



Child, Youth, Family Schedule
Bettie Allard YMCA
FALL 2024-October 16th - December 1st 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	Childminding 9:00am - 12:30pm 6 wks - 5 Yrs	Baby Bears Story, Circle Time 9:15am - 10:00am 0-4 yrs	Childminding 9:00am - 12:30pm 6 wks - 5 Yrs	Baby Bears Story, Circle Time 9:15am - 10:00am 0-4 yrs	Childminding 9:00am - 12:30pm 6 wks - 5 Yrs	Childminding 9:00am - 12:30pm 6 wks - 5 Yrs	
	Indoor Family Playground 9:30am - 12:00pm 0 - 5 Yrs Gym with parent	Family Playtime 10:00am -12:30pm 0 - 5 Yrs Childminding Room with parent	Indoor Family Playground 9:30am - 12:00pm 0 - 5 Yrs Gym with parent	Family Playtime 10:00am -12:30pm 0 - 5 Yrs Childminding Room with parent	Zumbini 10:00 am - 10: 45 am Play B with parent 0-4 yrs	Indoor Family Playground 9:30am - 12:00pm 0-12 yrs Gym with parent	Family Playtime 10:00am -1:00pm 0 - 5 Yrs Play A with parent
						New Program Family Playtime 4:00 p.m. - 7:30 p.m. Playtime 0-5 yrs STARTS OCTOBER 19TH Childminding room with parent	
AFTERNOON	Childminding 4:00pm - 7:30pm 6 wks - 5 Yrs	Childminding 4:00pm - 7:30pm 6 wks - 5 Yrs	Childminding 4:00pm - 7:30pm 6 wks - 5 Yrs	Sports 4:00 pm - 6:00pm 5- 12 Yrs			Zumbini 4:30 pm - 5:15 pm Play B with parent 0- 4yrs
	Little Kickers 4:00pm - 5:00pm 5- 8 yrs Gym	Basketball 4:30pm-5:30pm 5 - 12 Yrs Gym	Little Kickers 4:00pm-5:00pm 5-8 yrs Gym	KIDS CLUB 4:30pm-5:30pm ages 5-12 yrs	Y Musical Art/Kids Club 4:30pm-8:00pm 5 - 12 Yrs Y Play B		
EVENING	Kids Club*NEW* 4:00pm-6:00pm 5 - 12 Yrs Y Play A	Active Kids 5:30pm-6:00 5 - 12 Yrs Gym	Kids Club*NEW* 4:00pm-6:00pm 5 - 12 Yrs Y Play A	Family Playtime 4:30pm - 8:00pm 5 - 12 Yrs Y Play Room A	Family Playtime 4:00pm - 7:00pm 5 - 12 Yrs Y Play Room A		
	Sports 5:00pm - 6:00pm 5- 12 Yrs Gym	Family Playtime 4:30pm - 8:00pm 5 - 12 Yrs Y Play Room A	Sports 5:00pm-6:00pm Ages 5 -12 yrs				
		Karate (Registered Program) 6:00pm-7:00pm Fitness Studio		Karate (Registered Program) 6:00pm-7:00pm Fitness Studio			
	Games Galore 6:30pm - 8:00pm 5 - 12 Yrs Y Play B	Games Galore 6:00pm - 8:00pm 5 - 12 Yrs Y Play B	Games Galore 6:30pm - 8:00pm 5- 12 Yrs Y Play A				

Childminding is an additional cost - please visit the membership desk for more information or online to reserve your childminding space. Changes have been made to the schedule for FALL 2024.

CVF, BAY - Updated: Oct. 10th, 2024
 Schedule subject to change without notice

DESCRIPTORS	DESCRIPTIONS
Childminding 6 wks - 5 Years	In childminding children can play with toys, learn how to interact with other children and engage in activities appropriate for their ages and stages. Drop your child off so you can take a class, go for a swim or meet other parents in our center of community
Kidz Club 5 - 12 Years	During this program your child will make friends, have fun and learn the value of fair play. Brain games, board games, build social and emotional skills.
Games Galore	During this time, your child will interact with their friends, while engaging with our variety of board games in the Y Play Room!
Indoor Family Playground 0-5/5-12 Years	The perfect way for children to develop essential gross-motor skills like walking, running, jumping and throwing. Soft play, climbing, bouncing and riding equipment are provided offering a variety of options to your child. Parent involvement/supervisions is required
Active Kids	Gym Play with a mix use of equipment, relays games, parachute play
SPORTS	During this drop off program, your child will learn basic sports skills and play skills with the direction of our staff while playing sports activities
Little Kickers	Registered Program with fee. Skills Development and Play taught by a Coquitlam Metro Soccer Gold Player
Zumbini	Registered Program/
Karate 7 years and up Registered Program	The Karate program will focus on the traditional teachings of the martial art and includes two structured karate lessons per week led by a professional instructor from Downtown Shotokan Karate. Register online myymca.ca or at the membership desk.

