Synrgy Room Schedule			Last Updated May 16, 2024		
TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Y Snrgy Circuit 9:00am-9:45am		Y Snrgy Circuit 8:45-9:30am			
Y Snrgy Circuit 10:30am-11:15am				Y Snrgy Circuit 10:30am-11:15am	Y Snrgy Circuit 10:30am-11:15am
				Y Snrgy Circuit 10:45am-11:30am	Y Snrgy Circuit 10:45am-11:30am
	Y Snrgy Circuit 9:00am-9:45am	TUESDAY WEDNESDAY Y Snrgy Circuit 9:00am-9:45am Y Snrgy Circuit	TUESDAY WEDNESDAY THURSDAY Y Snrgy Circuit 9:00am-9:45am Y Snrgy Circuit 8:45-9:30am	TUESDAY WEDNESDAY THURSDAY FRIDAY Y Snrgy Circuit 9:00am-9:45am Y Snrgy Circuit 8:45-9:30am	TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY Y Snrgy Circuit 9:00am-9:45am Y Snrgy Circuit 10:30am-11:15am Y Snrgy Circuit 10:30am-11:15am Y Snrgy Circuit

Y Snrgy Circuit

5:30pm-6:15pm

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5:30pm-6:15pm

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