts (BC Aboriginal Child Care Resource & Referral)

Jennie is Ojibway but, identifies as Stó:lō Xwelxwelmexw and resides on Tzeachten First Nation. She has been working with children and families for over 35 years. Jennie has a certificate in ECE from the University of Fraser Valley in collaboration with Seabird Island 2004. In 2005 she received her Special Needs License to Practice by attending night classes at the University of the Fraser Valley; while working as a Head Start Coordinator at Seabird Island. She was able to complete her Infant Toddler/ Early Childhood Education and Care Diploma in 2016. In 2018, Jennie also completed her Speech and Language Assistant through Seabird College.

SELF-ESTEEM & SELF-CONFIDENCE IN SCHOOL AGE CHILDREN

Saturday, April 20th, 2024 • 9:30AM-2:00PM (30 min. lunch break) • Tri-Cities CCRR • 1130C Austin Avenue • Fee: \$20.00 • Suitable for child care providers, child care workforce, and parents.



We will look at a variety of team building ideas and activities that foster friendship and self-confidence in your school aged program. We will discuss and identify some of the challenges that we see in our programs when it comes to children being left out or struggling to connect with others. Together, we can provide bridges for the children in the program to strengthen connections with peers and themselves.

Presenter: Christie Akhurst

Christie Akhurst, is presently the Facility Manager at Rosemary Creative Kids. Christie was previously the Coordinator at Little Mountain Out of School Care for the past 19 years. She graduated from Langara's Early Childhood Education Program in 1998 and completed her Special Needs Education and School Aged Certificates in 2003. Christie's experiences of working with children range from the ages infancy to sixteen years of age and has expanded from Canada to Australia and New Zealand for 2 years, as well as a very memorable summer teaching in Uganda. She believes our role as an Early Childhood Educator and School Aged Educator is to inspire, to support child's exploration and expression, and to foster and create connections.



UNDERSTANDING CHILDREN'S BEHAVIOUR

Wednesday, April 24th, 2024 • 7:00-9:00PM • Tri-Cities CCRR • 1130C Austin Avenue • Fee: \$10.00 • Suitable for child care providers, child care workforce, and parents.

This workshop focuses on becoming curious about children's behaviours and learning to support their emotional development. Contributing to the development of a human being is an important and rewarding role, but it doesn't come without its challenges. As children develop their expressive language abilities which conveys their emotional experience, they first learn to communicate through their behaviours. It is our job as caring adults to become curious about their intensions. It's normal to experience difficulties and frustration while seeking to understand a child's behavioural and emotional reactions. Children have their unique personalities and needs as they develop into young adults. Nikkol Adams, MA, RCC will discuss the meaning behind a child's challenging behaviours in order to better understand how to support and redirect their behaviour.

Together we will explore:

- Brain development for emotional regulation
- The role of the autonomic nervous system
- The goals behind children's behaviour; and
- Strategies for supporting and redirecting behaviour

This workshop is designed for individuals working with children between the ages of 3 to 12 years old in diverse settings who are wanting to gain insight and knowledge towards supporting children's emotional development.

Presenter: Nikkol Adam

Nikkol is a Registered Clinical Counsellor and the founder of Essence of Self: Counselling and Wellness Services. She has a deep passion for the mind and body connection – helping individuals understand their emotional and physical experience through the use of several therapeutic healing modalities. Nikkol graduated from Simon Fraser University with a Bachelor's Degree in Psychology and a minor in Education and Human Development. She pursued her passion for mental health and wellness by completing a 2-year intensive Masters Degree in Counselling Psychology: School and Youth Concentration through Adler University in Vancouver, British Columbia. Nikkol has worked in a variety of positions offering valuable experiences working with children, youth, and adults of all ages who presented with a range of mental health concerns and developmental abilities within diversified settings since 2012. She currently works in both the public and private sector of mental health services offering individual counselling services to all ages. To learn more about her professional credentials and certifications, visit www.essenceofself.ca

RELATIONSHIPS MATTER! PROBLEM SOLVING WITH YOUNG CHILDREN

Saturday, April 27th, 2024 • 9:30AM-12:45PM (15 min. break) • Online via Zoom • Fee: \$15.00 • Suitable for child care providers, child care workforce, and parents.

In this workshop, we will explore relational pedagogy and intersections within the BC Early Learning Framework. With the vision of respectfully living and learning together, we will explore the ways in which educators can support children's wellbeing through applying the HighScope Educational Research Foundation's approach to problem-solving and conflict resolution. Participants will review the cycle of emotions in the brain and will be able to identify the 6 steps of conflict resolution that can be used with infants, toddlers, preschoolers and schoolaged children to support them through powerful emotions and into constructive problem-solving. In our discussions, participants will be invited to brainstorm about common issues that they are experiencing in their own child cares, including how to work through philosophical differences among educators and the impact that these differences have on the children with whom we work and the organizational climate.

Presenter: Julia Black

Julia Black is the Coordinator and an Instructor in the Early Childhood Care and Education Program in the School of Education and Childhood Studies at Capilano University, Julia has been a part of the Capilano University community since 2007. She has worked as an educator and executive director in early childhood programs throughout the Sea to Sky corridor and as an educational and early years policy consultant.



STRENGTHENING PLAY-BASED LEARNING, UNDERSTANDING PLAY PEDAGOGIES, AND WORKING ON PLAY SKILLS COURSE

Tri-Cities CCRR • 1130C Austin Avenue • Fee: \$50.00 • Suitable for child care providers, child care workforce, and parents.

The main objective of this professional development course is to strengthen Early Childhood Educators' understanding of play-based learning and play pedagogies that reflect best practices in British Columbia. By integrating playbased learning, inquiry-based curriculum, and trauma-informed care, Ana hopes to support educators and teachers in creating inclusive and nurturing child care environments that foster children's learning, curiosity, socialemotional growth, and resilience.

Dates & Times

- · Saturday, May 4th, 9:30AM-2:00PM (30 min lunch break)
- Wednesday, May 15th, 7:00-9:00PM
- Wednesday, May 29th, 7:00-9:00PM
- Wednesday, June 12th, 7:00-9:00PM
- · Wednesday, June 19th, 7:00-9:00PM

Outcomes for this Professional Development Course:

- Gain a deeper understanding of play-based learning and inquiry-based curriculum.
- Gain a deeper understanding of inclusive practices and trauma-informed care.
- Foster a sense of community and appreciation among educators in the group.
- Get an overview of the BC Behaviours in the Early Years Position Statement.
- Get an overview of the BC Play Today handbook and the BC Early Learning Framework.

Topics in this course:

- Exploring Our Image of the Child, Educator and Learning
- Cultivating Exploration and Self-Expression
- Exploring Pathways to Play and Stages of Play with Infants/Toddlers and Preschool-Age Children
- Making the Most of Play: How to be a Play Partner
- A Trauma-Informed Approach to Honoring Play
- Play Partnering Outside of Your Comfort Zone: Honouring All Types of Play
- Growing Gardens with Young Children
- Enhancing Play Relationships & Pro-social Learning

Presenter: Ana Valle Rivera

Ana is a proud mother of three, a public speaker, a consultant, and the founder of Early Years Thriving. Since 2007 Ana has worked with children and families with complex needs using inclusive and trauma-informed approaches. Ana has a background in ECE, a Bachelor's Degree in Child and Youth Care, and is completing a Master's in Professional Education in ECE.

12 hours of professional development!

Participants are to attend <u>all</u> sessions.

Refreshments will be served at each session.

WALK A MILE IN MY SHOES

Thursday, May 9th, 2024 • 7:00-9:00PM • Online via Zoom • Fee: \$10.00 • Suitable for child care providers, child care workforce, and parents.

Walk a Mile in My Shoes (WAMMS) will you with knowledge eauip information about learning differences and disabilities and how to support and advocate for individuals and groups with learning differences in educational, social, work and community settings. Trained participants explore facilitators help learning differences such as Dysgraphia, Dyslexia, Dyscalculia, ADHD, and Visual-Perception difficulties. Through workshop, participants will gain knowledge about current research and knowledge of learning differences and a practical understanding of how it may affect a person's everyday life at home, work and school.

Presenter: Marlo Humiski

Marlo (she/her) is an engaging and inclusive educator who has over eight years of experience with children in educational programs. Marlo has extensive experience and a passion for working with preschool and elementary school aged children and is the Lead Instructor for Learning Disabilities Society's Early RISErs program in addition to supporting a wide range of learners in one-to-one literacy and numeracy instruction.



CREATING MEANINGFUL EXPERIENCES FOR INFANTS AND TODDLERS

Saturday, May 11th, 2024 • 9:30AM-12:45PM (15 min. break) • Online via Zoom • Fee: \$15.00 • Suitable for child care providers, child care workforce, and parents.

Providing unique, sensory-based learning experiences for infants and toddlers enhances their overall development. When exposed to experiences that engage all their senses, infants and toddlers develop cognitively, creatively, emotionally and socially. In addition, when responsive caregivers interact with them and scaffold this learning, we strengthen the caregiver-infant/toddler relationship. This workshop will provide insight into infants/toddlers' unique sensory learning needs. Caregivers will learn why sensory exploration is so vital to infant and toddler development and they will learn fun, creative ways to provide rich experiences for infants and toddlers.

Presenter: Andrea Dawson

Andrea has worked with young children and their families for the past 25 years working in non-profit early childhood centres as well as Vancouver Coastal Health's Early Childhood Mental Health team. Andrea is the department chair of the Early Childhood Education programs at Vancouver's Langara College.

EMPOWERING EVERY CHILD: EARLY INTERVENTION IN CHILD CARE

Saturday, May 25th, 2024 • 9:30AM-2:00PM (30 min. lunch break) • Tri-Cities CCRR • 1130C Austin Avenue • Fee: \$20.00 • Suitable for child care providers and child care workforce.



Research says that early diagnosis and intervention are beneficial for a child's development, and for improving outcomes and quality of life for all family members. Accurate diagnosis is also needed for identifying developmentally appropriate interventions by education, health and social services providers. A high-quality childcare program has a positive impact on child's development thanks to the important role of well-educated early childhood educators who bring effective strategies and caring relationships to their work with young children and their families.

This workshop will discuss and define what developmental delay/disorders are, help identify early warning signs, and provide ideas on how to talk to parents about concerns regarding their child's needs for potential assessment. It will also provide strategies for developing effective strategies to support a child's development and inclusion in childcare. In addition, we will also include ideas on making connections and building strong relationships with parents and other community services programs such as early intervention teams.

Presenter: Malgosia Tomanik

Malgosia Tomanik, M.Ed., is a Family Consultant who specializes in supporting children preschool to high school age and their "big people" in a variety of environments, including homes, schools, and child care settings. Malgosia is experienced in addressing concerns associated with the daily challenges of caring for a child who requires support, including helping to make sense of difficult behaviour and supporting the big people for each child in finding a way through. Malgosia also works as a Key Worker with the Fraser Valley Child Development Centre. She provides support to caregivers raising children and youth who are living with FASD, from birth to 18 years of age.



LEARNING & FACILITATING IN THE FOREST WITH LOOSE PARTS

Thursday, May 30th, 2024 • 7:00-9:00PM • Online via Zoom • Fee: \$10.00 • Suitable for child care providers, child care workforce, and parents.

Nature is a wonderful teacher, and free play in natural places is important for children's early learning and sense of place. Learn about the growing movement towards forest schools and how you can incorporate elements of this style of outdoor learning into your child care. What challenges emerge when you are working with children outdoors? What inspirations can you bring to your outdoor classroom? Engage with a variety of loose parts in this hands-on workshop and reflect on how to support children in their outdoor play.

Presenter: Tricia Edgar

Tricia Edgar has worked with children in the temperate rainforests of Vancouver for over 25 years. She is the co-founder and director of Fresh Air Learning, a forest school in Metro Vancouver, and she is also one of the Education Programmers at the Lynn Canyon Ecology Centre.

Light refreshments will be provided.

A one-hour professional development certificate will be issued.

NETWORKING: CONVERSATIONS ABOUT INDIGENOUS PEOPLES DAY

Saturday, June 8th, 2024 • 10:00-11:30AM • Tri-Cities CCRR • 1130C Austin Avenue • Fee: \$5.00 • Suitable for child care providers and child care workforce.

As National Indigenous Peoples Day approaches on June 21st, come join us for a conversation about how we bring Indigenous culture, history and teachings into our child care programs. We will share ideas, resources and activities that you can incorporate into your programs.

Presenters: CCRR Consultants



CHILDREN'S BEHAVIOURS: INFLUENCES, IMPACTS & INTERVENTION COURSE

Online Via Zoom • Fee: \$50.00 • Suitable for child care providers, child care workforce, and parents.

In this four-part course, you will gain a basic understanding of the root behind the behaviours you observe in young children; why do they do what they do? You will continue on to discover what is the meaning behind the behaviour and why does it persist when you have tried everything!

This course delves into not just the why and the what of behaviours, but also puts you in a place of understanding and therefore; control over the behaviours. There are many reasons why children do what they do and once you figure that out; it no longer becomes a power struggle between you and the child, but a cooperative learning journey together between you, the child and the family, to healthier ways of being for all.

You will also learn many different strategies that can not only stop the prevalent behaviours but prevent them as well, from preparing yourself ahead of time to diffusing conflicts.

Presenter: Debra Smith

Deb completed her ECE, IT and SN Certifications from Douglas College in 1990 and has enjoyed a very rich professional career in early childhood education since that time. She continued her studies to complete a Child and Youth Care Degree and a Master's in Education through the University of Victoria. Deb continues her work at Douglas College (2005) as an ECE Faculty member teaching students as well as delving into many projects that continue to support the learning journey for early childhood educators both locally and abroad.

Dates & Times

- Saturday, June 8th, 9:30-12:45AM (15 minute break)
- Thursday, June 13th, 7:00-9:00PM
- Thursday, June 20th, 7:00-9:00PM
- Saturday, June 22nd, 9:30-
- 12:45AM *(15 minute break)*

10 hours of professional development!

Participants are to attend <u>all</u> sessions.



THE HEART OF THE CHILD CARE: EMBEDDING CURIOSITY, INCLUSION AND A SENSE OF WONDER IN YOUR CHILD CARE DESIGN

Saturday, June 15th, 2024 • 9:30AM-2:00PM (30 min. lunch break) • Tri-Cities CCRR • 1130C Austin Avenue • Fee: \$20.00 • Suitable for child care providers and child care workforce.

How can I set up my child care? My room doesn't feel quite right and I don't know where to start? Can my environment be set up to help guide children's behaviour? How can I set up an inclusive space to meet the needs of everyone? Are visuals important in a child care? Can I use open ended materials with all ages and skill levels? Let's explore what's at the heart of our child care environments - our values and guiding principles. With these values, we can look at designing our child care with growth and independence in mind, so that behaviours are reduced and educators can focus on interacting and observing children to support their learning. Simple design techniques can be used to create beautiful environments to spark imagination and creativity. Join us on our journey to learn how to create a child care with 'heart'.

This workshop will be a blend of presentation, discussion and hands-on activities to nurture meaningful dialogue and engagement.

Presenter: Wendy Halfnights

Wendy Halfnights brings over 30 years of experience working with children in child care, preschool and schools with certification in special needs, interior redesign and interior decorating. Combined with her current role with Douglas College Accessibility Services, there is a wealth of strategies and tips and tricks to be shared. Wendy is passionate about creating engaging environments that foster a sense of curiosity, encourage exploration and are welcoming to everyone. She looks forward to learning and growing together.



Come visit us!

Tri-Cities

1130 C Austin Ave. Coquitlam, B.C. 604-931-3400 ygv.ccrr@bc.ymca.ca

Burnaby

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New Westminster

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