

Robert Lee YMCA

# Free Open House



In partnership with the **PARTICIPACTION**  
Community Challenge

June 1, 2024

**Join us June 1st and help your community win the title of Canada's Most Active Community and \$100,000 towards local physical activity initiatives!**

## Ways to participate

- Come to our open house June 1st - it's free for everyone!
- Come in and take a class, or drop in for your daily workout
- Invite your friends to join you at the Y for your workout - we're giving out a free one-week pass to guests during the month of June
- Visit [ymcahome.ca](http://ymcahome.ca) and take part in our free online fitness challenge!



## **June 1st - Open House - Join us for a day of family fun!**

**Drop-In Family Dance**                      **10:30am - 11:30am**

**Drop-In Family Yoga**                      **1:00pm - 2:00pm**

**Adult Water Walking**                      **3:00pm - 3:30pm**

**Drop-In Family Swim**                      **3:30pm - 5:00pm**

**Family Playtime**                              **2:00pm - 5:00 pm**  
**Family Fun**

