

Child, Youth & Family Program Descriptions

Family Playtime Drop-in 0-6 yrs	Enjoy time with your little ones! YMCA Family Playtime is a great opportunity to drop in and spend some quality time playing interactive activities, competing at simple sports, building block towers, doing puzzles, and reading books. <i>Parent/caregiver participation required.</i>
Family Fun Drop-in 0-12 yrs	The perfect way for children to develop essential gross-motor skills like walking, running, jumping and throwing. Soft play, climbing, obstacle course, sports equipment and more are provided, offering a variety of options for your child(ren). <i>Parent/caregiver participation is required.</i>
Tea & Tumble Time Drop-in 0 - 3 yrs	Moms and dads, bring your little one for some tumble time while you sip on some tea and connect with other parents. Please bring a travel mug so we can keep the hot tea enclosed and our little ones safe. <i>Parent participation required.</i>
Baby Bear Time Drop-in 0 - 18 months	Moms and dads, come in with your baby for this social bonding activity. Enjoy bouncing, singing, dancing and rhyming with stories and songs! <i>Parent participation required.</i>
Y Play Pre-registration required 3 months - 3 yrs	Take care of yourself. Let our trained staff take care of your children while you take a class, go for a swim, or meet other parents in our center of community. In Y Play, children can play with toys, learn to get along with other children, and engage in fun activities appropriate for their ages and stages.
Creative Play Pre-registration required 3 - 5 yrs	Kids get creative and participate in a variety of activities that help them develop fine motor skills, creative problem-solving skills, imagination, physical literacy, and social interaction skills. Activities include puzzle games, cooperative games, catching, throwing, balancing, circle time, creative movement, and much more!
Multi-Sports Drop-in 6 - 12 yrs	Kids make friends, have fun, and learn the value of fair play through basic sports in YMCA Multi-Sports. Kids will run, jump, shoot, and pass while playing a variety of sports related games.
Games Galore Drop-in 6 - 12 yrs	It's Games Galore! Through a variety of fun and educational games, children develop their creativity, problem-solving, mind-body coordination, cooperation and other skills. May include active games, board games, card games, and more!
Youth Boardgame Cafe Drop-in 12-18 yrs	Step into our Youth Boardgame Café, where teens ages 12-18 can drop in to discover and play a wide array of boardgames. Whether you're a seasoned player or new to the world of games, join us to have fun, learn new games, and meet other game lovers.
Youth Sports Drop-in 10-15 yrs	Youth aged 10-15 can bring their friends and play basketball or soccer after school and on the weekend in the gym!
Pre-teen Fitness Orientation Pre-registration required 11-12 yrs	Pre-teens will learn about basic principles of health and fitness, how to safely use some of the fitness equipment and our facility rules/etiquette policy. Pre-teens are permitted to use cardio equipment only and must have a parent/guardian 18+ present on the fitness floor during use.
Teen Fitness Orientation Pre-registration required 13-15 yrs	Teens will learn about basic principles of health and fitness, how to safely use the fitness equipment and our facility rules/etiquette policy. Teens are permitted to use all fitness areas, including cardio and strength equipment. Teens do not require a parent/guardian 18+ present for fitness floor use.