



Chilliwack Landing & Cheam Leisure Centre

Child, Youth and Family Programs Guide



PROGRAM NAME	AGE	DESCRIPTION
Active Kids	8-12 years	In YMCA Active Kids, activities are well structured, positive and fun, and concentrate on developing the ABC's - agility, balance, coordination and speed. Registered Activity
Birthday Party - Craft	3+ years	Get crafty during your child's next birthday! Includes craft supplies and instructions for each child to take home their creation. Geared towards children turning 3 and older for up to 14 guests. All parties require a minimum of 3 adults present for supervision. Reservation required 21 days in advance
Birthday Party - Gym	2+ years	Get active celebrating your child's birthday in our gymnasium! Choose between sports and mini gym. Sports includes equipment for basketball, soccer, and hockey. Mini gym includes soft play equipment, slides, ride on toys and a parachute. Geared towards children turning 2 and older for up to 14 guests. All parties require a minimum of 3 adults present for supervision. Reservation required 21 days in advance
Birthday Party - Pool	7+ years	Make a splash celebrating your child's birthday party at the Pool! Includes swimming, private area on the pool deck (Chilliwack Landing) or birthday party room (Cheam). Geared towards children turning 7 and older, for up to 12 guests. All parties require a minimum of 3 adults present for supervision. Reservation required 21 days in advance
Childminding	3 months - 10 years	YMCA Childminding is available for children ages 3 months - 10 years for parents/guardians to enjoy a workout or meet a friend - child free! Parent/Guardian must remain in the building.
Family Play Time	0-6 years	Family Play time is a great opportunity to drop in with your children and spend quality time together playing interactive activities. Our playroom is filled with toys and soft play equipment, perfect for building gross motor skills. Parent/Guardian participation required.
Indoor Family Playground	0-9 years	Equipment and toys are set up in the gymnasium for families to play physically active games together, climb on the soft play equipment, play sports and more; perfect for building gross motor skills. Parent/guardian participation required.
School's Out! Kids	5-10 years	School's Out! Kids is a half day (9:00am-1:00pm) program designed to keep your children busy and active on a Pro-D day. During the program children will participate in games, crafts and outdoor activities. Registered activity
Spring Kids - Outdoor Week	5-10 years	A full day program to keep your child busy and active during Spring break! During Spring Kids - Outdoor Week children will experience the great outdoors by going on nature walks, visiting "the woods" in Garrison, playing at the playground and other outdoor games. Adult participation/supervision is required during swim times, the rest of the time your child will be left in the care of our trained staff. Registered activity
Spring Kids - Sports Week	5-10 years	A full day program to keep your child busy and active during Spring break! During Spring Kids - Sports Week children will play sports and games in the gymnasium and outside and will go swimming. Adult participation/supervision is required during swim times, the rest of the time your child will be left in the care of our trained staff. Registered activity
Red Cross Babysitter's Course	11-16 years	Learn the basics of being a babysitter. Topics include how to be a responsible leader, caring for children, creating safe environments and more. Delivered by First Aid Hero, a Canadian Red Cross training partner. Registered activity
Red Cross Stay Safe Course	9-14 years	Learn how to stay safe at home and in the community. Topics include preparing for and recognizing unexpected situations, basic first aid skills, and more. Delivered by First Aid Hero, a Canadian Red Cross training partner. Registered activity